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Hope & Truth Magazine

EST. 2003

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THE COVER



God Already Has Knowledge Pertaining To YOU!

*God is counseling us through the
Already Written Inspired Word!*

*Jeremiah 29:1~14; tells us what to do in times of adversity,
knowing that God already has a plan
for the outcome of every & all situations.*

*Deuteronomy 28; teaches us how to obtain the favor &
blessings of God*

as well as what can occur if we choose otherwise!

And 2 Corinthians 10:5 instructs us to

*“Cast down” the things
that come against the knowledge of God’s Word
concerning YOU!*



From the editor.....



What shall we say, but that this is a great time to have a position in the presence of The LORD! Visions and Promises are being manifested through the faith of the believer in God through Jesus Christ! I pray that your eyes are opened so that you too can see the hand of God working things out on your behalf.

As of late, my heart has been towards the generation of my family's bloodline yet the more time spent in prayer, my concern is expanding to this SPIRITUAL GENERATION! Who will stand as the Prophet Isaiah did after hearing the CALL to go and say; "here am I, send me". He offered to go without knowing all of the details only that the knowledge of God's love, statutes & covenant promises needed to be shared amongst His people.

And so here we are! Years ago, we answered that call. And when days become long and weariness attempts to enter into our minds with hopes of slowing us down or with an attempt to silence our voices, we have learned to reach for a Word that provides some counsel when others before us has faced this same dilemma, and through this we are refreshed, renewed and strengthened to continue in this journey.

Our journey has been victorious as we continue to walk as ordained by God. It is our desire that through our sharing in this formation that your eyes are being enlightened to the truth when it comes to the knowledge of Christ., and that you are on a continuous path of growth.

~Pastor Angel L. Ferguson

Founder & Editor

THE STAGES OF THE PROMISES

During a recent conversation with my spiritual sister Prophetess Yolanda-George shared with me a dream that she had about what appeared to be a library of books, and our books seemed to be buried. She and I then began to discuss this dream and each stated that we would then pray about the meaning of this dream.

I began to ask God, what did the dream mean for me, and acknowledged that by faith, I believed that the work done up to now, was by an obedient faith. Then one day while preparing to record for a radio program, I heard “you are in a watering season”, which shifted my prayer to ask what does that mean and that God would show me how to water the seed (s) that He had given to me, which brings me to this teaching.

I had taught in this area before, so when the Holy Spirit brought me back to this place, it was to give me more of a revelation and that is how the birth of “After The Birth” came to life. Below is a outline of the nuggets given to me while teaching:

THE STAGES OF THE PROMISE:

There are several stages being represented here:

1. You must get prepared to conceive
2. Many have already conceived
3. Many are going through the Trimesters before the birth which is the stage of Obedience

STAGES OF CONCEPTION:

Stage 1 is Faith To Believe Matthew 9:29, Ephesians 3:20

Hearing by faith what God has spoken to you

Accepting what you heard by faith

Receiving it by faith

Then comes the Conception

The Trimesters

Stage 2 is Faith of Obedience

Exodus 23:20-33, Deuteronomy 28:1-13

Entering into the stage before birthing what you heard by faith is known as

The BIRTHING POSITION

Stage 3 is Faith To Bring Forth
Isaiah 37:3

Before entering into this stage, ask yourself if you are prepared to birth what you heard because we are anticipating or looking to have any stillbirths, or premature births nor are we looking to have any birthing abandonments.

Stage 4 is Faith To Sustain & Remain

Then there is the stage known as AFTER THE BIRTHING

Once you birth what you heard God say to you, do not abandon that seed. It is your responsibility to take care of it, because it belongs to you and no one else.

Check out what I came across during my time of study when it comes to “Watering My Seeds”

“Watering your seeds” means to provide necessary moisture for a seed to germinate and grow, essentially taking the first steps to nurture a new plant by ensuring it has enough water to begin development; it’s a gardening term that refers to the act of properly hydrating newly planted seeds to initiate the germination process.

Key points about watering seeds:

- Essential for germination: water is crucial for a seed to activate its internal mechanisms and start growing.
- Maintaining moisture: Once planted, keeping the soil consistently moist is key for successful seed sprouting.
- Gentle Watering: Avoid forceful streams of water that can disturb or wash away seeds.
- Check soil moisture: Regularly check the soil to ensure it’s damp but not soggy.

Metaphorically meaning:

- “Watering your seeds” can also be used metaphorically to represent nurturing an idea, goal, or positive habit by actively putting energy and attention towards it, allowing it to grow and flourish.
- To water our seed we must speak and declare God’s Word over it. The words He has given us concerning sowing seed. Such as Watering our seed with the Word of God is like pouring miracle grow on our seed.

DID YOU KNOW! That [The Balance of Life](#) w/Angel Ferguson
is available via the Amazon App Store & works with Fire TV!
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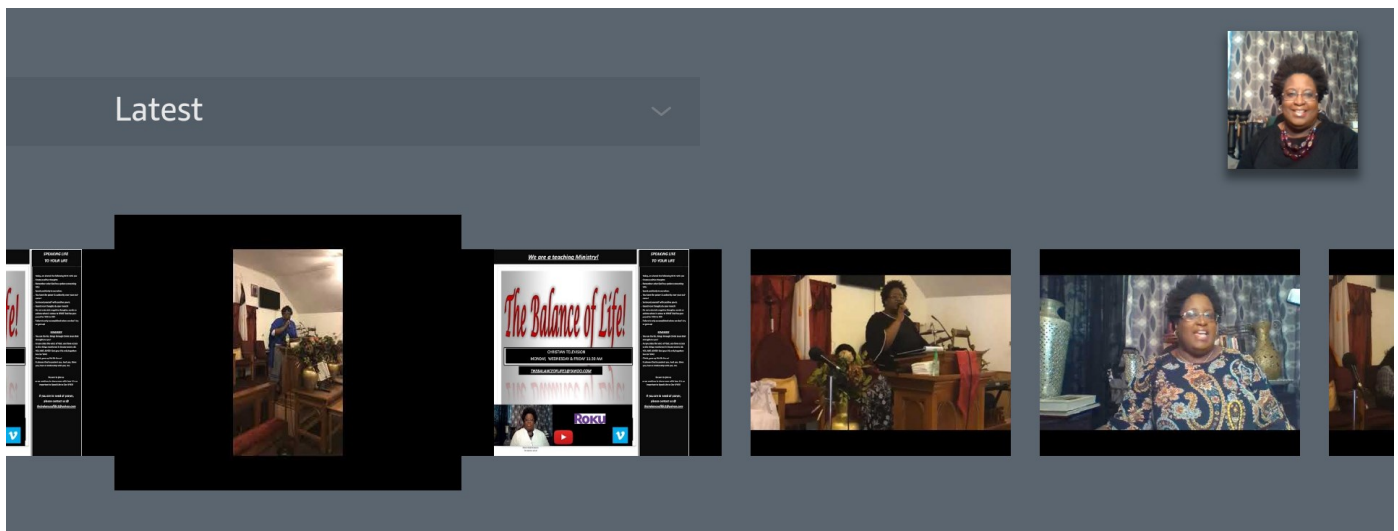
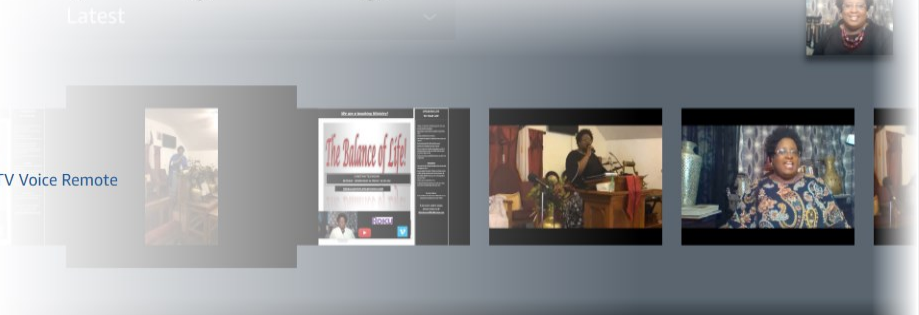


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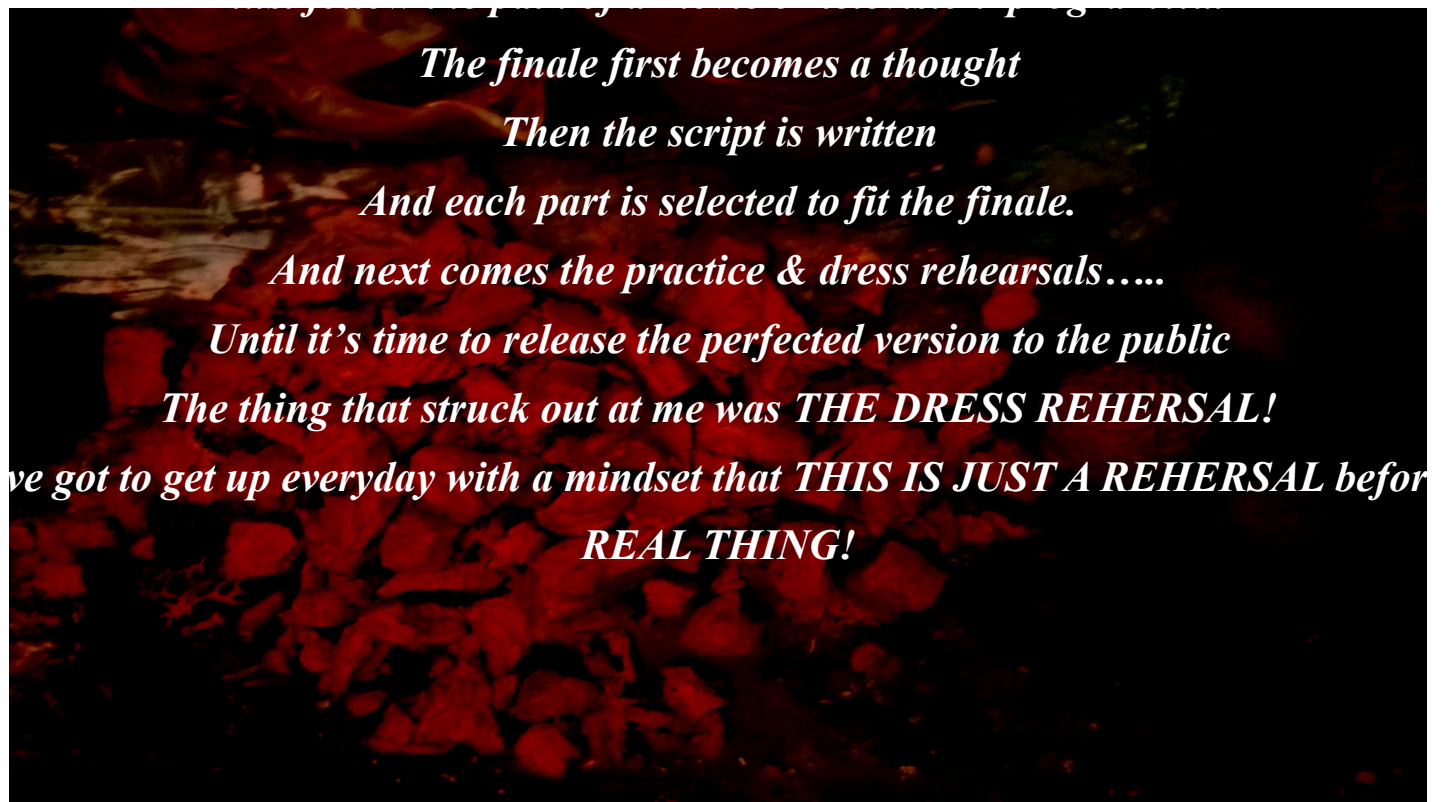
Works with: Game Controllers, Fire TV Voice Remote

Languages Supported: English



On behalf of Angel Ferguson Ministries, we are blessed to reintroduce our presence in television ministry through Amazon's Fire TV APP, (Digital TV). During the month of May, we did a teaching via our Radio Program, The Balance of Life entitled 'THE MONTH OF VISION', and it was during the May 21, session 'DOING IT GOD'S WAY', that we were led to do some required updates that what been neglected that had caused a year long interruption. Through our obedience, the issue was corrected and our television program was released for our audience's access! God is faithful in giving the believer wise counsel and instructions!

We are sharing this transparent testimony because I believe GOD CAN DO IT FOR YOU!



The finale first becomes a thought

Then the script is written

And each part is selected to fit the finale.

And next comes the practice & dress rehearsals.....

Until it's time to release the perfected version to the public

*The thing that struck out at me was **THE DRESS REHERSAL!***

*ve got to get up everyday with a mindset that **THIS IS JUST A REHERSAL** before
REAL THING!*

Don't be afraid to practice what you plan to present when it comes to that dream or vision!

After all, practice makes perfect!

Go ahead, create the vision board.

Purchase those things from that board. Set that office up.

Plan To Prepare Yourself For The Presentation!

If nothing else,

you will know what to do when it the manifestation actually shows up!

Have a blessed day on Purpose. Because Y R!

THE LAW OF FAITH.

A BIBLE STUDY TEACHING

Law: a binding custom or practice of a community. A rule of conduct or action prescribed or formally recognized as binding or enforced by a controlling authority.

What is an Ambassador: The term ambassador here signifies that Christians (by faith) are representatives or messengers of Christ. they are sent out by Christ (**Matthew 28:18~20**) to speak and to act on His behalf. For example, if He says that you are healed, delivered, and set free or instructs you to speak these words to someone else, you will do it by faith, knowing for yourself that He is able to fulfill that which He has said both to yourself as well as to the person being spoken too. (**Isaiah 55:11**)

As representatives, God is using the faith of the believer to speak His desires forward on earth as it is in heaven.

Now, let me say this, we are discussing one's Spiritual Power & Authority according to what has already been written in the Holy Inspired Written Word of God.

The more we submit to God by and through our faith in Him, and moving in an obedient faith, we will be led by the Holy Spirit to act on behalf of the Kingdom of Heaven. This is the only way to do the Will of the Father (**Matthew 6:10, John 6:38~41**).

The Law of Faith connects us to the instructions of God~ in order to have His Promises Released and Activated in our lives.

Faith~ Belief in and loyalty to God

Faith is the Law of how the Believer must Believe in God~ **Hebrews 11:6**.

THE POWER & THE AUTHORITY

The Spiritual Power is released when a believer comes into agreement with what God has spoken in the already written Holy Inspired Word of God and what He currently releases through the voice of the Holy Spirit.

SCRIPTURE REFERENCES:

2 CORINTHIANS 10:6

The Spiritual Authority is released after the Faith of Obedience.

SCRIPTURE REFERENCES:

MATTHEW 16:19 LUKE 10:19

When we agree with what God said by faith, we are demonstrating this by saying what God has already said by faith~ we then become representatives of God by faith. And those that represent God by faith, He will also give spiritual authority too act on His behalf ~ in Jesus' Name.

OLD TESTAMENT VIEW:

WITH & WITHOUT SPIRITUAL POWER & AUTHORITY

1 KINGS 18: BECAUSE THE PROPHET ELIJAH WAS A BELIEVER IN GOD THROUGH HIS BEING OBEDIENT TO BOTH DO AND SAY WHAT GOD INSTRUCTED HIM TO DO, HE HAD THE AUTHORITY TO CALL FORTH THAT WHICH GOD SAID WOULD APPEAR, AND IT WAS SO. EVEN WHEN AT FIRST IT DID NOT APPEAR, HIS FAITH IN GOD KNEW THAT IT WOULD!

WITH & WITHOUT POWER & AUTHORITY:

2 KINGS 4:38~41: THE SPIRITUAL POWER & AUTHORITY TO SPEAK HEALING AGAINST DEATH

2 KINGS 6TH CHAPTER: THE STUDENT COULD NOT SEE BUT THE PROPHET DID HAVE THE ABILITY TO SEE SPIRITUALLY

2 KINGS 5:6~8. THE KING JERORAM DID NOT HAVE ANY SPIRITUAL POWER OR AUTHORITY, BECAUSE HE DID THAT WHICH WAS EVIL IN THE SIGHT OF GOD. ON THE OTHER HAND, (HIS BACKGROUND IS FOUND IN 2 KINGS 3:1~3). NOW THE PROPHET ELISHA HAD OBTAINED SPIRITUAL POWER & AUTHORITY TO REPRESENT THE KINGDOM OF HEAVEN BECAUSE HE WAS IN AGREEMENT WITH WHAT GOD SAID TO HIM BY FAITH~ THEREFORE HE HAD THE SPIRITUAL POWER AND AUTHORITY TO REPRESENT~ TO CALL A THING/ TO SPEAK/ COMMAND HEALING. BY FAITH BELIEVED THAT AS HE HEARD FROM GOD IN TELLING HIM; NAAMAN WHAT TO DO, GOD WOULD PERFORM A MIRACLE THROUGH THE FAITH OF OBEDIENCE.

THE PERSON COMMANDING A THING MUST OPERATE BY AND THROUGH THE LAW OF OBEDIENCE OF FAITH AND OBEDIENCE IN GOD THROUGH CHRIST JESUS.

SCRIPTURE REFERENCES:

HEBREWS 11:6

DEUT. 28:1~13

PSALM 37

2. CHR. 20:20 ~30

NEW TESTAMENT VIEW: WITH & WITHOUT SPIRITUAL POWER & AUTHORITY

WITH SPIRITUAL POWER & AUTHORITY: ACTS 3:1~10

BOTH PETER AND JOHN, THEY HAD SPIRITUAL POWER & AUTHORITY TO ACT ON BEHALF OF THE KINGDOM OF HEAVEN THROUGH THE PRINCIPLES OF WHAT JESUS HAD GIVEN TO THEM AS WELL AS “ASKING IN THE NAME OF JESUS”.(***MATTHEW 10:1~20; LUKE 10:19; JOHN 14:12~14 JOHN 16:23***)

Conclusion of THE LAW OF FAITH

WITHOUT SPIRITUAL POWER & AUTHORITY: ACTS 19:11~20

THE SEVEN SONS OF SCEVA DID NOT HAVE A RELATIONSHIP WITH GOD THROUGH CHRIST FOR THEMSELVES THEREFORE THEY HAD NO ACCESS TO ANY SPIRITUAL POWER OR AUTHORITY ON BEHALF OF THE KINGDOM OF HEAVEN.

SELF REFLECTIVE REVIEW:

THE FOLLOWING SCRIPTURE REFERENCES WILL ASSIST YOU IN LEARNING/ UNDERSTANDING THESE QUESTIONS:

MATTHEW 16:19; LUKE 10:19

ROMANS 12:1~2

ROMANS 8:26

IS. 59:19

ZACH. 4:6

JOHN 14:16`17;26

JOHN 16:1~16

QUESTION: WHO GIVES US SPIRITUAL POWER & AUTHORITY?

HOW DO WE OBTAIN THIS SPIRITUAL POWER & AUTHORITY?

WHO HELPS US WITH THIS SPIRITUAL POWER & AUTHORITY?

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CHAPTER 2 : PRAYER & FASTING

CHAPTER 3: IDENTIFICATION

CHAPTER 4: POWER & AUTHORITY. WHO HAS IT & THE PROPER WAY TO ENGAGE.

For more information on registration and open enrollment, please contact us today @
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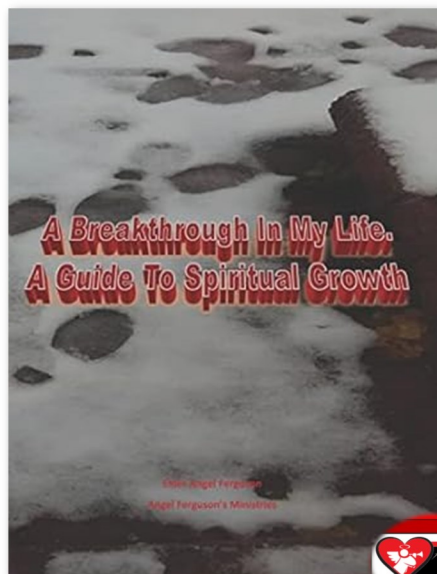
THE 1ST 13 -WEEK SESSION

COURSE BOOK:

A BREAKTHROUGH IN MY LIFE.

A GUIDE TO SPIRITUAL GROWTH.

The Faith Foundation is important for every Believer of Christ to learn about, get an understanding for the sole purpose of spiritual maturity. This is the desire of the Father. For 13-weeks we will walk through the principles of Salvation, understanding the Godhead Body & more.



**BECOMING A DISCIPLE
OF
JESUS CHRIST**



A TEACHING ON DISCIPLESHIP

IN THE 2ND 13-WEEK SESSION

COURSE BOOK:

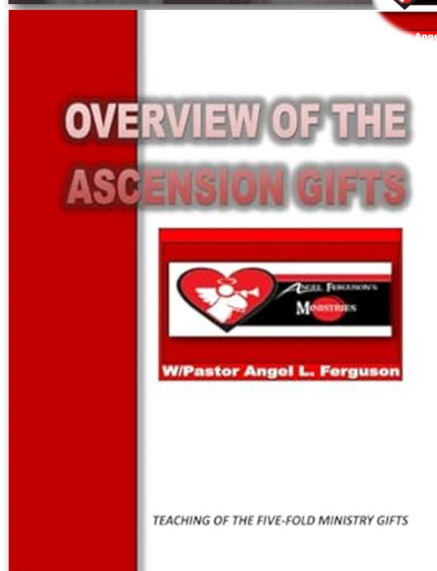
BECOMING A DISCIPLE OF JESUS CHRIST

The plans of God has been for the best interest of mankind from the very beginning and it is the duty of every person that has accepted by faith His Only Begotten Son, Jesus Christ as Lord and Savior to find out how to implement those plans. Those plans are known as The Great Commission!

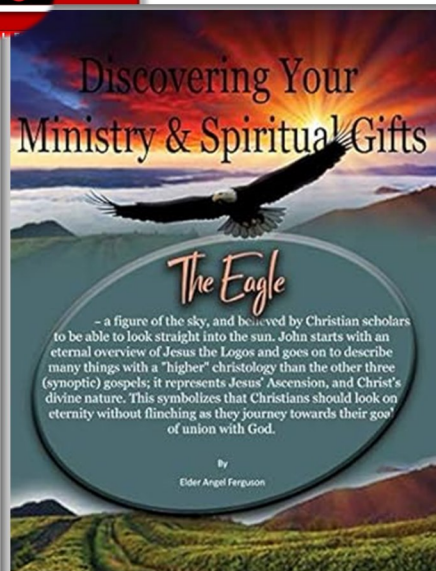
IN THE 3RD 13-WEEK SESSION:

**COURSE: OVERVIEW OF THE
ASCENSION GIFTS**

After discovering the Great Commission given by Christ, we will move to get an understanding of what characteristics of Christ has been released to other men & woman, such as his role as an Apostle, Prophet, Pastor, Evangelist & a Teacher. This course will take a look at how these roles were in operation during the Old Testament Times!



TEACHING OF THE FIVE-FOLD MINISTRY GIFTS



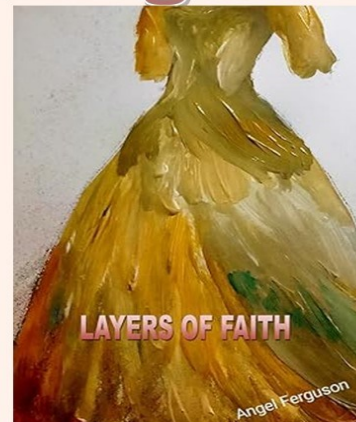
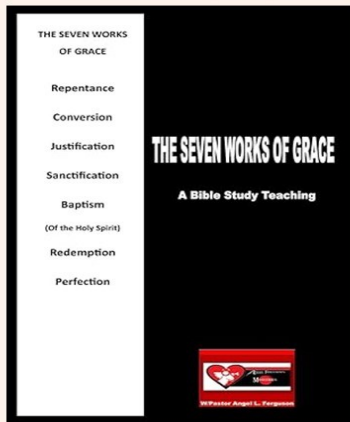
OUR 4TH 13-WEEK SESSION

**COURSE: DISCOVERING YOUR
SPIRITUAL & MINISTRY GIFTS**

God requires that ALL OUR GETTING, TO GET AN UNDERSTANDING & after we understand the Spiritual & Ministry Gifts, we can then began to identify which of those gifts are within us!

TANGIBLE TRUTHS BIBLE STUDY

w/Pastor Angel Ferguson



We would like to invite you to join Pastor Angel Ferguson of **ANGEL FERGUSON'S MINISTRIES** on the 1st & 3rd Tuesday of every month at 7pm for virtual Bible Study via our virtual classroom.

Please see our schedule:

For the month of May 2025

Tuesday, May 6th, 2025 @ 7pm

Tuesday, May 20th, 2025 @ 7 pm

For the month of June 2025

Tuesday, June 3, 2025 @ 7pm

Tuesday, June 17, 2025 @ 7pm

*** ALL ARE INVITED FOR FREE TO ATTEND ***

Join the meeting using one of these easy options:

1) One Tap Mobile Dialing: +13518887369

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Standard Messaging rates may apply.

FRESH SALMON CROQUETTES

Purchase your desired size of fresh salmon. Remove the skin and wash it gently. Slice the salmon in strips and then into bit sized pieces. Next include your desired seasoning.

Place the bit sized salmon in a large bowl, add 2 eggs, and some flour. Blend the mixture well.

In a preheated cast iron pot, add some olive oil, enough to cover the bottom of the skillet.

Scoop the blended salmon, egg and flour into the hot olive oil, and flatten it with the back of the spoon.



Allow the salmon croquette to cook evenly on both sides. Total cook time per croquette is about 10 minutes, and this will depend on the thickness.

In another skillet, take some fresh washed spinach, tomato paste chunks, fresh garlic and olive oil. Sautee' all of this in a heated skillet until the spinach reaches it's desired texture..



With this dish, the meet makes it's own gravy! Which is a bonus.

I 'm convinced that this was definitely one for the BOOK!

What a wonderful dish! We took about 2lbs of chunks of beef

1 large Yam

3 cups of fresh washed Spinach

1/2 chopped Onion

The seasoning we used was:

Curry Powder

Complete Seasoning

Cinnamon

Garlic Powder.

Vegetable Oil

Add your dry seasoning to the washed beef chunks, and set them aside to rest and allow the seasoning to marinate.

PLEASE USE THE SEASONING TO YOUR DESIRED TASTE

In a preheated skillet, add the vegetable oil. Once the oil is heated, add the seasoned beef chunks, Sautee' the beef chunks, stirring constantly for even cooking.

While the beef is cooking, wash the large yam, rub a little vegetable oil on the yam and place in the microwave for about 4 minutes and 30 seconds. This is just to soften the yam, we will cut it in chunks and add it to the sauteed beef.

Allow the beef and yams to cook for 3 minutes.

In another skillet, add some vegetable oil, after it is heated add the onion chunks. Allow them to Sautee' for a few minutes, then add your pre-washed spinach. Allow the spinach to cook at your desired texture.

With this dish, the meet makes it's own gravy! Which is a bonus.



CHICKEN, SHRIMP, BROCCOLI & SPINACH ALFREDO PASTA

We took 4 large chicken breast, washed and clean them and while doing this, in a large cast iron pot, we used two bottles of water and some complete seasoning, garlic powder and 2 packets of sazón seasoning, turned the stove on medium and allowed the water to just heat and simmer. Once all of the chicken had been cleaned and washed, we added it to the seasoned water. (the amount of seasoning is based off of your taste buds)

Allow the chicken breast to fully cook. The next process was to debone the chicken, yes, we took the meat off of the bones and cut it into chunks. Now if you notice we did not get rid of that wonderfully seasoned water, because you guessed it, we are now going to add a little bit of oil it turn up the heat and add our pasta.

Just before the pasta is cooked to your desire texture, add in your broccoli and spinach, (turn down the heat to low) Also, this is a good time to preheat your oven to 350.

Once the pasta, broccoli and spinach are simmering add in your chicken chunks back into the pot, then add in your Alfredo sauce, and blend in a folding pattern so that all of these ingredients are combined. The final step is to add in the clean shrimp. (please remove the tails of the shrimp)

Use a deep baking dish, and pour your well combined mixture into it and allow it to bake 45 minutes to an hour (this will depend on how much is in the baking dish)

And let me tell you about the flavor being in every bite, because everything was cooked in that well seasoned water. This will also provide a even distribution of seasoning.

We did not have to go back and add any type of seasoning and the chicken was not dry at all!

This is a feel good meal! Great for any day of the week or even at any event!

Enjoy!

THE EYES OF THE PASTOR. PART I

KEY HIGHLIGHTS COVERED:

This week we covered on a few areas concerning the Preparation of the Pastor, and the main area is in having the Spirit of Discernment.

Exactly what is Discernment? In 1 Corinthians 12:10, it means a miraculous gift of the Holy Ghost, by virtue, which the spirits of men were tried to show whether they were of God.

And we have a few examples to share from the Word of God that will support this meaning, such as:

During the time of Ezra, Zerubbabel the Governor, spoke to the false pretenders as it was revealed to him their real intent of wanting to help with the rebuilding of the temple. Ezra 4th chapter.

With the example of Nehemiah, we pointed out his ability to place individuals where they were gifted to work rather than to place people randomly. Nehemiah 3rd chapter.

King Hezekiah could see the spiritual condition of the people, where they were losing hope and were in fear of the threats of the enemy, although they were close to a victory, they still needed some encouragement to move forward. 2 Kings 19:1-3.

And we briefly discussed Moses. I have attached a chapter from our textbook 'LEADERSHIP AWARENESS OF THE PASTOR', 'THE PREPARATION PERIOD' as we pointed to the things that Moses learned during his 40 years in Midian that assisted in his discernment.

And finally, it is important to discern when the people are straying from the Covenant with God through Christ Jesus, which brings us to King Josiah.

EYES OF THE PASTOR PART II

During today's class session, we focused on some key areas that the Pastor should strive to stay away from based off of what has been written in the Holy Inspired Word of God.

- We should watch out for the spirit of greed and deceit from becoming active in the life of those that are called to a spiritual leadership role.
- We should never assume what word to share with the people, always asking God what He has for us to share is important because His Word will lead to healing, deliverance & blessings.
- We should never abuse the power of the position by manipulating the people with the Word of God.
- No one should feel that they must pay the Sheppard for prayer, the Word being taught or preached, for counsel, and guidance.
- Money should not influence the work of the Pastor we are all equal in the eyes of God.
- The Pastor should feed himself/herself the Word of God through faith and obedience before attempting to feed the people.
- The Pastor should ask God to reveal the conditional needs of the people, this is how God will meet the needs of those that one is to Sheppard.
- We should pray for those that have abused the position of the Sheppard, ask God for their deliverance.
- Tithes and offerings are for the upkeep of the ministry not to put in our personal accounts. This is God's command.
- Peter could see the spirit of deceit and greed because he had clean hands and was not controlled by those spirits. The Pastor is supposed to have spiritual eyes so that they can see what is at work among the sheep.
- The Pastor should have a heart of compassion just as God does, we should not look down on others because of their struggles or afflictions.

Although these things were directed to what God despises when it comes to the Sheppard's, this is a lesson for all of us to consider!

This week's reading assignments will bring us to the Office of The Evangelist. In part 1, we are going to discuss 2 individuals; The Reach of Philip in Acts 8:26-40 & The Cost of Stephen in Acts 6:8-14; Acts 7th chapter.

If you would like to learn more about the courses being offered at ANGEL FERGUSON MINISTRIES. COLLEGE OF MINISTRY, please contact us today at 856.521.3475, visiting us online at www.angelferguson-ministries.com or via email, afergusonministries@gmail.com

LET'S GET CRAFTY

Having a special event or looking to give Mom a special gift for Mother's Day? We created these custom marbled ceramic plates that will fit perfect for all occasions or just as an accent piece in any room! Photos are on the next page.

And we did not have to spend a ton of money doing this project!

1 4lb box of Plaster of Paris usually has a cost of about \$ 5.00

And all depending on the size of the plates, you should be able to create about 6 dinner sized plates.

We even created this beautiful candle holder.

Pick you desires paint colors.

Here's our process:

Pour the Plaster of Paris in a plastic container. Then add water. You can pick the desired thickness. Stir until well blended.

Now, we added the paint in two different methods. One was to add our color mixture at the bottom of our molds, do a swilling pattern to blend and marble the colors. Next, pour the Plaster of Paris directly into the mold, this will coat the bottom, (we used paper plates and a plastic container that we had on hand as well as some paint from our craft box). Also some of that paint will float to the top which is what you want. Add a few more drops of the same paint combination and swill it around so that you have a design on the top of your plate or candle holder as well.

Now, here's where I get excited, and it is in the drying process. I always want it to hurry up! But be patience and give it some time, just put it in a place and leave it there! Oh, make sure to go back after a few days of drying and add an adhesive or a gloss sealer to the plate or candle holder so that the paint or plaster will not smear! And there you have it, your one of a kind home décor'. Now, didn't I tell you that it would not break your bank?

Now if you really want to be fancy, you can create a set of plates/charges for your table as center pieces. And your guest will sonder where you found this unique patter from.....and you can proudly admit that you did the design and it's not available anywhere! And it could actually turn into a business for you! How about CUSTOM UNIQUE PLATES & MORE' as a name?

.....you are welcome!



FRONT VIEW
OF THE PLATE

BACK VIEW
OF THE PLATE



FRONT VIEW OF
THE PLATE



BACK VIEW
OF THE PLATE





FRONT VIEW OF
THE PLATE

BACK VIEW
OF THE PLATE



TIME!

Each new day is filled with something that no one can deny, and that wonderful thing is called TIME! As I was sitting on the edge of the bed, checking out the consistent dry skin around my nose, reaching for my phone to look up the cause and solution, these thoughts came to my mind; you can change everything around and about yourself, but it is going to take time!

Everywhere we look, social media, television, billboards, and other publications, we are being presented with the best of the best, and one often desires those same things, the truth is that those things are obtainable, but with time. Everything is centered around how much time we are willing to invest for the purpose of establishing what you want. This process of course starts with our mind-set in thinking about what you want out of your life and creating a determination to bring that desire into manifestation. And the reality is that nothing happens overnight neither does things get done on their own, our participation is a necessity.

To continue to look at things that we would like to change, yet doing nothing to initiate those changes will create an atmosphere of frustration as well depression. In this journey, I have learned that time is definitely present, but it is what I do with that allotted time that matters. Therefore, time has a need to combine itself with some actions.



I am therefore encouraged by God, creator of heaven and earth, He wanted something and made a move to bring it into a reality! This is an example that we can learn from, the key is that He took the TIME to bring His desire to pass.

I encourage you to decide what it is that you would like to change, then create a plan of action to make it happen. And don't worry about sharing these ideas outside of your household, because the opinions of others are not needed, this is a decision that is best for you and your immediate household. Find out what it is going to take to create this change and stick to the plans that you have put in place, making sure that you leave some wiggle room to adjust when needed.

Also, make sure that you stay focused, waking up each day, working towards that goal, and soon enough you will begin to see the shape of your desires become a reality.

This is a tactic that we should apply to every area of our lives; for example, in order for me to cover the different hats that are worn on a daily basis, each hat is given a certain amount of time to be worn so that I am working towards an overall goal! And the truth is that some things require more attention and adjustments than others, and then there are those times that some things get neglected and I have to push and pull myself back on track.

There is a reality when it comes to the presence of time, and that reality is that it has no obligation to stick around and wait for any of us. And if we really consider this, time is actually a designated appointment, God already has some things scheduled that are to be released, on SCHEDULED, now it becomes my duty to show up for what has been appointed. And with this knowledge, we thank God for His grace and mercy for not withdrawing away from us when we are not on time but will give us another chance to get back on track with Him!

And with that being typed, our time for this article is UP, so that we can spend some time in a few other areas! In all, we longer have time to waste, not even on the things that we want to see changed! If it is going to happen, let it happen because there is more work to be done with the time that we have left~



SUMMER SKIN!

Although the summer season does not start until June 20th, it is already 80 degrees, and my hair and skin can definitely tell the difference in the atmosphere. Of course, staying hydrated is something that we all have double up on but finding your seasonal routine regimen should be at the top of our list as well.

I noticed a few days ago that the skin on my hands were peeling more than usual, and at first I contributed it to something that did not agree with my skin. But that was the only place that was affected so I just used my regular hand cream, but nothing changed. It was not until I used another hand cream with oatmeal in it, and is for sensitive skin, this seems to work for these dryer months.

When it comes to the face and neck, for now, using my moisturizer twice a day, once in the morning and night is doing what it needs to do along with giving myself a facial with my rose facial scribe at least once a week.

And then there is my hair! Finding the right combination is an everlasting challenge. By the time I find a good regime, the seasons change and then the search has to start again. One thing that I have learned a few months back was that I was not using some of the products correctly that were in the back of my hair basket. My error was that I was applying the products to my already dry and dehydrated hair. But once some information came across my feed about using a spray bottle of water to moisten/dampen the hair before applying any products, things have changed. And you know I had to add a twist, because this 4C hair of mine is a little EXTRA! It was nothing major, just added some of my anointing oil to the water in my spray bottle and that keeps my hair hydrated and ready to receive whatever new regime needed for the season.

When I was younger such things like this were not my concern but the more I mature in age, they are becoming more important to me, another thing that is happening is that in a sense, I can feel the dryness more, like it is more noticeable. When I look at my skin or in the mirror, it is evident that more attention is required, could it be the time of the seasonal changes of the calendar months or the changing of the seasons of my life maturing.....gracefully though! Either way, we are going to move with the changes as needed~



On March 22, 2025, we had the honor of sharing a Word of Faith with the ministry of This Is That, Inc.'s founders Bishop & Evangelist O'Hannon of Bridgeton, New Jersey. This was our second time as a guest speaker for their Healing The Hurts Women's Seminar. Our topic was 'YOUR PAIN HAS PURPOSE'

We were able to bless the attendees with a token of love, (a custom butterfly necklace, some reading material & some sweet treats). We also were able to sow a seed of 12 books from our School of Ministry as the Holy Spirit guided us to pour into the lives of these wonderful souls of Christ.

We are filled with gratitude for this opportunity!



During a recent vacation in my home state
Florida, I had the honor of visiting the
business of
Pastor's Javier & Denisse & Bonilla





**THE FIRST STEP IN BEING REFRESHED
IS BY FOLLOWING ROMANS 12:2!
CLEARING THE MIND OF TOXIC DEBRIS, NEGATIVITY & DOUBT.
CHANGE YOUR OUTLOOK FROM WHAT CAN OR DID GO WRONG
TOO WHAT CAN & WILL GO RIGHT
& YOUR LIFE WILL BEGIN TO CHANGE FOR THE BETTER!**



Morning Inspirations

w/Pastor Angel Ferguson

***And be not conformed to this world:
but be ye transformed
by the renewing of your mind,
that ye may prove
what is that good, and acceptable, and
perfect, will of God.***

ROMANS 12:2



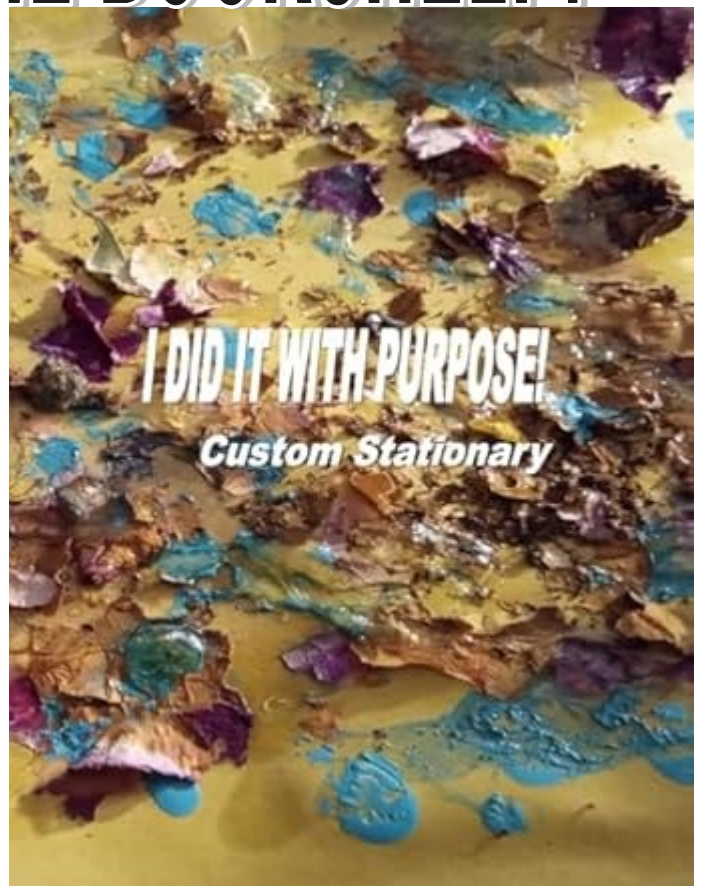
Writing journal to keep track of your purpose, goals and dreams.. Available for \$ 10.00 per copy

Paperback : 77 pages

WHAT'S NEW ON THE BOOKSHELF?

Custom Stationary
of some of our favorite backdrops.
Available for \$ 7.55 from AMAZON

Paperback : 74 pages



CREATING YOUR CAREFREE ZONE!

This weekend was one of the most fascinating ones that I have had in a long time. No, I did not even leave the house nor did any one stop by for a visit. And because my workdays are continuing, it is not because a boat load of money was delivered to my doorstep. It was simply an atmosphere of total relaxation, of my mind, body, and spirit.

Now, the weekend before (shared on the next page), I had an idea to create myself to a personal painting & snack retreat, and yes I was wonderful, but I could tell that, that time only took the edge off. I was still wound very tight! And I was feeling tired, drained, and irritated! It's ok, we have a honest policy here in this ministry, it's how we grow! Now, it is understood that many will suggest that I shorten my daily work hours, (way ahead of you), or try and prioritize my day better (this is something that is agreed with), the reality is that it's the weight of the work! Being in ministry full time is no cake walk, especially when doing it God's way.

Well, one of my down times is to watch funny videos online, but on that Friday, something new came across my social media feed that I had not seen before, don't get me wrong the other stuff was still there but this was new, and it had my interest. To some, they might find what I am about to share as normal but when you are need of a total shut down, God will never let us down.

So, I love to cook, and I love history, as I settled in bed to look at some funny videos, I started seeing things from different cultures. They were creating these awesome dishes and creating wonderful products, and seeing this took my mind away from anything work or ministry related. Watching these individuals cook authentic food and creating custom dyed curtains had me in such a place that my body began to relax as well. This is what I needed, and it did not cost me any extra money (which was another major plus!)

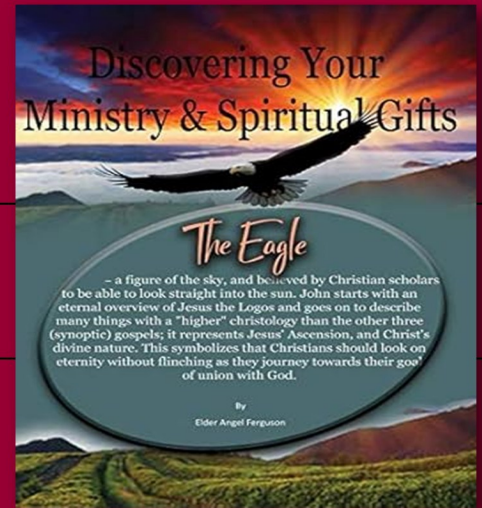
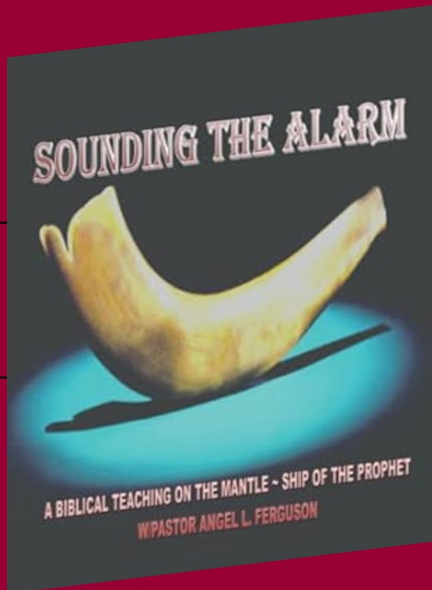
Sometimes the best get-aways are in reach yet we think that's elsewhere. Now, I am not sure that this same method will work the next time, but for this, the purpose was well served, we will just have to rely on God to show us how, when and where the next will be!

BIBLICAL TEACHINGS OF THE MINISTRY GIFTS

OVERVIEW OF THE ASCENSION GIFTS



TEACHING OF THE FIVE-FOLD MINISTRY GIFTS



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Glory Crown Ministry

Flavor of Beauty

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**My Saturday
afternoon
PEACE RETREAT!**

**This is a great idea to share with
family and friends.**

**Each attendee can
create their own space.**

**It's the idea of coming together
in a stress free zone
that's important!**

My total cost was \$ 50.00

**But there are left overs
and two people can split the cost on
the items if needed.**











COVENANT PARTNERS OF ANGEL FERGUSON MINISTRIES

Have you made a decision to become one of our Covenant Partners yet? The greatest benefit of becoming a Covenant Partner with Angel Ferguson Ministries is that there is no financial obligation!

That's right, our connection is merely a platform of support. Each month we send our Covenant Partners a newsletter filled with words of encouragement for every area of your life, business tips and tools, a directory of resources & more. And as a bonus, your ministry or business will appear in each month's issue of Hope & Truth Magazine' Ministry Supportive Page.

**If you are interested in registering to become a Covenant Partner with
Angel Ferguson Ministries, please contact us today via email @
AFERGUSONMINISTRIES@GMAIL.COM**

It's time for another closet clean out!

When is it the best time to clean out those closets and dressers of those things that are no longer a favorite and have not been worn on 6 months or more? Well, one great idea is actually quarterly. If there is a mission near by or even start one, where every three months you get rid of some passable clothing items. I recommend quarterly because some times when we are doing a grand overhaul, some items tend to not make the first or second round picks of being given away. For some reason, we try and convince ourselves that we will wear that item very soon. And if it is still not used within 3 months, go ahead and let it go to someone that might put it to use a lot sooner.

All depending on what you are going to part with, you might be able to connect with a specialty charity or organization for example, men's business clothing or women's church attire. Or if it is casual clothing that perhaps the homeless shelters could use, you could donate there.

There are countless avenues to use when we want to put those things to good use for others when we are no longer using them. And it does not have to just center around clothing, it could also go for small unused or unwanted appliances. What about a person that is just starting out on their own or getting back in the swing of life, and could use a helping hand? Clothing for an interview or job position will help a long way, or even clothing to attend church services or special occasions will help in so many ways. To me, it is a help hand with one's self-esteem, sometime people won't attend events because they don't have the proper attire or funds to make a purchase because of other financial obligations. It's all just a way to help one another's life work better, giving us one less thing to stress about!

And if you decide to partner with another agency, if at the 3 months you don't have as much as you would like to give, simply take a look at your pile the next month but by all means please do not add those things back into the closet on the shelf, because clearly they have served their purpose with you, now let's see if someone else can benefit from them. Or, this could be a way of passing some special items to our children & grandkids. If possible, let's give them something while we can put it in their hands!

And the way the economy is going, we can all use a helping hand here and there! Just don't become afraid to let go when the time comes.

*When we are going through the process of Romans 12:2,
there are a few scriptures to apply by faith to help us as we
grow in our journey of maturity in Christ Jesus.*

*One place that the adversary of God likes to attack is our
minds, when this happens,*

Go the Word of God; Read by faith!

Receive the Word by Faith.

Apply the Word by Faith!

*First start with a desire of wanting your mind to be
transformed from negative to positive! Romans 12:2.*

*And when things are sent to fight against you,
USE THE WORD OF GOD BY FAITH:*

1. Genesis 50:20

2. Romans 8:28

3. Isaiah 59:19

4. James 5:16

*When we turn our thoughts towards the Word of God
instead of retaliating,*

*it is placing the Work of the outcome back to God,
where He has Promised to fight our battles!*

Recent Antique Finds

Recent Antique Finds



JUST 3 WORDS

Sitting here and I am reminded by Isaiah 5:11, the Word of God is something that is sent BY HIM! The Word does not decide when and where it wants to go! Somewhere along the lines we took a wrong turn and got it twisted that it was our words that held power & authority, only to realize that when it arrived and was delivered there was STILL A VOID because it did NOT arrive as it was supposed to! Lord help us, those that are confessing that we are called by your Holy Name!
~ He that hath an ear let him hear what the Spirit of the Lord is saying to the Church~

Did you know that the Word of God can come alive in your life just at the right time? It is the desire of God that we obtain just what we are in need of during each pace of the journey.

Well, one of my favorite passages of scripture text is found in Isaiah 55:11 and it was recently that the Holy Spirit gave me a revelation of three important words in this one scripture, and those words are **void, accomplish, and prosper.**

When looking at the word void, as we can recall God says something about this word; He said that His Word will not return to Him void; in other words His Words will FULFILL, they are not empty words but they carry a weight of capacity that will fill up the empty places. And then we have the other two words; accomplish and prosper, these things happen on God's terms and according to his standards.

In fact, He told us this a few verses prior to the 11th one, in 8th verse, we were notified that our thoughts and ways were in no comparison from His, therefore our expectations should not be based on our outlook but through His.

Can you imagine, the Creator of Heaven and Earth doing something on such a grand scale through us and for us? Think about it, nothing that God does is small, and even the small things that He has done have the capacity to full up all that is vacant.

And now here up until now, I was measuring things the wrong way! I was under the impression that I had not fulfilled something because the outcome did not happen in the measure that I thought it should have. Then one day, as the Holy Spirit was dealing with my ego, (yes I said it), after spending so much time on designing a backdrop for a Morning Inspirations post, and only one person responded, (I FELT CHEATED), but it was really all for that one person! Yes, when God prepares something for YOU, He will only give you the BEST!

And He will find a willing vessel that will go the extra mile, working in excellence just to fulfill His Word of not being void but to fill you up, stretching to every corner of our lives.....And so here is another revelation, the one that He has called to pour must have the capacity to hear fully what He wants to deliver! And in this His Word is yet being fulfilled.

Therefore, if all of my effort is meant for one person, than His Will has been fulfilled and I am okay with that! Now, here is some icing for that slice of cake, the more we become obedient to fulfill the Will of God, the more He will expand our territory by allowing our obedience to reach others in being filled up, but we must only do, speak and go where we have been led. Let's make it clear that we should only go as directed, because that is a huge part of verse 11, it is where it please Him to send the Word., the Word does not go where it pleases, it has to be sent!





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<https://www.spreaker.com/podcast/the-balance-of-life--2644235>

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