



THE YEAR OF KNOWLEDGE

JULY 2026

2026 SEMINARS & CONFERENCES

LEADERSHIP ESSENTIALS

SPIRITUAL LIVING

UNCOMPLICATED MEALS!

ANTIQUE FINDS

CRAFTS THAT INSPIRE US!

& MORE!

GIFT IDEAS,

WORDS OF ENCOURAGEMENT, ETC

Hope & Truth Magazine

EST. 2003

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SEMINARS & WORKSHOPS!



**THE 2026 AFTER THE STORM CONFERENCE
LET'S GET CRAFTY WORKSHOP**



THINGS THAT WE LOVE

ANTIQUE FINDS



UNCOMPLICATED MEALS



WHATS ON THE BOOKSHELF?



Suggested Bible Study Teaching from our publishing division...P33

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Our Part In Jesus Christ

John 13:8

These words establish our connection with and in Jesus Christ; " If I wash thee not, thou hast no part with me". Although Jesus was preparing to do something in the natural, the purpose was spiritual. Jesus is in fact the Word of God by which we are cleansed.

Allowing the Word of God to cleanse a person means that they have accepted and applied the Word of God in their hearts by faith and have become obedient to it as well. If we refuse to accept the Word of God in our hearts by faith, then we are rejecting the cleansing that is a necessary part of our righteousness in Him.

A part of this cleansing is being made whole or shall we say complete in Him, which includes Salvation, Deliverance & Healing. It also allows the flow and activation of the Holy Spirit to operate through a clean vessel.

That "Part with Him" signifies doing the very works that Jesus Christ did, and greater works shall we do as He returns back to heaven with the Father, this is a Promise for those who are & that remain connected to the Vine, which is Jesus Christ.

Our Part with Him is to Produce Holy Fruit of the Holy Spirit. Without Him, our fruit is not Holy.



Are You Stuck In The Past?

Being stuck in the memories of the past can hinder the opportunity to move forward in all areas of life. It is evident that at some point in time everyone will face some type of crisis or drama as well as joy, peace, and love. But for some reason the things that have caused the trauma seems to hang on like no body's business and the more we try to get rid of it , the grip is tightened with even more force, inflicting additional trauma.

A long time ago I came to the realization that time does not heal all wounds, but it is the removal of the power of the pain it caused that will get one to the point of moving on.

And then, we can hold ourselves in the past by refusing to let go, we do this by rehearsing those things like it was yesterday. Why is that the case? Is it because we have failed to see the reality of how things really were? Or are we living in a fantasy world, hoping that what we experienced never happened, while secretly praying that at any moment, what we wanted to happen will suddenly appear, as if we were in a bad dream.

Perhaps we have gotten stuck in the trauma because there is nothing new happening in our lives to push out the bad experiences, the past is always our current life.

A part of the healing journey is to admit that yes, I am hurt, disappointed, frustrated, etc. and another part is to understand your part that was played, how we interacted, what we allowed or even caused. Then, we must learn to forgive ourselves before thinking about forgiving anyone else. Yes, you read that correctly, once you discover and acknowledge what you allowed into your life to cause the trauma, accept it then forgive yourself. Take care of you first.

Taking care of yourself first will also remove the power of pain that had its grips on you. In this way, you are taking back your self-esteem, while understanding and appreciating your self-worth.



Are You Stuck In The Past? Cont'd

If it was a situation where your self-worth and self-esteem were being attacked, take as much time as you need to in order to build yourself back up to the point that when it is time to forgive the other person, their attempts to bring you back down will not stand a chance. We will get to the process of forgiveness later.

Spending time exploring your purpose, goals and dreams is another part of the healing journey, often times when dealing with trauma the last thing a person is thinking about is the future. Also, stop trying to place the person who caused the trauma in your current or future plans, this is all about you, and your children if there are any.

Another key to consider is to stop giving the person who caused the trauma access to your emotions but remember to become strong enough that when those conversations or interactions does happen , they will not affect you, and once again, this is only if children are involved.

Another thing is to give yourself permission to heal and to move forward, mentally, emotionally and physically. When it comes to those thoughts that want to live in the present, examine them, if they do not bring you joy, or help you to reach those goals, get rid of them. And every time you feel the conversation going towards something from the past that was a part of the trauma, back away from it; change the conversation to a lighter happier tone.

As you can see that this is not about changing the outer appearance but the heart mind and soul, the physical comes afterwards.

Now, let's address the actual interaction if it is even necessary. If there are no legal ties, than there is no need for any type of contact. But in the instance that it is, try and keep the conversation current. If there are children, keep it on that. If it is on finances, or business, keep it current with a resolution to dissolve. If you see that the conversation is heading in a unhealthy place, cut it short with grace. Learn to live in your truth without trying to convince anyone that you on a healing journey, that's your business, not theirs.

Are You Stuck In The Past? Conclusion

And last but not least, do not allow anyone to want the healed you especially when they were the cause of the trauma. They do not deserve this version of you. If you do give in, then they will only bring more trauma to break you. Why. Do I say this, well maybe it is because when you first met (no matter the situation), hopefully you were already in a good place, and it was because of the experience with them that has in this trauma. Maybe they like trauma or people that are broken because it makes them superior. They something to dominate, it does not have to be You!

Here's something that is true, you don't have to face the person that caused you trauma in order to forgive them. In fact, the forgiveness is for you and not them. Some are waiting for the chance to come face to face with those that hurt them in one way or another before moving forward, and when that opportunity does not happen, it leaves that person stuck. Whenever or if there is a chance to meet, you should come with forgiveness already in your heart, the meeting is just the point of delivery, so start the process to forgiveness for yourself and them!

In many ways, we are all stuck in something, but we must determine if it is a good or bad place to be. I encourage you to regain your power of peace, love, joy and happiness today....and hopefully one day they will to.



A clock can signify
the time we have
and
the time we have lost!

*Just a Reminder that You owe it to Yourself
to keep making sure that you are Full
so that You do not become depleted!*



Learn to value you!

House Keeping!

There is no secret, but we are knee deep into the holiday season, where households receive an upbeat in traffic, some will just stop by for a few minutes while others will remain for a meal and conversation. And while this is an enjoyable time, having the house "guest friendly" could bring on stress or anxiety but not just because of the extra people in the house but to make sure that our homes are presented well.

Within this issue, we are going to share some cost effective yet elegant decor items as well as a few other necessities that will help you welcome your guests. As a disclaimer, I believe that when you stay ready, you never have to rush to become ready, therefore we have developed a mindset of having our home guests ready at all times.

So, let's get started! If you think that you have nothing, start by accessing what you do have and how is it being used. Check for those things that are still in good condition but not being used and find a place for them. Now, before placing anything, go to the places in your home that the visitor's will have access to.

Let's add a side note here, the process to getting and keeping your home guests ready is not to do it on a short period of time. If possible, make family plans for a gathering at least 3 months in advance, in doing this, you set attainable goals for each week leading to the gathering.

When it comes to the kitchen, cover the basics such as serving utensils, platters, etc. by taking a trip to the dollar store. And when it comes to having a few nice service items, consider doing a few diy projects. The dollar store has some nice heavy duty round and square chargers in gold or silver for hors d'oeuvre. There are also napkin holders and extra wine and water glasses.

And the common bathroom is just as easy. There are some great essentials that will bring your bathroom up to date, such as tissue boxes, napkins and napkin holders, soap dispensers or soap refills.

Managing My Money

This is not our typical conversation. This conversation is going to direct us towards the Promises of God. If God has given you a Promise of becoming prosperous, than wouldn't it be beneficial to learn how to be prosperous.

The Promise is an invitation to learn and invest in what was spoken. The thing about a promise is that it is connected to a new experience, something that the individual has not encountered before.

I have heard many tell women that desire to become a wife and mother to prepare for it, by learning what it takes to be a mother and wife. And this same rule applies to all other areas of life's promises.

We prepare for a birth right, or the start of a new job, so why are we not preparing for the Promises.

The other day, this thought came back to me that I had not been consistently preparing what He has promised me. And the truth is that it is in more than one area.

Now, let's get to the topic of Money Management, the thought came to set up a budget beyond what I currently have and learn how to keep it balanced. Yes, this is what we learned in school, but I need it Now. This will teach me how to handle what is to come.

Realistically, what would we do with a larger income? How would we balance it between our living expenses, business investments and retirement? In our case, everything is coming out of one pot, but by faith it won't be like this always. Then it dawned on me that as I was praying that God would enlarge my territory, that I had not done the work to consider just what that meant.

During the time of preparation, look up some real estate properties for the home or business, read about financial planning & budgeting,

We have provided a sample budget planner that we pray will help you get vision focused and ready.

Income:
Monthly Living Expenses
Rent/Mortgage \$1,600.00
Food
Personals
Electric
Internet
Transportation

Monthly Business Budget
Building
Radio \$ 20.00
Website \$ 9.99
Virtual Classroom \$ 8.21

Retirement
Count the cost of what you would consider a comfortable living situation based off of the size of your family.

Have you considered advertising your ministry, business goods & services with HOPE & TRUTH MAGAZINE? Check out the benefits of partnering with us!

Hope & Truth Magazine

Open the Window to Your Opportunities

Why should your business or ministry advertise with US?
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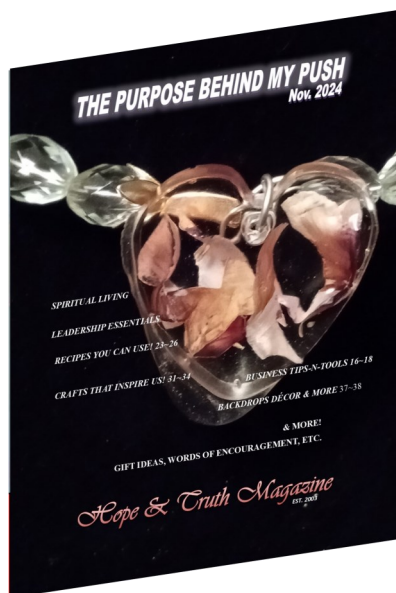
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THE PROPHETIC HOUR's

PODCAST

PRESENTED

THE REVELATION KNOWLEDGE

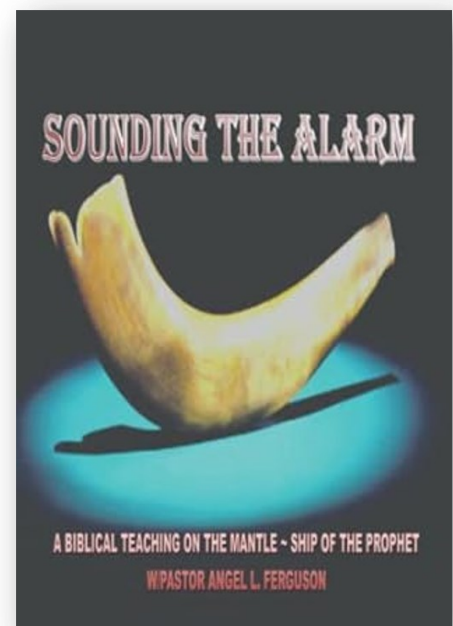
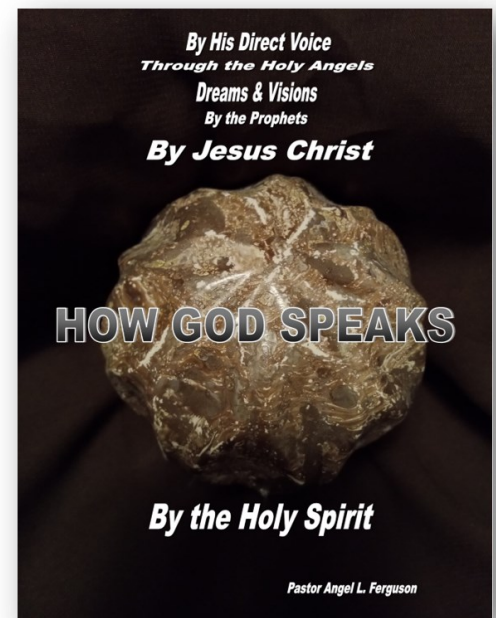
SERIES

A DIRECT WORD: God REVEALED to the Prophetess/Judge Deborah what He had instructed Barak to do, how to do it, along with the outcome. But Barak refused to go unless Deborah went with him. Judges 4th Chapter

BY A VISION: God REVEALED to the child Samuel the judgement that He has spoken against the Priest Eli because he did not discipline his sons concerning the disrespect they have shown while working in the Temple of the Lord. 1 Samuel 3rd chapter.

JESUS GAVE A REVELATION OF KNOWLEDGE to the woman at the well. He revealed her past and her current situation. She confirmed His word by acknowledging that HE had to be a Prophet of the Lord! John 4th chapter

BE SURE TO TUNE IN WITH
THE PROPHETIC HOUR'S PODCAST EACH MONDAY @ 7 PM
SPREAKER RADIO @
<https://www.spreaker.com/podcast/the-prophetic-hour--6493060>



The Settlement Years

There is something about entering into the 50's club that causes one to become mentally and emotionally settled. No, it's not settling for less but becoming settled and satisfied with their life's choices.

And as the clock continues to turn, more wisdom is included to the point where the opinions of others matter less and less. Can't you hear that wonderful tune echoing whenever you take a step; take me as I am!, meaning every word of it.

This is the age of being unapologetic, where standards have been achieved and where respect must be earned as it is expected.

This is not the age of new games and tricks because one thing that has been learned is that there are no new games or tricks, it just changes from person to person who thinks that they have invented a new one or method. Our laughter is not at the game but at the audacity of trying to fool us.

This is the age where that one phrase that I love to say is meant for everyone under the age of 40, and it is "listen to me, let me learn you something".

Now, that phrase explains a lot of things based on experience, knowledge & wisdom, not education.

This is a wonderful stage of life! The desire to please others has gone out the window, because now, hopefully one has discovered who they were destined to be and are living it.

And it is even better if the children we birthed are now functioning in a positive way on their own and only involving us in their lives when needed. Yes I said that! Let's add that's it is especially good when we can learn to control ourselves from injecting our opinions so often unless asked for as well.

Now I have heard about this stage of life and thought I was living it in my earlier years, but it is evident that I had no clue what it felt like. This is nothing that is forced, it is a given with that no nonsense attitude, along with the ability to stick with a plan until completion without the need for being monitored. This is our way of saying; I got this, without saying it.

This is the age of another level of stability! This is the stage of I know what I want, and I am going to go after it! I guess what I am saying is that is the stage of understanding one's identity. I have discovered mine, what about you!

On Saturday, July 11, 2026, HOPE & TRUTH MAGAZINE was invited to do a workshop for THIS IS THAT INC.'s Women of Worship Ministry. During this workshop, we taught our Polish & Spray Paint dipping method for creating custom décor items!

Check out our items created in advance to showcase for the workshop!



LET'S GET CRAFTY!

WORKSHOP



UNCOMPLICATED MEALS!



**CHICKEN, SPINACH, SUNDRIED TOMATOES,
RED & GREEN BELL PEPPERS,
HOMEMADE ALFREDO SAUCE, PASTA, HEAVY CREAM,
ROCITTA CHEESE, PARMESEAN CHEESE & SPAGETTI NOOLDES**

SEAFOOD LASAGNA



The Ingredients.....

Ground beef, shrimp, crab meat, diced tomatoes, sliced mushrooms, lasagna noodles, ricotta cheese, shredded mozzarella cheese, shredded cheese blend, desired seasoning, heavy cream.

The Directions.....

In Large heated skillet, add your pre-seasoned ground beef and cook until completely done, drain and place in a bowl. Next, by using some of the natural oil from the ground beef, add the crab meat to the same skillet. Follow the same instructions as the ground beef, then add the shrimp & sliced mushrooms. Add the crab meat, the shrimp & sliced mushrooms together in the bowl of ground beef, make sure to blend all three well, and stir in 2 mounting spoonfuls of the diced tomatoes.

Creating the sauce.....

Within the same skillet, add a full quart of heavy cream, over a low to medium heat. stir consistently, along with adding in the mozzarella and cheese blend. Now, here is where I shifted my normal method. Instead of adding the meat portion into the skillet, I poured the sauce over into the bowl of meat along with the remaining natural oil from the ground beef, it was not a lot so it did not make the dish oily, it was just an addition to the flavor!

And finally it is time to assemble our dish! Notice, I did not cook the lasagna noodles in advance, this will happen in the oven! The first layer is a enough of the sauce to cover the bottom of your baking dish, the next layer would be the cheese! The ricotta, mozzarella & cheese blend, then the noodles. Repeat this layering system until the sauce is GONE! With this method, I usually do about 5 layers. The final layer is cheese only!. Bake for 30 to 45 minutes, allow to cool for about 15 minutes then SERVE & ENJOY!



2023

CURRY BEEF WITH GOAT CHEESE RICE



Shrimp Potato Boats.
Sauteed Shrimp, Spinach, Sundried Tomatoes, and Cheese Blend,
with a Cesar Salad.
Easy Uncomplicated Meals!



Was in the mood for some Kale and Stew Beef. Winter Food!



Came across this recipe a few days ago and decided to give it a try!
Seared Chicken Breast Soup.
Broccoli, Mushrooms, Cream of Mushroom Soup,
Lasagna Noodles topped with Shredded Cheese.
Call it my Soup Journey!

Creating Your Own Path

Each day across the world someone is being faced with what to do with the next phase of their life as a result of the loss of a job, whether it is due to the restructuring of a business, closure of a position or job termination, the question remains; what am I going to do now. Although it is a tough situation to be in, it can also become a great opportunity for you to create your own path to entrepreneurship.

If you are anything like me, I worked a full-time job and allowed it to finance my dream of having my own business. I did small publishing jobs at first then expanded to becoming a self-published author, and eventually becoming a certified publishing agent with my own company. Although this was my path, writing it seems like it was a breeze, let me tell you that it was not, but it was the foundation of me creating my own path.

If you have found yourself in between jobs, I encourage you to take a look at the hobbies that you have a passion for and turn it into a business. And don't worry about starting small or at home, because according to the Word of God, we should not despise the day of small beginnings. And another thing, encourage yourself to get better at your craft and when it is ready, present it your targeted audience. There are several free platforms for you to present and grow from. Also, don't wait for opportunities to come to you, become the opportunity. What I mean by becoming the opportunity is to make yourself visible online and in person. Set up a pop-up shop and invite other small local businesses to be a part of it.

If you are starting the business at home, hopefully there is a space in the home for you to dedicate for business that you can turn into an exact replica of what you would want if you were in a separate building. I feel that this is where a lot of people get stuck, they feel that if they are not in a building, it is not a business, and this is far from the truth. If we think about this, many Fortune 500 business owners or CEOs have a office in their homes and that does not diminish their being a business and neither should it be for you.

Creating Your Own Path Cont'd

The thing about creating one's own path is to understand that it has nothing to do with the path or journey of others. This is not a path of competition but to present what gifts & talents that you have as a supplement for the loss or to increase your income. Many people are sitting on the Promise of becoming a "Millionaire", how else is it supposed to apply if there is no application work to make it happen.

I can recall the words of my Father, Apostle Namon Wilson Jr., and that is "God is not coming down from the Throne to do nothing that He has empowered you to do". The first thing that has to happen is that we become transformed and renewed in the way we think and perceive things. One must believe and know that they can do all things that strengthen them, and that includes the thing that God said that they will become or can do.

This is not to say that God will not or cannot send a vessel to bless us abundantly, even when that happens, it is to help us do what He has gifted us to do, so the same rules apply.

So, ask yourself, what path am I making for myself in this current economy?

In what ways are you supplementing your income through these trying times? Or what lessons are we teaching and passing on to our children? To be honest, now is not the time to sugar coat or hide certain circumstances because in the long term it will only cripple their survival skills.

We just wanted to give you a few things to consider so that we are not sitting and waiting for something to happen when we have been given the power to do it ourselves along with the faith that God will direct us so that it will prosper/harvest in its due season ~





God is and desires to be our I AM THAT I AM, no matter the storm. There is nothing too hard for God. There is no place that He does not have access to neither is there a situation that He does not have knowledge of, and this includes the outcome.

~Pastor Angel L. Ferguson

AFTER THE STORM....

\$ 10.00 PER COPY

ISBN: 9798298441797





These are from 1915! Lenox Westchester in Ivory Bone China, trimmed with a 24-karat encrusted border. Found 6 of them.



**CUSTOM DECORATIVE
CHARGERS
FOR MY DAUGHTER'S
NEW HOME**



**Still collecting those Vintage Rose Patterns!
Vintage Shell Shaped Snack Plate in the
Moss Rose Pattern. Found 4 of them!**



**Vintage AK Kaiser Porcelain Plate
from the
Marie Antoinette Moosrose Series**







Found these items months apart but at the same location!
What a perfect ensemble to compliment the Sage Green Candle Stick & the Grand Father Clock.
This is Antiquing Done WELL!





Recent Florida Antique Finds



HOW FAITH WORKS!

Having the gift of faith is when one has the ability to move after or towards the thing (place) that they believe has been spoken by God.

It is important that not everyone has the same gifts.

Some do not have the gift of faith.

We believe according to our faith relationship with God.

Some people only believe God for minor things.

And then there are some that can & do believe God for bigger things and even the greater and the unimaginable things.

One must consider the question ~ “Do I have the faith for that”?

And this is applied to the Promises of God~

Do I have faith to believe that God has a Purpose for my life?

Do I have the faith to believe that He will provide my needs through the work of my hands?

Do I have the faith the vision that I have, will come pass or have I deemed it impossible?

With faith, you have to keep going. Abraham kept traveling until the manifestation appeared in the natural. He had reached the first promise but did not stop because all of the promises from God had not yet been fulfilled.

Examples of God working INTENTIONALLY!

* The Red Sea. God instructed the people to go a certain route so that they would not abandon their deliverance during the beginning stages of the Exodus. **Exodus 13:17-18**

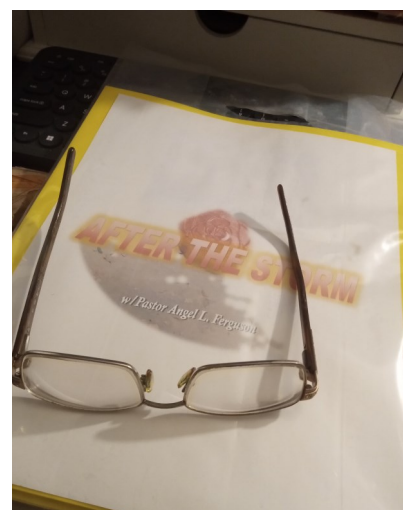
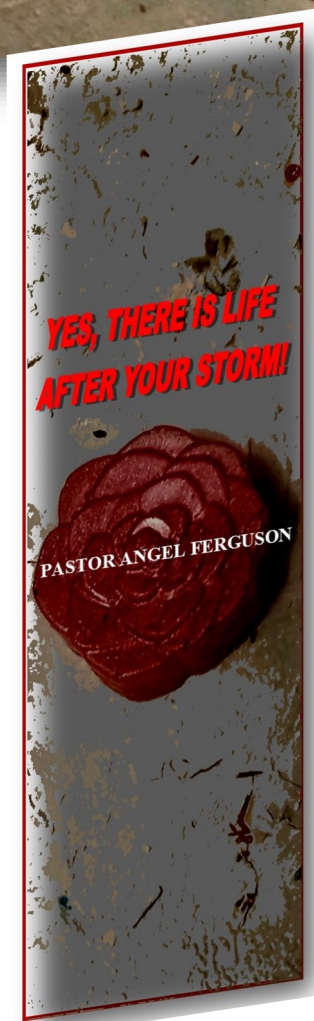
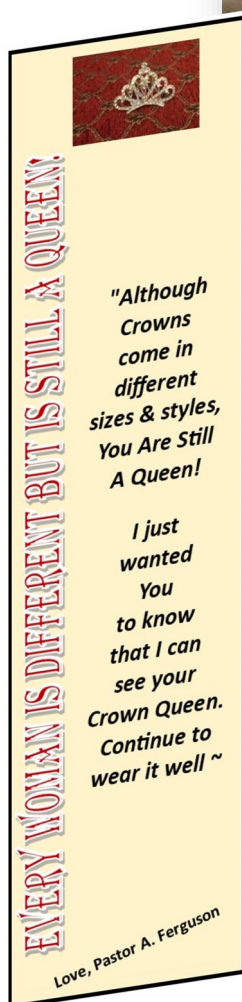
Also, God wanted Pharaoh and his army to follow the people of Israel for His honor in keeping His Word of delivering them out of the hand of Egypt and that Pharaoh. Exodus 14:4

* Israel's time in the wilderness was intentional because God wanted to see what was in their heart, they had to be proven. **Deut. 8:2**

* A time for rebuilding. **Haggai 2:1-9**

* Facing adversity. **Nehemiah 2:9-20; 3rd chapter.**

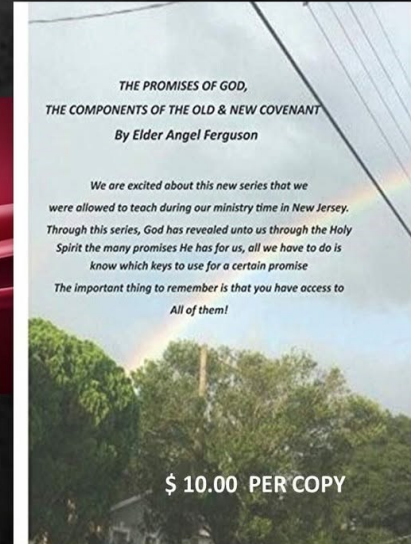
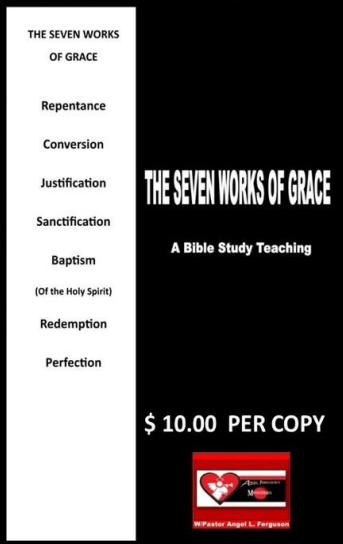
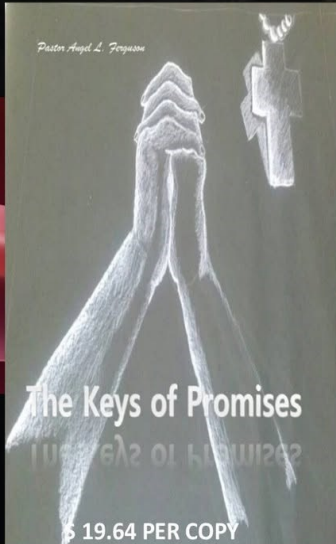
In April, we were honored to present the 'After The Storm Conference' to THIS IS THAT INC.'s Women of Worship Ministry. Those who were in attendance received a packet of information, some promotional items and many also received a copy of the book 'AFTER THE STORM' We concluded this 2-Saturday conference by placing a crown upon the heads of every woman in the room!



BIBLE STUDY TEACHINGS

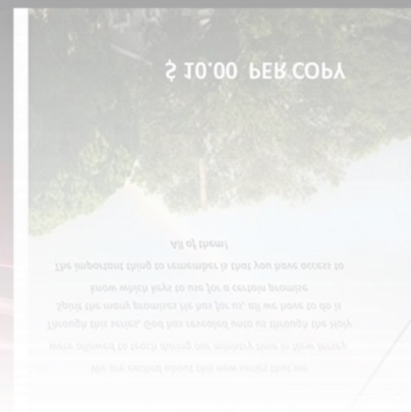
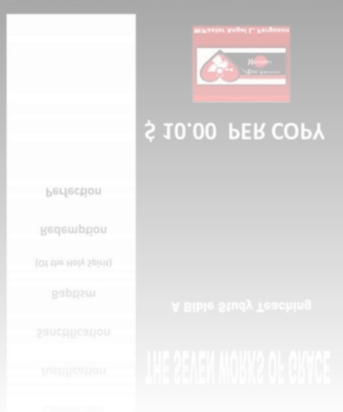
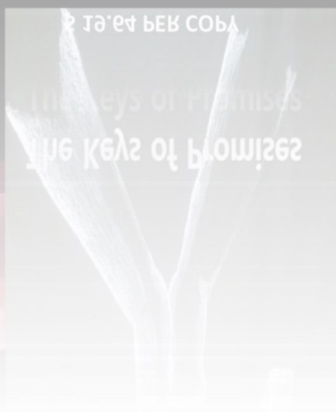
with

Pastor Angel L. Ferguson



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HOW FAITH WORKS! Cont'd

* Jacob meeting with Esau & the wrestling. He was left alone. Jacob was afraid of not just returning home but facing his brother after the wrong he had caused. But Lord said that it was time for reconciliation. It was time for the birth of Israel, and he had to be left alone for this transformation. The Timing was not right but intentional. **Genesis 32:24-32**

* The woman with the cake. The timing for the Prophet to ask for a cake of the mother who had her last was not perfect, but it was made intentional by God. O Boy was the timing wrong, but God wanted to show himself as her Jehovah Jireh. She had settled on preparing her last meal for her and her son, BUT God has something greater for her and it was dependent on her faith of obedience. **1 Kings 17:8-17**

* The Prophet Amos. He was plowing his fields, he said he was minding his own business when the Lord told him to go and deliver a Word to His people. The Timing was not right for him, but he was obedient to God's intentions. **Amos 7:7-15**

* Make you fisherman of Men. **Matt. 4:19**

* Peter lovest thou me? Feed my sheep. The timing was not perfect as Peter sat before Jesus, after denying Him to His accusers, Jesus was asking what He already had the answers too. Jesus knows that Peter loves Him, yet it was time for Peter to continue in the work that he had been ordained and anointed for- which was to feed the sheep (people) that believed in God through Jesus' life, death and resurrection. Peter was ashamed and uncomfortable, yet Jesus had an appointment for his life. **John 21:5-17**

* Paul on his way to Rome. **Acts 27-28**

Scriptures of Encouragement:

* We know that all things work together for the good. **Romans 8:28**

* I will never leave you nor forsake you. **Hebrews 13:5**

* Your latter shall be greater. **Haggai 2:1-9**

* My Word will not return to me void. **Isaiah 55:11**

* Despise not the day of small beginnings. **Zech. 4:10**

* Jesus being questioned about healing on the Sabbath

* It's according to the power that worketh in you. **Ephesians 3:20**

* **Psalms 37**

When a person is walking by faith and not by sight, timing is not the focus or the equation, but it is solely following after what and how the Holy Spirit leads.

The Timing for the Prophet to ask for a cake of the mother who had her last was not perfect, but it was intentional, boy was this the wrong timing but God wanted to show himself as her Jehovah Jireh. She has settled on preparing her last meal, yet God had something greater for her and it was dependent on her faith of obedience.

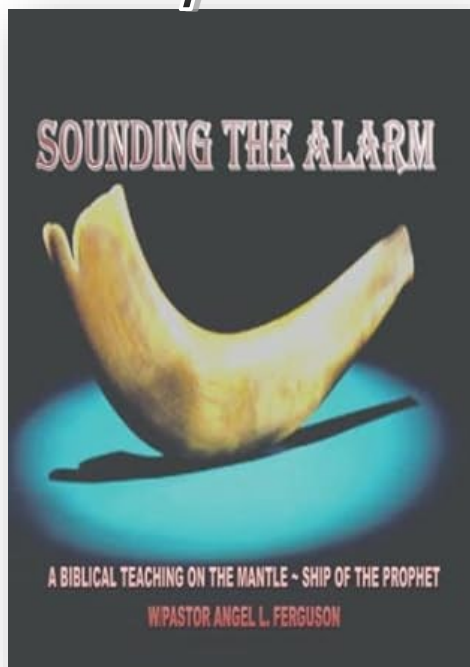
The Timing was not perfect as Peter sat before Jesus after denying him to his accusers, Jesus asking him if he loved Him. Peter was uncomfortable and ashamed, yet Jesus had an appointment for his life.

Have you checked out & connected with the
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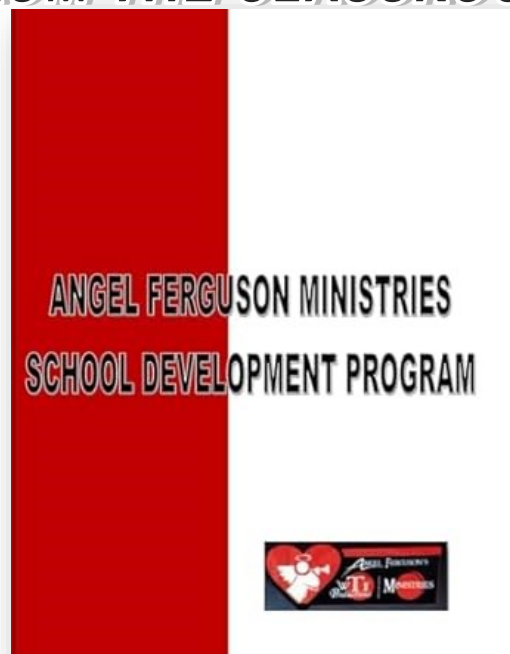
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The Prophetic Hour



FROM THE CLASSROOM



ACKNOWLEDGEMENTS

On behalf of Hope & Truth Magazine, we would like to extend a warm appreciation to each of you that have been a part of ministry, whether this is your first time receiving a copy or if it was 20 years ago, when we first launched.

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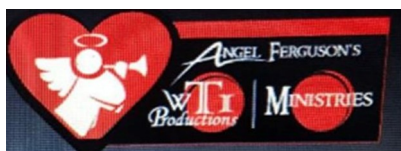
Yours in Christ,

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