

What you need to know about nitric oxide



Research in the area of nitric oxide won the Nobel Prize in Medicine in 1998, yet its importance is still under appreciated by most. Here are some ways it can support overall health:

- Maintains blood pressure levels
- Supports systemic circulation
- Regulates oxygen levels in red blood cells
- Supports a healthy cardiovascular system
- Aids in dilation of blood vessels

Berkeley Life Nitric Oxide Support System provides the dietary nitrate needed to boost nitric oxide levels with each two capsule dose. The formulation is designed to mimic a leafy green diet.

Nitric Oxide's Potential Everyday Benefits:



Blood Pressure and Circulation:

Nitric oxide has been clinically proven to support healthy blood pressure levels. The inside of the blood vessel is made up of smooth muscle. This is exactly where nitric oxide is also present. It triggers a biochemical reaction which prevents the constriction of these muscles. This causes the blood vessels to expand or open up. As a result of vasodilation, your heart does not have to exert itself too much to pump the blood with greater force.



Cognitive Function:

Diminished blood flow to the brain may contribute to cognitive impairment. Adequate blood flow provides fuel and nutrients that may decrease the risk of age-related cognitive decline. Maintaining adequate nitric oxide levels in the aging brain protects many brain functions, including learning and memory.



Sexual Health:

Female Sexual Arousal Disorder affects up to 70% of women, while the prevalence of moderate erectile dysfunction in the United States appears to be about 30%–50% in men aged 40–70 years old. A common thread between male and female sexual function is how much both are impacted by insufficient circulation. Along with circulation, for females, nitric oxide acts as a neurotransmitter in the brain affecting the release of oxytocin and luteinizing hormone-releasing hormones, which are central in the modulation of sexual behavior



Immunity:

Adequate blood flow throughout the body allows for increased resistance to infections and provides the capability to localize offending agents. With good circulation and blood flow to every tissue in the body, the immune system can mobilize a strong defense against pathogens.

Test Your Nitric Oxide Levels Today

Using *Berkeley Life's Nitric Oxide saliva test strips*, it takes just 15 seconds to indicate your nitric oxide levels. Ask your Practitioner for a test strip today and see where you rank on the color chart. If your reading is Threshold or below, see if Berkeley Life is right for you.

