The League was delighted that the Lyn Elvin Tournament held at Lynn Grove in September 2022 was so successful.

The winter season ran from September to April at two venues Lynn Grove Academy and Inspire, Lowestoft

Winter results

Division 1 Runners Up Luma and Winners Eagles

Division 2 Runners Up Vintage and Winners Ravens

Fair Play Summer 2022 Montana Boast – Kestrels

Fair Play Division 1: Maya Henshaw - Luma

Fair Play Division 2: Ellie Kelf - Ravens

Linda Crisp Award winner Lynn Withey from Kos

Lyn Elvin Award winners Barbara and Steve Rogers from Cliff Park

C Award passes Amy Smith and Vicky Ayers Into Award passes Beverley Calver and Jasmine Collings

ANNUAL GENERAL MEETING was held on Tuesday 4th April 2023 at Lowestoft & Yarmouth Rugby Club, Gunton Park, Old Lane, Lowestoft, Suffolk NR32 5HE with 50 members attending.

In an effort to help with the development and deployment of umpires it was agreed at the AGM to just use one venue ie Lynn Grove so that there might be more availability to support trainee umpires etc

The forthcoming Summer season has 13 team playing in a round robin handicap basis at Lynn Grove and will run from 18th April through to 18th July 2023

Sheelagh Redpath Lowestoft League Secretary 8th May 2023