

15th APRIL 2023 Norfolk

It is the responsibility of **all** Team Managers, Coaches and Captains to ensure that all players are conversant with the following regulations.

1 RULES OF THE GAME

All games shall be played to the INF Rules of the Game currently in force in England at the time of The Tournament, except where specific Tournament Regulations apply.

2 BALLS AND BIBS

- Each team must provide a size five (5) netball, which must be clearly marked for identification purposes.
- All players must wear positional bibs front and back and teams must have a spare set in a different colour in case of a clash of colours.
- In the event of a clash of colours, a toss of a coin between the two captains will decide which team retains their original colours.

3 CENTRAL TIMING

- Central timing, normally sounded by a hooter, will be used, but matches will start and finish on the Umpires whistle.
- The hooter will sound at the beginning and end of an interval.
- A warning will be given before play is due to commence.
- Duration of matches matches will be 12 minutes each way, three minutes at half time and eight minutes between rounds.

4 PLAYING QUALIFICATION

- All players must have primary EN membership of the club for the 2022/23. For the purposes of
 this competition a primary club will be classed as the first club a player becomes a member of in
 a membership year and is dated by 30th September 22.
- All players must be registered with a league within Norfolk for the season 2022/23, and players must have played in at least one league match within Norfolk for the qualified/nominated club during the current season.
- Qualification is via Registered Participant through a Club affiliated to England Netball
- AGE BANDING OPEN = All players must be over 14 years of age or be approved via the Netball East Performance system after submitting a completed age banding form.
- Proof of ID will be required on the day & checked by the Tournament Referees
- Players who have played in the EN Super league, Premier League or any Regional League in 12 or more quarters in those leagues in season 2022/23 will be ineligible

5 REGISTRATION OF SQUAD MEMBERS

- Team Managers must check in with the Tournament Referees prior to the commencement of the Tournament (see Special Regulations)
 - The maximum number of players allowed in a squad is twelve (12).
- No player, other than the 12 nominated on the Registration Form may play without the prior permission of the Tournament Referees.



- Registration Forms must be completed and lodged with the County Play-Off Organiser 2 weeks prior to the event to check membership
- Once the Tournament has commenced and a player has been named on a Registration Form she cannot transfer to another team once she has played.
- Any amendment to the Registration Form must be made to the Tournament Referees prior to the commencement of the Tournament.
- Amendments must be accompanied by proof of affiliation see Rule 4
- Any team who knowingly and deliberately provides false information regarding identity of players when registering players or naming of players on team sheets will forfeit their deposit and may be expelled from the competition. Disciplinary action may be taken against the club

6 START OF PLAY AND LATE ARRIVALS

- Captains should toss for centre pass well before the start of each game.
- All teams must be on court, in position and ready to play at the time and on the court stated in the playing schedule.
- No team may start a game with less than five (5) players.
- Any team late on court will forfeit the match points.
- The forfeited points will be awarded to the team on court, in position and ready to play at the correct time.
- The match may be played, and the Umpires must record on the Score Card, prior to the commencement of play, the name and arrival time of the team who arrived late.
- If a reserve plays because of the late arrival of a player, she shall continue to play until half time, when the late arrival may substitute. The 'Substitution' rule must be obeyed.
- If a reserve is not used, late arrival(s) may only join the game with permission of the Umpires, immediately after the scoring of a goal and only in the vacant position(s). At half time, positions may be changed and the 'Team Changes' rule must be obeyed.

7 SUBSTITUTES AND TEAM CHANGES

- Only injured or ill players may be substituted during a game but owing to the short games, opponents may not substitute at this time, although playing positions may be changed if desired.
- During the half time interval, substitutions may be made providing they take place immediately.
- No extra time will be allowed for injury or illness.
- Officials are requested to take great care in moving an injured player or ill player from the court. Should the Umpires feel that a player's injury is critical i.e., head, neck or back and she will be better left on court for the medical staff, the Umpire must note the time lost during treatment and report to the Tournament Referees who will adjudicate. (England Netball accepts most Netball injuries i.e., knee, ankle etc. fall outside this exemption clause).

8 TEAM BENCH

- The Team Bench will be the area at the team's defending end at the start of the game to the right of the netball posts. **Do not change ends at half time.**
- The Team Officials, in addition to the five players not on court, shall constitute the 'Team Bench'.
- The Team Officials and bench players may not move up and down the side lines or along the goal lines outside the court during play.
- Coaching is only permitted from the Team Bench.



9 RESULTS

- Scorers must record their name on the back of the score card.
- Captains must check the scores with both scorers and if satisfied must sign the score card.
- The result card represents the official score of the match and once the score card has been signed, no dispute can be lodged.
- If a Team Captain is not in agreement with the final score or does not wish to sign the result card for other reasons, her Team Manager must advise their opponents, and both Umpires (who must print their names on the reverse of the score card) and state reasons for their non-compliance with this regulation and report immediately to the Tournament Referees.
- It is the responsibility of the winning Team Captain to take both result cards to the recorders table after they have been signed by both scorers and Team Captains.
- In the event of a draw, each Team Captain will take responsibility for taking a card to the recorders table.
- In the event of a team being 'noncompetitive' for any reason, their results and those of their opponents will not be included on the master score sheet.
- Match points will be awarded as follows:
 - 5 points for a win
 - 3 points for a draw
 - 1 point to the losing team if scoring over 50% of the goals scored by the winning team.
- In the event of a tie-on points, goal average will decide placings (goals for divided by goals against).
- If goal average is tied, then goal difference will be applied (the difference between goals for and goals against).
- If goal difference is tied, the result of the group match between the two teams will be the decider.
- In the event of a further tie, the team with the most goals will be adjudged the winner.

10 MATCH OFFICIALS

- Separate Umpire specific regulations apply
- Umpires are not responsible for the score
- Scorers must agree the score before the Team Captains sign the cards.
- Umpires and Scorers need to be fully conversant with these regulations and the additional information given out within their own official package.
- Scorers will be required for all fixtures. Each team must provide a competent scorer who is either
 a minimum IOA/C award umpire, or someone who has completed a MBO course or has a good
 knowledge of the scoring system.
- Norfolk County will provide umpires for the tournament.
- Norfolk County will provide tournament referees for the tournament.

11 COMPETITION COMPLAINTS PROCEDURE

- 11.1 On the Competition Day, all queries and complaints (a Complaint) should be directed to the Competition Referees in the first instance, which will be dealt with as follows:
- 11.1.1 Where the Complaint relates to the Competition format or management, including (but not limited to) the schedule, the opposing team, playing surface or other playing arrangements, a protest must be made, before the start of the match (or as soon as possible after the issue becomes apparent



during the match) to the Competition Referee. The Complaint must then be acknowledged by the Competition Referee who will decide what action should be taken; or.

- 11.1.2 Where the Complaint relates to the playing of a match, the scoring, and/or its result, the relevant squad member or Team Official, must do the following:
 - a) Inform their opponents and the Umpires of their complaint.
 - b) Mark the score card with the words 'Under Protest'.
 - c) Take the score card marked 'Under Protest' to the Competition Referee, straight after the Match.
 - d) Explain the issue in full to the Competition Referee.
 - e) The Competition Referee will decide what action should be taken.
- 11.1.3 The Competition Referee's decision is final.

13 DISCIPLINE

- If a player is suspended from a game or ordered to leave the court and take no further part in the game, that player will be required to appear in front of a disciplinary board immediately after the end of the game.
- At the end of the game the Team Manager/Coach and the player concerned must report immediately to the Tournament Referees.
- The Tournament Referees will then make decisions as to whether the player in question takes any further part in the tournament.

14 GLOVES/JEWELLERY/MEDIC ALERT BRACELET/SCARVES

- No form of glove may be worn when playing netball.
- If, for medical reasons, gloves are required, then on the production of an appropriate medical certificate, the Tournament Referees may allow seamless leather gloves to be worn.
- These players are advised to have personal liability insurance.
- Umpires are reminded that they still have to be satisfied that any gloves worn do not present a hazard to other players.
- All jewellery & body piercing's must be removed.
- A wedding ring must be taped if worn.
- Players wearing jewelry will not be allowed on court.
- Only a medical alert bracelet may be worn during a netball match.
- The bracelet must be secured in such a manner that it will not constitute a danger to an opponent i.e., with clear tape, suitably taped to ensure that it cannot be removed/lifted off by any accidental contact.
- Head Scarves If these need to be worn because of religious practices, the player, together with the Coach should ensure that the material used for the head covering is soft, without embellishments which might constitute a danger and with potential flowing, flapping edges held securely around the neck or tucked into the shirt collar. It should be as neat and secure as possible.



SPECIAL REGULATIONS

REGISTRATION

Team managers must report to the Tournament Referees in the registration area on arrival and before the start of play.

PLAYERS AND BLEEDING

Please note Rule 7 clearly states the procedure regarding players and bleeding. However, where no time is allowed for injuries, the following should apply:

- If the bleeding is not profuse, the player should be asked to cover the injury at the next interval.
- If the bleeding is very heavy, the player will be asked to leave the court for the dressing of the injury and to return according to Rule 7.
- In these shorter matches, it is not the intention to penalise a team with an injured player and Umpires will need to be very aware of the time of the next interval, in order to keep a player on court unless it is absolutely necessary to have the injury covered. A sticking plaster could be used in order to stem the flow until the next interval.
- PLEASE NOTE: IT IS THE RESPONSIBILITY OF THE TEAM OFFICIALS TO HAVE FIRST AID DRESSINGS AVAILABLE AT THE SIDE OF THE COURT.
- If dressings are not available, then a substitute would have to be used or the team would have to play on with only six players.

UMPIRES AND BLEEDING

- Play may be stopped for injury or illness or any other cause. This would allow the Umpires to stop the game if she/he sustained and injury herself/himself.
- In tournament play where no time is allowed for stoppages, the Umpire should try to wait until the next interval before dealing with her/his injury. If the injury is bleeding, the Umpire should avoid touching the ball. This may mean that she/he should request the other Umpire to take any Toss Up that she/he may award, until she/he can deal with her/his own injury. It may now be advisable for Umpires to keep an Elastoplast about their person in order to deal with any small injury that may occur. In the event of a major injury to either a player or an Umpire, the game would have to be stopped and the Tournament Referees would have to make a decision as to how the emergency situation would be coped with.

PREGNANT PLAYERS

England Netball (EN) recommends that individuals (players, coaches, umpires etc) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by EN. Neither EN, nor the registered netball organisation will be held liable for any pregnant individual participating in recognised and authorised netball activity should the expectant mother suffer a miscarriage or permanent damage to herself and / or unborn child as a result of participating. The EN Personal Accident cover will not provide any benefit for injury, loss, or expense due to pregnancy, childbirth, miscarriage, or any consequence thereof. For example, if an 'Insured Person' who is pregnant is involved in an accident (not pregnancy related) and suffers a broken leg then, subject to claims validation, the policy would pay any broken bones benefit, the Hospital Confinement benefit and Temporary Total Disablement benefit due under the Personal Accident Insurance Policy resulting from this injury. However, if the absence or hospital stay is prolonged as a direct result of pregnancy, pregnancy complications or even early childbirth then this would not be



covered. The programme of insurance that is centrally arranged by EN is provided as a Membership benefit and ensures that Affiliated Members (referred to in the Liability insurance documents as 'Registered Participants') and in the Personal Accident documents as an 'Insured Person' are covered for Liability and Personal Accident Insurance, at the level of cover applicable to their category of membership. This information is intended as a guide only - full terms and conditions apply as detailed in the policy documents, in association with EN's current Memorandum, Articles, Regulations and Policies. The summary of cover is available in the member welcome email and full policy documents are available from Howden.

CLOSE RANGE PHOTOGRAPHY

The England Netball Duty of Care guidelines require that any person wishing to engage in any video, zoom or close-range photography (taking pictures from the surround area of the court i.e., action shots) should register their details with the venue and the Tournament Referee in the Registration area before carrying out any such photography.