## **Top 10 Signs of Autoimmune Illness**

**Chronic Fatigue** 

**Muscle Soreness and Stiffness** 

Joint Pain and Swelling

Unexplained Weight Gain or Loss

Rapid Heartbeat & Nervousness (Feeling of Panic)

Bowel & Gut Problems

Skin Problems

**Recurring Fevers** 

Swollen Glands

Headaches and/or Dizziness

I am intentionally not providing a description for each of these autoimmune symptoms. If you are suffering from autoimmune illness, even if you have no idea exactly what it is, you know these symptoms.

If doctors are not taking your health decline seriously, and are unwilling to consider that your implants (breast implants, dental implants, metal rods, etc.) may be a factor, then consider reading **Implant Insanity** and reaching out for a patient coaching session. I want to help.