

# Membership Benefits

- **Professional Development:** FREE contact hours and certification training.
- **Networking:** Connect and receive mentorship from other nurses of Asian Indian Descent.
- **Leadership Development:** Various Leadership resources and training for career advancement and growth.
- **RightNOW Media:** FREE member only access to 25,000 video library.
- **Tuition Discounts:** Tuition discount for universities like Walden, GCU and Chamberlain.
- **Volunteer opportunity:** Volunteer locally and internationally to serve the community.
- **Awards and Scholarships:** Nomination for various awards and scholarship nationally and locally.
- **Newsletter and Journal:** Opportunity to get published locally and nationally.
- **Academic and references:** Reference for job/school and help from doctoral advisory committee.
- **Advocacy:** Serving local needs and priorities of South Asian Communities and serve as a voice for nurses.
- **Fundraising:** Participate in giving back to the community locally and internationally.
- **Belonging and Family:** Connect with RNs, APRN's and students and belong to an organization that cares about you and your family.

## Membership Fees (Eff. March 19th 2021)

- Full membership : \$50 - 1 Year.
- Associate membership : \$45 - 1 Year.
- Affiliate membership : \$45 - 1 Year.
- Student membership : \$30 - 1 Year.
- Retired Nurse membership : \$30 -1 yr.
- Best Value membership : \$400-10 Year.

## MAKING THE DIFFERENCE



San Antonio Indian Nurses Association

@SAINAUSA on all social media. Like, Subscribe, Comment & Tag us.



INTERESTED IN BECOMING A MEMBER?

Please email: [sainausa@sainausa.com](mailto:sainausa@sainausa.com)

Or

Visit our website at

[www.sainausa.com](http://www.sainausa.com) and Click on "become a member", fill the form in entirety and pay the required fees.

For any questions, please email or call us at 210-853-6127.



## Cardiovascular Nursing Exam Review Webinar

Friday, June 25th, 2021  
and

Sunday, June 27th, 2021  
San Antonio, TX



Thank you to NAINA for approval of contact hours!!!

## Agenda

### Cardiovascular Nursing Exam Review Webinar

#### Sign-in begins at 7:30 am.

Each day includes a one hour lunch break as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, Friday, June 25th 8:00 am to 4:30 pm

- ANCC vs. ABCM
- Welcome and Overview
- Introduction to the Exam
- Review of Cardiac Anatomy and Physiology
- The Cardiac Conduction System and ECG Complex
- The Cardiac-Vascular Patient Assessment
- Cardiac-Vascular Disease Risk Factors
- Acute Arrhythmias
- Professional Aspects of Cardiac-Vascular Patient Care

#### Day 2, Sunday, June 27th 8:00 am to 4:30 pm

- Acute Coronary Syndrome
- Heart Failure
- Valvular Heart Disease
- Diseases of the Aorta
- Peripheral Vascular Disease
- CV pharmacology
- ANCC Domains of Nursing Practice
- Test-Taking Strategies

## Accreditation

**RN: 14 Contact Hours Includes  
Pharmacology 2 Contact Hours**



National Association of Indian Nurses of America is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

## Speaker

### Sam Merchant, MBA, CCRN, RN-BC, PCCN, RN-BC.

Mr. Missam Merchant is a Hospital Supervisor at University health System in San Antonio which is a level 1 trauma center with 1051 licensed beds. In his role, he is responsible for Centralized operations team, Bed planning and EPIC grand central clinical implementation. Mr. Merchant is a healthcare executive with more than 15 + years of progressive leadership experience in coordination of patient care, quality, efficiency improvement and managing clinical operations with fiscal responsibility. He has expertise in managing a diverse staff of healthcare professionals, effective in team building, medical staff relations, recruitment, and employee engagement. In his leadership and clinical roles, he continually establishes standards of safety and operational efficiencies; and adherence to compliance and performance standards to ensure quality patient care. Though he is a leader at work, he is an educator at heart. Teaching and Mentoring is his passion. Mr. Merchant is an Independent Certified Speaker, Coach and Teacher by the John Maxwell Company. Mr. Merchant is the President of San Antonio Indian Nurses Association. He holds 6 very prestigious national certifications from ANCC and AACN and he love to teach nurses strategies to succeed in getting certified. Mr. Merchant is an independent consultant with MED-ED and is also TeamSTEPPS master trainer for the Department of Defense. Mr. Merchant received his bachelor's degree in Nursing and MBA from India and is currently Pursuing DNP degree from Abilene Christian University. Mr. Merchant has presented nationally and internationally on various nursing topics.

## Course Overview

This two-day course is designed to provide nurses with the tools, confidence and knowledge to successfully complete the CV Nursing Exam. The exam content outlines and blueprints from the ANCC and ABCM were used to develop this program. The exam content outlines and blueprints from the ANCC and ABCM were used to develop this program. This concentrated review will focus on the key aspects of caring for patients with cardiac and vascular disease across the spectrum of care. Included is a review of cardiac anatomy and physiology, risk factors and risk reduction strategies and professional aspects of caring for this patient population. Participants will also complete review questions to prepare them for the types of questions that will be on the exam, as well as test-taking strategies. All aspects of the Practice Domains will be addressed at the end of Day 2 and strategies for test-taking will also be covered.

**Program learning Outcomes :** This program prepares the learner to:

- Gain an in-depth knowledge of the pathophysiology of disease states in the CV patient as well as current management strategies.
- Gain the confidence to pass the CV exam.

## Registration Information

**Tuition/Membership** Includes Electronic Program Manual and CE Certificate

**San Antonio Indian Nurses Association Members  
Complimentary**

**Non-Members  
\$100**

### Webinar Presented Via Zoom

Webinar access information and instructions will become available following registration.

**To Register/To Become a member:**  
Attendees may register at [SAINA website](http://SAINA website) or become a member at [www.sainausa.com](http://www.sainausa.com)

**The deadline to register is June 18th 2021**

**Questions? Call 210-853-6127 or email  
[sainausa@sainausa.com](mailto:sainausa@sainausa.com)**





## Cardiac-Vascular Nursing Exam Review

### Course Description

This two-day seminar is a concentrated review of major cardiac and vascular disease processes coupled with current treatment modalities and best practice recommendations for the adult patient. Each section will contain a system review coupled with associated pathophysiology and disease states relevant to the cardiac vascular systems. Case studies will be incorporated throughout the program to encourage development of critical thinking skills. The course content is based on the exam blueprint provided by ANCC & ABCM.

### Program Learning Outcomes

*This program prepares the learner to:*

- Describe the Cardiac-Vascular Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

### Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, 8:00 am to 4:30 pm

- 0800 **Welcome and Overview (ANCC Vs ABCM)**
- 0815 **Cardiovascular Risk Factors**  
Coronary Heart Disease | Stroke | Peripheral Vascular Disease | Diabetes | Metabolic Syndrome
- 0900 **Risk Reduction Strategies for the Cardiovascular Patient**
- 1000 **Break**
- 1015 **Cardiac System Review and Electrophysiology**  
Cardiac Structure | Cardiac Vascular System | Electrophysiology | Identifying Dysrhythmias
- 1130 **Lunch**
- 1230 **Cardiac Disease States and Current Therapeutic Strategies**  
Angina, Acute Coronary Syndrome and Infarction | Cardiomyopathies, Heart Failure and Ventricular Dysfunction
- 1400 **Break**
- 1415 **Cardiac Disease States and Current Therapeutics (cont.)**  
Pericarditis, Endocarditis and Valvular Disease | Structural and Congenital Anomalies | Pulmonary Hypertension
- 1545 **Q & A Session and Case Study Review**
- 1630 **Adjourn**

# Agenda

## Day 2, 8:00 am to 4:30 pm

- 0800 **Welcome and Overview**
- 0815 **Vascular System Review**
- 0900 **Vascular Disease States and Current Treatment Modalities**  
Carotid Artery Occlusive Disease | Upper and Lower Extremity Arterial Occlusive Disease
- 1000 **Break**
- 1015 **Vascular Disease States and Current Treatment Modalities (cont.)**  
Aortic Aneurysm | Chronic Venous Insufficiency | Deep Vein Thrombosis
- 1100 **Lunch**
- 1200 **Acute Cardiovascular Emergencies**  
Blunt Cardiac Injury | Sudden Cardiac Arrest and Death
- 1245 **Cardiac Vascular Pharmacology Updates**  
Inotropes | Vasodilators | Anti-Dysrhythmics | Adrenergic Group | Calcium Channel Blockers |  
Anticoagulants and Fibrinolytics | Diuretics
- 1345 **Break**
- 1400 **Special Situations**  
Race, Ethnic, Gender and Cultural Considerations | Comorbid Conditions | Specific Nursing  
Considerations
- 1500 **Leadership, Legal and Ethical Issues**
- 1530 **Test-Taking Skills, Evaluation, Q & A Session**
- 1600 **Adjourn**

## Accreditation

**RN: 14 Contact Hours**

***Includes 2 Pharmacology Contact Hours***

NAINA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).



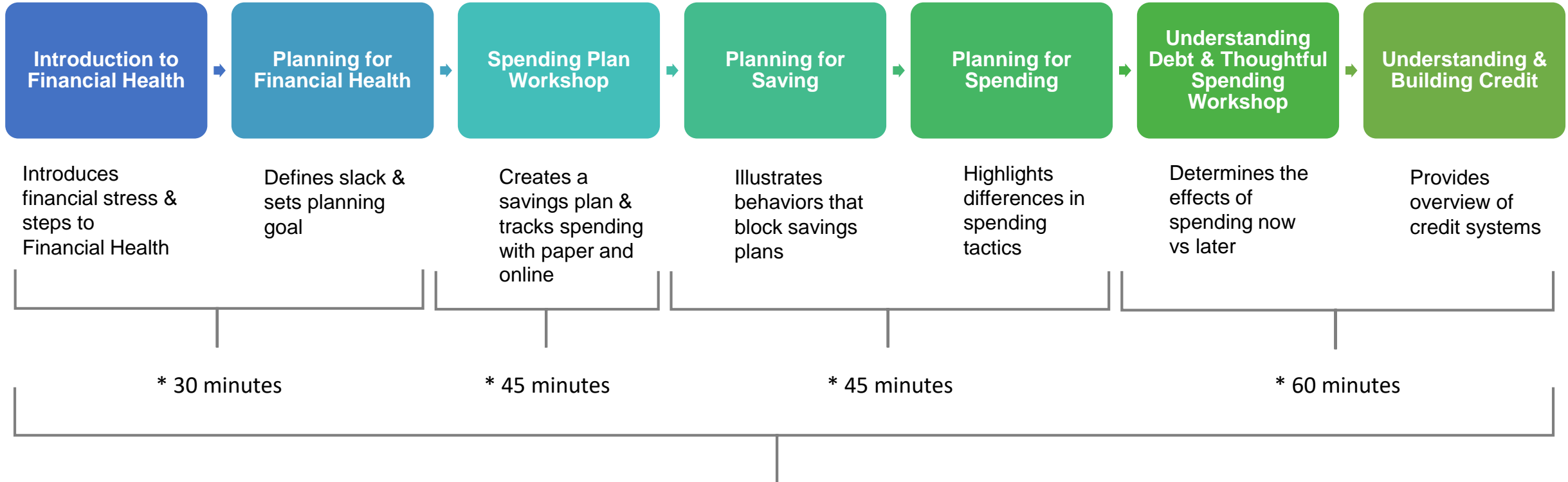
# FINANCIAL HEALTH CURRICULUM



10 MINUTE BREAK

10 MINUTE BREAK

10 MINUTE BREAK



**Entire program = \* 4 hours** to include 30 minutes for breaks and 30 minutes for Q&A

*\* All times are approximate and organic*

*Designed for SAINA 2021*

**SAN ANTONIO INDIAN  
NURSES ASSOCIATION  
(SAINA) PRESENTS**

**CARDIOVASCULAR NURSING  
CERTIFICATION REVIEW**

**FREE CLASS**

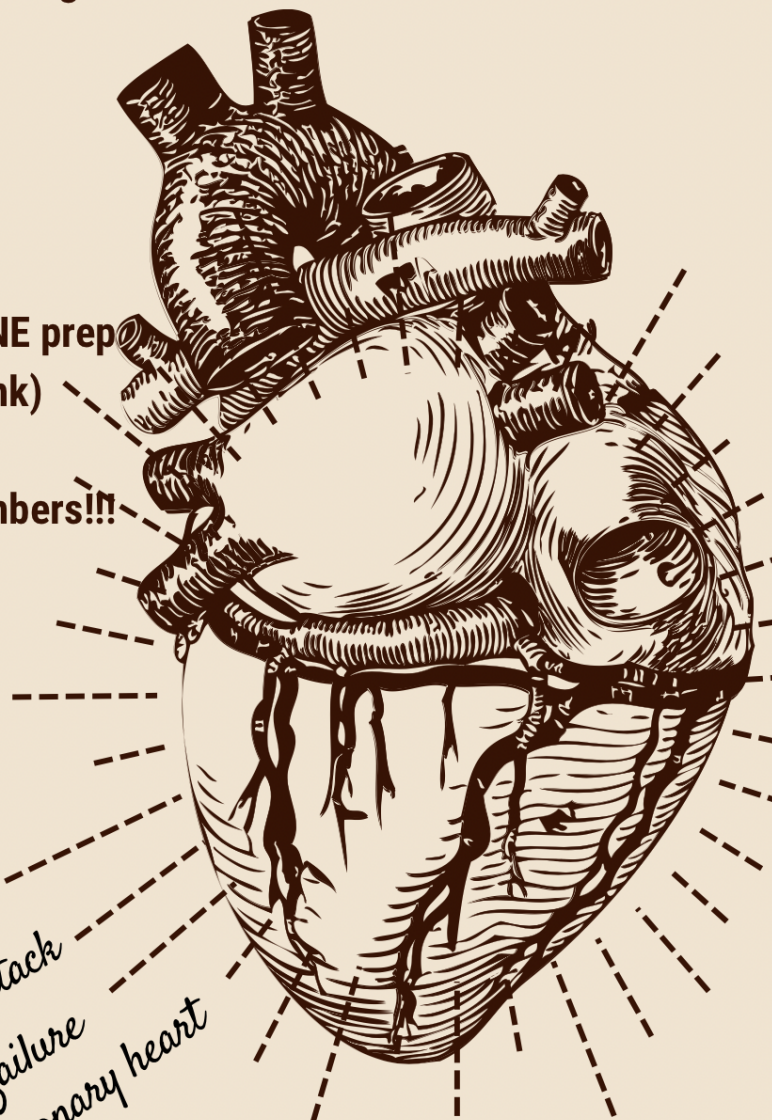
**2 DAY LIVE / VIRTUAL**

**Membership to SAINA is needed, course registration includes :**

- **FREE certification ebook**
- **FREE EKG ebook**
- **FREE certification content outline**
- **FREE PowerPoint for 2 day training**
- **FREE 13+ contact hours**
- **FREE invite to register for MS and NE prep**
- **FREE other bonus content (Q&A bank)**

**\$500 value course FREE for SAINA members!!!**

*congenital disease*  
*heart attack*  
*congestive failure*  
*coronary heart*



**JUNE 25 & 27, 2021**

**VISIT**

**[WWW.SAINAUSA.COM](http://WWW.SAINAUSA.COM)**

**Become a member today**

# Financial Literacy & Money Management Online Workshop

Saturday June 26<sup>th</sup> 4:30 – 5:30 pm CST



- *Tax Buckets of Money & a Tax-Free Retirement*
- *Living Benefits of Life Insurance*
- *Mortgage Protection Plan*
- *Wills & Trust*
- *Investing Strategies & Average ROR vs Real ROR*
- *401K/IRA Rollover Options*
- *College Planning Options & its Impact on FAFSA & Scholarships*

*You Don't Want To Miss This. Why? –  
Because You Will Never See Money The  
Same Way Again.*



*ITS YOUR MONEY –  
LEARN TO MAKE IT WORK FOR YOU*

*Zoom ID: 469 363 7437*

*Sam and Roshan*

*Contact Roshan at: roshanmogul@hotmail.com*

*or (210) 663-9637*

# Understanding and evaluating your financial health

Learn how to take steps to financial health

## Saturday, June 26, 2021

**You are invited to  
a free webinar**

**Understanding Financial  
Health**

**12 pm - 4 pm**

- **Attend for a chance to win various e-gift cards**
- **Each attendee will receive a \$15 Grubhub giftcard**

**RSVP**

- **Register online at [bit.ly/626SAINA](https://bit.ly/626SAINA)**

**3.75 Contact Hour**

*National Association of Indian Nurses of America is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation*

Credit Human is presenting this free event in partnership with San Antonio Indian Nurses Association (SAINA).

SAINA members are eligible to become Credit Human members and can join at the event.

San Antonio Indian Nurses Association (SAINA) partnered with Credit Human because we care about improving your financial health. Credit Human improves the financial health of its members by helping them build slack to alleviate financial stress. Learn more about us at [CreditHuman.com/WhyUs](https://CreditHuman.com/WhyUs).

