

WALKATHON

WALK FOR A CAUSE!

Get ready for our 5K Walkathon in support of **IDOYOGA!** Lace up your shoes, gather your friends and family, and join us in supporting healthy lifestyle, and environmental stewardship as we walk towards a healthier community together!

[Event Details](#)

[Register Here](#)

**SATURDAY,
22 MARCH, 2025**

AUM ASHRAM, 07:00 - 11:00

6931 Kitchener Rd. San Antonio, TX 78240

7:00am: Check-in

7:30am: Walk starts

9:00am: Presentation on health impact of microplastics and soap. Take home kit for all

9:30am: Healthy millet based brunch

Your support will bring yoga to schools in underserved communities



Kids Under 13 Free!!

TITLE sponsor



GOLD Sponsor

**Dr Subhashini Valavalkar
& Dr. Sushil Valavalkar**

BRONZE Sponsor



For more information www.idoyogasa.org

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