

National Certification Classes



Aug

20-21 8-4 CST Nursing executive/leadership Review-basic & advanced

Aug

23-24 8-4 CST Medical-Surgical Nursing

Aug

25-26 8-4 CST Cardiovascular Nursing

Sept

10-11 8-4 CST **PCCN Review**

Sept

19-20 8-4 CST Management of a critically ill medical-surgical patient.

Sept

27-28 8-4 CST **CCRN Review**

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\$20 each for SAINA members.

\$250 each for Non-members.

Membership Benefits

- Professional Development: FREE contact hours and certification training.
- Networking: Connect and receive mentorship from other nurses of Asian Indian Descent.
- Leadership Development: Various Leadership resources and training for career advancement and growth.
- RightNOW Media: FREE member only access to 25,000 video library.
- Tuition Discounts: Tuition discount for universities like Walden, GCU and Chamberlain.
- Volunteer opportunity: Volunteer locally and internationally to serve the community.
- Awards and Scholarships: Nomination for various awards and scholarship nationally and locally.
- Newsletter and Journal: Opportunity to get published locally and nationally.
- Academic and references: Reference for job/school and help from doctoral advisory committee.
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- Fundraising: Participate in giving back to the community locally and internationally.
- Belonging and Family: Connect with RNs, APRN's and students and belong to an organization that cares about you and your family.

Membership Fees (Eff. March 19th 2021)

- Full membership: \$50 1 Year.
- Associate membership: \$45 1 Year.
- Affiliate membership: \$45 1 Year.
- **Student membership**: \$30 1 Year.
- Retired Nurse membership: \$30 -1 yr.
- Best Value membership: \$400-10 Year.

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Please email: sainausa@sainausa.com
Or

Visit our website at www.sainausa.com and Click on "become a member", fill the form in entirety and pay the required fees.

For any questions, please email or call us at 210-853-6127.



Cardiovascular Nursing Exam Review Webinar

Thursday, August 25th, 2022 and Friday, August 26th, 2022 San Antonio, TX



Thank you to NAINA for approval of contact hours!!!

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Agenda

Cardiovascular Nursing Exam Review Webinar

Sign-in begins at 7:30 am.

Each day includes a one hour lunch break as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, Thursday, August 25th 8:00 am to 4:30 pm CST

- ANCC vs. ABCM
- Welcome and Overview
- Introduction to the Exam
- Review of Cardiac Anatomy and Physiology
- The Cardiac Conduction System and ECG Complex
- The Cardiac-Vascular Patient Assessment
- Cardiac-Vascular Disease Risk Factors
- Acute Arrhythmias
- Professional Aspects of Cardiac-Vascular Patient Care

Day 2, Friday, August 26th 8:00 am to 4:30 pm CST

- Acute Coronary Syndrome
- Heart Failure
- Valvular Heart Disease
- Diseases of the Aorta
- Peripheral Vascular Disease
- CV pharmacology
- ANCC Domains of Nursing Practice
- Test-Taking Strategies

Accreditation

RN: 14 Contact Hours Includes Pharmacology 2 Contact Hours



National Association of Indian Nurses of America is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Speaker

Sam Merchant, MBA, CCRN, RN-BC, PCCN,RN-BC.

Mr. Missam Merchant is a Hospital Supervisor at University health System in San Antonio which is a level 1 trauma center with 1051 licensed beds. In his role, he is responsible for Centralized operations team, Bed planning and EPIC grand central clinical implementation. Mr. Merchant is a healthcare executive with more than 15 + years of progressive leadership experience in coordination of patient care, quality, efficiency improvement and managing clinical operations with fiscal responsibility. He has expertise in managing a diverse staff of healthcare professionals, effective in team building, medical staff relations, recruitment, and employee engagement. In his leadership and clinical roles, he continually establishes standards of safety and operational efficiencies: and adherence to compliance and performance standards to ensure quality patient care. Though he is a leader at work, he is an educator at heart. Teaching and Mentoring is his passion. Mr. Merchant is an Independent Certified Speaker, Coach and Teacher by the John Maxwell Company. Mr. Merchant is the President of San Antonio Indian Nurses Association. He holds 6 very prestigious national certifications from ANCC and AACN and he love to teach nurses strategies to succeed in getting certified. Mr. Merchant is an independent consultant with MED-ED and is also TeamSTEPPS master trainer for the Department of Defense, Mr. Merchant received his bachelor's degree in Nursing and MBA from India and is currently Pursuing DNP degree from Abilene Christian University, Mr. Merchant has presented nationally and internationally on various nursing topics.

Registration Information

Tuition/Membership Includes Electronic Program Manual and CE Certificate

San Antonio Indian Nurses Association Members

\$20

Non-Members \$250

Webinar Presented Via Zoom

Webinar access information and instructions will become available following registration.

To Register/To Become a member: Attendees may register at SAINA webiste or become a member at www.sainausa.com

The deadline to register is August 24th 2022

Course Overview

This two-day course is designed to provide nurses with the tools, confidence and knowledge to successfully complete the CV Nursing Exam. The exam content outlines and blueprints from the ANCC and ABCM were used to develop this program. The exam content outlines and blueprints from the ANCC and ABCM were used to develop this program. This concentrated review will focus on the key aspects of caring for patients with cardiac and vascular disease across the spectrum of care. Included is a review of cardiac anatomy and physiology, risk factors and risk reduction strategies and professional aspects of caring for this patient population. Participants will also complete review questions to prepare them for the types of questions that will be on the exam, as well as test-taking strategies All aspects of the Practice Domains will be addressed at the end of Day 2 and strategies for test-taking will also be covered.

Program learning Outcomes: This program prepares the learner to:

- Gain an in-depth knowledge of the pathophysiology of disease states in the CV patient as well as current management strategies.
- Gain the confidence to pass the CV exam.

Questions? Call 210-853-6127 or email sainausa@sainausa.com





Nurse Executive/Leadership Exam Review (Basic/Advanced)

Course Description

The Nurse Executive/Leadership Exam Review is designed to provide an overview of those subjects which are included in the ANCC/AONL certification exam. Subjects include professional practice including nursing theory, research, quality improve-ment, process improvement, change theory and ethics. Healthcare economics is reviewed, as well as the healthcare environment. Lastly, delivery of care including regulatory, process outcome, Magnet recognition, benchmarking, charts and graphs are described. The course is a fast-paced, intense presentation and review of the exam blueprint along with preliminary study is recommended prior to attending. After attending, participants are encouraged to create a study plan individualized to meet their needs to successfully pass ANCC's/AONL certification exam.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Nurse Executive Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 5:00 pm

| 0800 | Introductions and Course Overview |
|------|--|
| 0815 | Test-Taking Skills |
| 0900 | Professional Practice Written, Verbal and Non-Verbal Communication Conflict Management Crisis Management Team Dynamics |
| 0945 | Break |
| 1000 | Professional Practice (cont.) Documentation Informatics Teaching and Learning Principles Adult Learner Competency Interviewing Nursing Theory Nursing Research |
| 1200 | Lunch |
| 1300 | Professional Practice (cont.) Evidence-Based Practice Critical Thinking Human Resources and Labor Relations Nursing Licensure ADA Corporate Compliance HIPAA Labor Management Relations Unionization (continued) |

(continued)

- 1500 Break
- 1515 **Professional Practice** (cont.)

Principles of Leadership | Change Theory | Time Management | Stress Management | Stress Reduction

1600 Healthcare Environment

Customer Service | Cultural Competence | Diversity | Organizational Climate and Culture | Organizational Structure | Corporate Governing Body | Strategic Planning | Communication

1700 Adjourn

Day 2, 8:00 am to 5:00 pm

0800 Legal, Regulatory and Ethics

Legal Terms | Ethics | Ethical Theories | Regulatory | Federal Acts

- 0945 **Break**
- 1000 Legal, Regulatory and Ethics (cont.)

Laws | Other Legal Issues (Sexual Harassment, Affirmative Action, COBRA) | How a Bill Becomes a Law

1100 Healthcare Economics

Fiscal Management | Budget Process | Types of Budgets | Reimbursement | Cost Containment | Materials Management | FTEs and Staffing | Nursing Care Delivery Models

- 1230 Lunch
- 1330 Delivery of Care

Healthcare Errors | Healthy People 2010 | Structure, Process and Outcome Standards | Transparency | Program Evaluation Models | Institute of Health Improvements | CMS Core Measures | Performance Improvement | Quality Improvement | Baldrige and Magnet | Outcome Criteria | Benchmarking | Charts and Graphs

- 1530 **Break**
- 1545 **Delivery of Care** (cont.)

Patient Safety | NPSG | Sentinel Events | Employee Safety | Marketing

- 1645 **Q & A Session**
- 1700 Adjourn

Accreditation

RN: 15 Contact Hours

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Membership Benefits

- Professional Development: FREE contact hours and certification training.
- Networking: Connect and receive mentorship from other nurses of Asian Indian Descent.
- Leadership Development: Various Leadership resources and training for career advancement and growth.
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- Newsletter and Journal: Opportunity to get published locally and nationally.
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Or

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For any questions, please email or call us at 210-853-6127.



Nurse Executive / Leadership Exam Review Webinar

Saturday, August, 20th 2022 and Sunday, August, 21st 2022
San Antonio, TX



Thank you to NAINA for approval of contact hours!!!

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Agenda

Nurse Executive Exam Review, Basic Webinar

Sign-in begins at 7:30 am.

Each day includes a one hour lunch break as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, Saturday, August 20th 8:00 am to 4:30 pm CST

- Exam Blueprint
- The Art and Science of Nursing Leadership
- Preparing for Board Certification as a Nurse Executive
- The Current Healthcare Landscape
- Leadership and Management
- The Business of Healthcare

Day 2, Sunday, August 21st 8:00 am to 4:30 pm CST

- The Business of Healthcare (cont.)
- Innovation and Technology
- Legal, Regulatory, Political and Ethical Issues
- Validating Excellence: The Pursuit of International Designations and Awards
- Test Taking Strategies
- Q & A review

Accreditation

RN: 14 Contact Hours Includes No Pharmacology Contact Hours



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Speaker

Sam Merchant, MBA, BSN, RN, CCRN-K, NE-BC, CV-BC, MEDSURG-BC, GERO-BC, PCCN. Mr. Missam

Merchant is a Hospital Supervisor at University Health in San Antonio which is a level 1 trauma center with 1051 licensed beds. In his role, he is responsible for Centralized operations team. Bed planning and EPIC grand central clinical implementation. Mr. Merchant is a healthcare executive with more than 15 + years of progressive leadership experience in coordination of patient care, quality, efficiency improvement and managing clinical operations with fiscal responsibility. He has expertise in managing a diverse staff of healthcare professionals, effective in team building, medical staff relations, recruitment, and employee engagement. In his leadership and clinical roles, he continually establishes standards of safety and operational efficiencies; and adherence to compliance and performance standards to ensure quality patient care. Though he is a leader at work, he is an educator at heart. Teaching and Mentoring is his passion. Mr. Merchant is an Independent Certified Speaker, Coach and Teacher by the John Maxwell Company, Mr. Merchant is the President of San Antonio Indian Nurses Association. He holds 6 very prestigious national certifications from ANCC and AACN and he love to teach nurses strategies to succeed in getting certified. Mr. Merchant is an independent consultant with MED-ED and is also TeamSTEPPS master trainer for the Department of Defense, Mr. Merchant received his bachelor's degree in Nursing and MBA from India and is currently Pursuing DNP degree from Abilene Christian University. Mr. Merchant has presented nationally and internationally on various nursing topics.

Course Overview

The nurse executive-advanced and nurse executive board certification examinations are competency-based assessments to validate knowledge related to the art and science of nursing leadership. Nurse executives taking this course will learn about operational structures and processes that support nursing excellence, exemplary professional practice, transformational leadership, knowledge management and the development of new knowledge and innovations. This course will not only prepare the nurse executive for a successful examination, but will also enable them to be a stronger nurse leader within their organization .

Program learning Outcomes : This program prepares the learner to:

- Apply principles of transformational leadership to advance the practice of nursing and achieve clinical and operational excellence within their organization.
- Identify strengths and areas of opportunity in preparing for board certification as a nurse executive.
- Develop a test plan strategy based on the review course and examination content outline to ensure success on the nurse executive examination.

Registration Information

Tuition/Membership Includes Electronic Program Manual and CE Certificate

San Antonio Indian Nurses Association Members \$20

Non-Members \$250

Webinar Presented Via Zoom

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To Register/To Become a member:

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The deadline to register is August 19th 2022

Questions? Call 210-853-6127 or email sainausa@sainausa.com



Medical-Surgical Nursing Exam Review

Course Description

This two-day course is designed to provide nurses with the tools, confidence and knowledge to successfully complete the Medical-Surgical Nursing Exam. The exam content outlines and blueprints from the ANCC and MSNCB were used to develop this program. Topics covered from the exam content outlines will include: review of body systems, cardiac, pulmonary, neurologic, gastrointestinal, renal, genitourinary, reproductive, endocrine, hematologic, musculoskeletal, immune and more. Pathophysiology of disease processes including signs and symptoms and treatment modalities will be presented. The nursing process and nursing practice roles in the management of patient care will be discussed through case scenarios and sample questions. All aspects of the Practice Domains will be addressed at the end of Day 2 and strategies for test-taking will also be covered.

Program Learning Outcomes

This program prepares the learner to:

- Gain an in-depth knowledge of the pathophysiology of disease states in the medical and/or surgical patient as well as current management strategies.
- Gain the confidence to pass a medical-surgical exam.

Agenda

Sign-in begins at 7:30 am. Each day includes a lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

| C | 008 | ANCC vs. MSNCB Benefits of Certification Initial Criteria Cost Recertification Membership |
|---|------|---|
| C |)830 | Cardiovascular Anatomy and Physiology Acute Coronary Syndrome Myocardial Infarction Heart Failure Hypertension |
| C | 945 | Break |
| 1 | 000 | Cardiovascular (cont.) AAA Cardiac Trauma Cardiac Medications |
| 1 | 100 | Pulmonary Anatomy and Physiology Aspiration ABGs COPD and Asthma Pulmonary Medications |
| 1 | 200 | Lunch |
| 1 | 300 | Pulmonary (cont.) Sleep Apnea Blunt Chest Trauma Pneumothorax PE Respiratory Failure |
| 1 | 415 | Break |
| 1 | 430 | Neurological Disorders Anatomy and Physiology Stroke Seizures Meningitis Encephalitis Neuromuscular Disorders |
| | | Musculoskeletal Fractures Traction Fat Embolism Rhabdomyolysis |
| 1 | 515 | Behavioral Disorders Dementia Delirium Alcohol Withdrawal |

(continued)

1630

| 1600 | Legal and Ethical Considerations ANA Code of Ethics HIPAA Scope of Practice |
|------|---|
| 1630 | Adjourn |

Day 2, 8:00 am to 4:30 pm

| 0800 | Immunological and Hematological Inflammatory Response AIDS Leukemia Sickle Cell DVT Pressure Ulcers |
|------|--|
| 0900 | Endocrine Disorders Thyroid Dysfunction Adrenal Disorders Diabetes DKA and HHS DI and SIADH |
| 0945 | Break |
| 1000 | Renal and GU Disorders Acute Kidney Injury Chronic Renal Failure BPH |
| 1100 | Gastrointestinal Disorders Gl Bleeds Bowel Obstruction Infarction |
| 1200 | Lunch |
| 1300 | Gastrointestinal (cont.) Pancreatitis Liver Failure Hepatitis |
| 1330 | Multisystem Disoders Shock SIRS Sepsis |
| 1415 | Break |
| 1430 | ANCC and MSNCB Exam Blueprints Breakdown of the Domains of Practice |
| | ANCC Domains of Nursing Practice Health Promotion and Health Teaching Planning, Implementation and Outcomes Evaluation Professional Role Assessment and Evaluation |
| 1515 | Test-Taking Strategies |
| 1630 | Adjourn |

Accreditation

RN: Contact Hours (Proposed) Pending Approval Includes Pharmacology Contact Hours

National Association of Indian Nurses of America is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



Cardiac-Vascular Nursing Exam Review

Course Description

This course is designed to prepare the participant for the ANCC Cardiac-Vascular Nursing Exam. This concentrated review will focus on the key aspects of caring for patients with cardiac and vascular disease across the spectrum of care. Included is a review of cardiac anatomy and physiology, risk factors and risk reduction strategies and professional aspects of caring for this patient population. Participants will also complete review questions to prepare them for the types of questions that will be on the exam, as well as test-taking strategies.

Program Learning Outcomes

This program prepares the learner to:

 Demonstrate the requisite knowledge required in order to be successful on the ANCC Cardiac-Vascular Nursing Exam.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

Welcome and Overview

Introduction to the Exam

Registration | Scope and Content Domains | Overview of Test-Taking Strategies

Review of Cardiac Anatomy and Physiology

The Cardiac Conduction System and ECG Complex

SA, AV Nodes | Bundle of His and Bundle Branches | Purkinje Fibers | P Wave and PR Interval | QRS Complex | ST Segment and T Wave | Normal, Abnormal QT Interval | Causes, Treatment of Prolonged QT Interval

The Cardiac-Vascular Patient Assessment

Patient History/Subjective Data Collection | Patient Assessment/Objective Data Collection | Accurate Blood Pressure Measurement | Ankle-Brachial Index Measurement | Q&A

Lunch 12:00 pm to 1:00 pm

Cardiac-Vascular Disease Risk Factors

Nonmodifiable, Modifiable | Strategies for Reduction | Dyslipidemia, Hypertension Diagnosis and Management | Q&A

Acute Arrhythmias

Heart Blocks | Atrial Fibrillation | Supraventricular Tachycardia | Q&A

Professional Aspects of Cardiac-Vascular Patient Care

Ethical and Legal Aspects | Research and Evidence-Based Practice Principles | Patient Education/Health Literacy | Scope and Standards of Practice | Q&A

Day 2, 8:00 am to 4:30 pm

Acute Coronary Syndrome

Atherosclerosis | Myocardial Ischemia | Myocardial Infarction | Q&A

Heart Failure

Pathophysiology | Classification and Staging | Diagnosis | Patient Management | Discharge Planning | Q&A

Lunch 12:00 pm to 1:00 pm

(continued)

Valvular Heart Disease

Normal, Abnormal Heart Sounds | Murmurs and Murmur Grading | Aortic Valve Disease | Mitral Valve Disease | Q&A

Diseases of the Aorta

Anatomy | Aortic Aneurysm and Rupture | Aortic Dissection | Q&A

Peripheral Vascular Disease

Intermittent Claudication | Critical Limb Ischemia | Acute Limb Ischemia | Medical-Surgical Management | Management of Complications | Chronic Venous Insufficiency | Deep Vein Thrombosis | Treatment: Anticoagulants and Antiplatelets | Q&A

Acute Cardiovascular Emergencies

Blunt Cardiac Injury | Sudden Cardiac Arrest and Death

Special Situations

Race, Ethnic, Gender and Cultural Considerations | Comorbid Conditions | Specific Nursing

Cardiac Vascular Pharmacology Updates

Inotropes | Vasodilators | Anti-Dysrhythmics | Adrenergic Group | Calcium Channel Blockers |Anticoagulants and Fibrinolytics | Diuretics

Test-Taking Strategies and recap/evaluation

Accreditation

RN: 13.5 Contact Hours

Includes 2 Pharmacology Contact Hours

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Membership Benefits

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Medical-Surgical Nursing Exam Review Webinar

Tuesday, Aug 23rd, 2022 and Wednesday, August 24th, 2022 San Antonio, TX



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Agenda

Medical Surgical Nursing Exam Review Webinar

Sign-in begins at 7:30 am.

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Day 1, Tuesday, Aug 23rd 8:00 am to 4:30 pm CST

- ANCC vs. MSNCB
- Cardiovascular
- Pulmonary
- Neurological Disorders
- Musculoskeletal
- Behavioral Disorders
- Legal and Ethical Considerations

Day 2, Wednesday, Aug 24th 8:00 am to 4:30 pm CST

- Immunological and Hematological
- Endocrine Disorders
- Renal and GU Disorders
- Gastrointestinal Disorders
- Multisystem Disoders
- ANCC and MSNCB Exam Blueprints
- ANCC Domains of Nursing Practice
- Test-Taking Strategies

Accreditation

RN: 14 Contact Hours Includes Pharmacology 1.5 Contact Hours



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Speaker

Sam Merchant, MBA, CCRN, RN-BC, PCCN,RN-BC.

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Course Overview

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processes including signs and symptoms and treatment modalities will be presented. The nursing process and nursing practice roles in the management of patient care will be discussed through case scenarios and sample questions. All aspects of the Practice Domains will be addressed at the end of Day 2 and strategies for test-taking will also be covered.

Program learning Outcomes : This program prepares the learner to:

- Gain an in-depth knowledge of the pathophysiology of disease states in the medical and/or surgical patient as well as current management strategies.
- Gain the confidence to pass a medical-surgical exam.

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