

Post-Operative Instructions for a Crown



After your crown placement has been completed, it is important to follow these care instructions to ensure the long-term success of your new restoration.



Immediately after your procedure, it is important to avoid eating or drinking until the anesthesia has worn off to prevent possible injury to your lips, tongue, and cheeks.



For the first 24 hours after your crown placement, you should avoid eating hard, chewy, or sticky foods to allow the adhesive holding the crown to set properly.



Your gums may be sore for up to 3 days following the procedure; you can rinse with warm salt water three times per day to help reduce pain and swelling. You can take an over the counter pain reliever as well if needed.



It is normal for you to experience some sensitivity to pressure, heat and cold in the weeks following your crown placement. This should pass as your mouth adapts to the new restoration.



Your finished restoration may be shaped slightly different than your original tooth. Your tongue may magnify these slight differences but, you will become accustomed to them within a few days.



Daily home care will increase the longevity of your new restoration. You should resume regular brushing and flossing immediately to keep the crown and supporting teeth free of plaque buildup and decay.



If your bite feels uneven, or if you experience persistent pain or sensitivity outside of the norm after your restoration is placed, it is important to contact your doctor's office for assistance.