

**Katie M. Heiden-Rootes, PhD, LMFT**  
**AUTHORIZATION FOR EXCHANGE OF INFORMATION**

***I understand that:***

- I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain treatment or payment
- I may cancel this authorization at any time by submitting a written request to Katie Heiden-Rootes, PhD, LMFT except where a disclosure has already been made in reliance on my prior authorization, so if I revoke this authorization after a disclosure is made, it will not have any effect on actions taken by Katie Heiden-Rootes in reliance on it before I revoked it.
- The information released may be subject to release by the person(s)/agency receiving it and no longer protected by the federal privacy regulations. If the person of facility receiving this information is not a health care or medical insurance provider covered by privacy regulations, the information stated above could be redisclosed.
- Release of HIV-related information requires additional information.
- If the medical record information is not sent to another care provider, there may be a charge of the requested records.
- A photocopy (or fax) of this authorization will be treated in the same manner as the original.
- This release expires in one year unless otherwise noted below.

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

I authorize Katie Heiden-Rootes, PhD, LMFT to receive information from ☐ and release information to ☐:

Agency: \_\_\_\_\_ AND Individual Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

The following information will be released ☐ verbally and/or in ☐ writing (Check boxes that apply):

☐ All Records and Ongoing Communication OR

- ☐ Diagnostic Report
- ☐ Treatment Plan
- ☐ Progress Report
- ☐ School Records
- ☐ Testing Results

- ☐ Medical History
- ☐ Case Records
- ☐ Family History
- ☐ Referral
- ☐ Reproductive Records

- ☐ Psychological/  
Psychiatric Evaluation
- ☐ Ongoing consultation
- ☐ Discharge Summary

☐ Other: \_\_\_\_\_

This release is required for the purpose of (Check boxes that apply):

- ☐ Coordination of services
- ☐ Planning appropriate treatment
- ☐ Social service involvement

- ☐ Continue/ follow-up care
- ☐ Case review
- ☐ Reunification Services

- ☐ Legal/Court involvement
- ☐ Other: \_\_\_\_\_

One-time Use/Disclosure: I authorize the one-time use or disclosure of the information described above to the person/provider/organization/facility/program(s) identified.

**My authorization will expire:**

- ☐ When the requested information has been sent/received.
- ☐ 90 days from this date.
- ☐ Other: \_\_\_\_\_

Periodic Use/Disclosure: I authorize the periodic/ongoing use/disclosure of the information described above to the person/provider/organization/facility/program(s) identified as often as necessary to fulfill the purpose identified in this document.

**My authorization will expire:**

- ☐ 60 days after I am no longer receiving services from Katie Heiden-Rootes, PhD, LMFT to allow for discharge documents to be generated and released.
- ☐ One year from this date.
- ☐ Other: \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_