

# Heartsaver Multi-Student Checklist



## Heartsaver – First Aid

### Students

Student 1		Student 6	
Student 2		Student 7	
Student 3		Student 8	
Student 4		Student 9	
Student 5		Student 10	

Heartsaver Checkoff testing: Maximum of 6 per session.

## First Aid – Page 1 of 2

Insert P (Pass) NR (Needed Remediation).

Student Number	1	2	3	4	5	6	7	8	9	10
<b>CRITICAL PERFORMANCE STEPS</b>										
<b>Removes gloves.</b>										
Instructor tells student, <i>“EMS has arrived and takes over. You may now remove your gloves.”</i>										
<b>Removes gloves by gripping one glove on the outside near cuff, peeling off, turning inside out.</b>										
<b>Cups inside-out glove with gloved hand.</b>										
<b>Uses 2 fingers of bare hand near cuff to peel off second glove w/ first glove inside of it.</b>										
<b>Verbalizes need to dispose of gloves properly.</b>										
<b>Finding the Problem.</b>										
Instructor tells student, <i>“You will demonstrate finding the problem for a person who is sick or injured. The person will act and respond as a person who is actually sick or injured. You find a coworker lying on the floor. You may begin.”</i>										
<b>Verbalizes scene is safe.</b>										
<b>Verbalizes putting on gloves.</b>										
<b>Checks for response – tap and shout</b>										
If the sick/injured person does not act accordingly, instructor tells student, <i>“The person does not move or respond in any way when you tap or shout.”</i>										
<b>Tell someone to call emergency response number (911) and get an AED.</b>										
<b>Checks for no breathing or only gasping.</b>										
Min. 5 secs.; max. 10 secs. If student indicates the person is not breathing, instructor corrects student by saying, <i>“The person is breathing.”</i>										
<b>Looks for obvious signs of injury.</b>										
<b>Verbalizes checking for medical identification jewelry.</b>										

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

<b>INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES</b>		
Instructor Name:	Instructor Signature:	Date:

# Heartsaver Multi-Student Checklist



## Heartsaver—First Aid

### First Aid – Page 2 of 2

Insert P(Pass) NR(Needed Remediation).

Student Number	1	2	3	4	5	6	7	8	9	10
<b>CRITICAL PERFORMANCE STEPS</b>										
<b>Using an Epinephrine Pen.</b>										
Instructor tells student, <i>“A coworker is having a severe allergic reaction, has an epinephrine pen, and needs help using it. You have completed all previous steps and are now ready to use the epinephrine pen. Show the steps for using the epinephrine pen.”</i>										
Holds epinephrine pen in fist while not touching either end.										
Removes safety cap.										
Presses epinephrine pen firmly against outer side of person’s thigh, halfway between hip and knee, holds in place for about 10 secs.										
Removes epinephrine pen by pulling pen straight out from leg.										
Rubs injection site for 10 seconds.										
<b>Stopping Bleeding and Bandaging.</b>										
Instructor tells student, <i>“You will demonstrate stopping bleeding and bandaging a small cut on this person’s forearm. You have completed all previous steps, and are now ready to begin.”</i>										
Has the person place pressure over cut with clean dressings while student puts on gloves.										
Verbalizes putting on gloves.										
Applies pressure to bleeding area.										
After about 15 seconds., the instructor tells student, <i>“You can now see blood on the dressing. The bleeding is not stopping.”</i>										
Adds more dressing and presses harder to stop the bleeding.										
If, after about 15 seconds, the instructor tells student, <i>“The bleeding has stopped.”</i>										
Applies a bandage over the dressing.										

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Instructor Name:	Instructor Signature:	Date:

