

## MEETING DATES: THE SECOND SATURDAY OF THE MONTH October 12, November 9, and December 14, 2019 At 10:00AM CST



The Heartland MGA group meets at 10:00AM the second Saturday of each month at Calvary Lighthouse Church, **2941 N. 80<sup>th</sup> Street, Omaha NE 68134.** Calvary is located just north of Maple **on** 80<sup>th</sup> Street.

aturday, September 14, 2019, the Heartland Myasthenia Gravis Association Support Group met for their regular monthly meeting. There were 13 participants in attendance.

We were pleased to have a new member join us for our September 2019 support group meeting. Pat was diagnosed with Myasthenia Gravis within the last year and sought out our support group as a means of dealing with her disease. Keith was kind enough to give her a ride up from Lincoln.

As is custom, each person in our group introduced themselves to Pat, gave her a brief history of their illness, and described what medication, if any, they are taking. We had two members present at our meeting who are in remission and off all MG medication. Yay!

Keith reported that he is doing well with the RA Pharmaceutical clinical trial on Zilucoplan, a daily sub-cutaneous injection.

Due to a lack of time, the support group was unable to discuss several topics noted in the August newsletter.

The topic of moving the Heartland MGA Support Group meeting for November to November 16, 2019 so members could attend the KC annual meeting was briefly addressed and tabled for further discussion in the October meeting. Dianna will obtain more information from Allison Foss on the specifics of the Kansas City MGA annual meeting.

Please join us Saturday, October 12, for an educational program about generalized Myasthenia Gravis (gMG). The program is courtesy of Alexion and the speaker, Dr. Gaurav Guliani, is a neurologist in Saint Paul, Minnesota and is affiliated with multiple hospitals in the area.

If you haven't already, please let Dianna know if you are planning on attending the October 12<sup>th</sup> meeting.

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