

August 12, September 9, and October 14, 2023



The Heartland MGA group's scheduled time and place to meet is 10:00 AM, the second Saturday of each month at Calvary Lighthouse Church, **2941 N. 80**<sup>th</sup> **Street, Omaha NE 68134.** Calvary is located just north of Maple **on** 80<sup>th</sup> Street. Shelly Gerson

Our meetings take place in the upstairs conference room. Parking is up front (third driveway on the right from the corner of 80<sup>th</sup> and Maple) and enter where the sign says Education Center.

Saturday June 10, 2023, the Heartland Myasthenia Gravis Association Support Group met for their normally scheduled meeting. There were 12 in attendance.

The group welcomed long-time member, Jen Pagel. It had been several years since Jen attended our support group meeting and she updated us on her past and present experience with MG. The members took turns introducing themselves and providing Jen with a brief summary of their own experience, medication, etc. with MG.

Dianna stated she had a zoom call with Ken Bush and Shelly Gerson or argenx. One of them (to be announced) will be attending our August meeting to share information on argenx and how their patient advocacy group can help support us.

Treasurer Cassidy reported there is \$3,420.14 in the treasury.

There were many news articles from Myasthenia.org shared at the Jun support group meeting:

- Increased complement system activation linked to antibodies against AchR in MH
- No link to higher MG risks found with inactivated COVID-19 vaccine
- Review: Respiratory decline in MG may be detected with SBCT Ocular MG symptoms can be eased with immunosuppressants: Study
- Death from MG peaks among teenage boys, older adults in China
- Living with MG means moderate burden, despite treatment: MyRealWorld MG
- MG autoimmune response may be aided by subset of NK immune cells
- Medical costs of MG 4X higher than for general population: Study (Italy)

**Please note:** There will be no support group meeting this month (July).