

May 13, June 10, and July 8, 2023



The Heartland MGA group's scheduled time and place to meet is 10:00 AM, the second Saturday of each month at Calvary Lighthouse Church, **2941 N. 80th Street, Omaha NE 68134.** Calvary is located just north of Maple on 80th Street.

Our meetings take place in the upstairs conference room. Parking is up front (third driveway on the right from the corner of 80th and Maple) and enter where the sign says Education Center.

S aturday April 8, 2023, the Heartland Myasthenia Gravis Association Support Group met for their normally scheduled meeting. There were 8 in attendance.

Because Dianna and Ralph were not present at the March support group meeting, Dianna had several articles from Myasthenia Gravis News to share with the group:

- Ad Scientiam launches program to develop gMG digital biomarkers
- Thymus removal surgery found generally safe for elder MG patients, but risks and benefits should be assessed for patients 65 and older
- MDA 2023: Ultomiris eases gMG patients' symptoms, slows worsening
- MDA 2023: Rozanolixizumab found to work in certain gMG patients
- Risks for post-operative MG crisis identified in non-thymoma patients
- Myasthenic crisis follows anesthesia, failure to disclose generalized MG
- MG patients get advice on how to navigate US healthcare
- Patients on life with MG: Practice self-care but 'don't be afraid' to try things
- Manage MG with hope, a powerful tool, 'remedy for fear: Rosenfeld These articles are shared on the Heartland MGA Facebook page.

Dianna also shard upcoming April webinars:

- April 11 The Power of Medical Records in MG Research
- April 15 MGFA's Southwest Regional Virtual Conference
- April 20- Tal Saves Lives American Foundation for Suicide Prevention

If you missed any of these webinars, you could still view them on MFGA's YouTube site: <u>Myasthenia Gravis Foundation of America Inc. - YouTube</u>

June is MG Awareness month. Make an impact by turning awareness into ACTION!

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