**06 Health policy**

# Aim

Our provision is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. They meet all statutory requirements for promoting health and hygiene and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements.

**Objectives**

We promote health through:

* ensuring emergency and first aid treatment is given where necessary
* ensuring that medicine necessary to maintain health is given correctly and in accordance with legal requirements
* identifying allergies and preventing contact with the allergenic substance
* identifying food ingredients that contain recognised allergens and displaying this information for parents
* promoting health through taking necessary steps to prevent the spread of infection and taking appropriate action when children are ill
* promoting healthy lifestyle choices through diet and exercise
* supporting parents right to choose complementary therapies
* recognising the benefits of baby and child massage, by parents/carers or staff carrying out massage under conditions that maintain the personal safety of children
* pandemic flu planning or illness outbreak management as per DfE and World Health Organisation (WHO) guidance

**Accidents and emergency treatment**

**Person responsible for checking and stocking first aid box:** Setting Lead Assistant

The setting provides care for children and promotes health by ensuring emergency and first aid treatment is given as required.

Parents/carers' consent to emergency medical treatment consent on registration.

* At least one person who has a current paediatric first aid (PFA) certificate **must** always be on the premises and available when children are on the premises and must accompany children on outings, [or all staff are paediatric first aiders], who regularly update their training. We take into account the number of children, staff, staff breaks and the layout of our setting to ensure that a paediatric first aider is always available and can respond to emergencies.
* First Aid certificates are renewed at least every three years. In line with the EYFS, all staff who obtained a level 2 and/or level 3 qualification since 30 June 2016 must obtain a PFA qualification within three months of starting work to be counted in ratios.
* All members of staff know the location of First Aid boxes, the contents of which are in line with St John’s Ambulance recommendations as follows:
* 20 individually wrapped sterile plasters (assorted sizes)
* 2 sterile eye pads
* 4 individually wrapped triangular bandages (preferably sterile)
* 6 safety pins
* 2 large, individually wrapped, sterile, un-medicated wound dressings
* 6 medium, individually wrapped, sterile, un-medicated wound dressings
* a pair of disposable gloves
* adhesive tape
* a plastic face shield (optional)
* No other item is stored in a First Aid box.
* Vinyl single use gloves are also kept near to (not in) the box, as well as a thermometer.
* There is a named person in the setting who is responsible for checking and replenishing the First Aid Box contents.
* A supply of cold packs are kept in the fridge.
* For minor injuries and accidents, First Aid treatment is given by a qualified first aider; the event is recorded in the setting’s Accident Record book or digital recording system. Parents/carers may have a photo-copy of the accident form on request.
* In the event of minor injuries or accidents, parents/carers are normally informed when they collect their child, unless the child is unduly upset, or members of staff have any concerns about the injury. In which case they will contact the parent for clarification of what they would like to do, i.e. collect the child or take them home and seek further advice from NHS 111.

**Serious accidents or injuries**

* An ambulance is called for children requiring emergency treatment.
* First aid is given until the ambulance arrives on scene.
* Parents/carers are contacted and informed of what has happened and where their child is being taken to.
* The setting manager arranges for a taxi to take the child and carer to hospital for further checks, if deemed to be necessary.

**Recording and reporting**

* In the event of a serious accident, injury, or serious illness, the setting lead notifies the Directors as soon as possible.
* If required, a RIDDOR form is completed; one copy is sent to the parent/carer, one for the child’s file and one for the local authority Health and Safety Officer.
* The directors are notified by the setting manager of any serious accident or injury to, or serious illness of, or the death of, any child whilst in their care to be able to notify OFSTED and any advice given will be acted upon. Notification to Ofsted is made as soon as is reasonably practicable and always within 14 days of the incident occurring.

**Oral health**

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

* Fresh drinking water is always available and easily accessible.
* Sugary drinks are not served.
* Only water and milk are served with morning and afternoon snacks.
* Children are offered healthy nutritious snacks with no added sugar.
* Parents/carers are discouraged from sending in confectionary as a snack or treat.

**Pacifiers/dummies**

* Parents/carers are *advised* to stop using dummies/pacifiers once their child is 12 months old.

Dummies that are damaged are disposed of and parents/carers are told that this has happened

**Sun Protection**

At pre-school we want the staff and children to enjoy the sun safely. We will work with staff and parents to achieve this.

It is the responsibility of each parent/carer to apply sun screen to their child before bringing them to pre-school. We will have a high factor sensitive sun cream available in pre-school to be reapplied throughout the day. Parents must sign to consent to their child using our sun cream.

We will actively encourage all children to wear a sun hat when playing outside. We have a canopy to provide shelter and shade across a small part of the play area.

We will talk about the sun and its effects on us on a regular basis.