

I can clean too!

Age 2-3

- Put toys away**
- Stack books on shelves**
- Throw dirty laundry in hamper**
- Put trash in the garbage and recycling bins**
- Fetch diapers and wipes**
- Wipe up spills**
- Put laundry away in drawers**
- Arrange stuffed animals on the bed**
- Stir recipe ingredients in a bowl**

Age 4-5

- Feed pets**
- Make bed**
- Tidy up bedroom**
- Water plants**
- Set and clear the kitchen table**
- Prepare simple snacks**
- Match clean socks**
- Rake leaves**
- Dust furniture**
- Clean windows and mirrors**
- Choose what to wear**
- Bring belongings in from the car**
- Replace toilet paper rolls**

Age 6-7

- Fold laundry**
- Help weed the garden**
- Peel vegetables**
- Prepare salads**
- Wash dishes**
- Unpack backpack and lunch box**
- Put groceries away**
- Clean the microwave oven**
- Sweep floors**
- Get the mail**
- Pour breakfast cereal and make toast**

Age 8+

- Load and unload the dishwasher**
- Hang and fold clothing**
- Make sandwiches**
- Cook scrambled eggs**
- Bake cookies, with supervision**
- Take dog for a short walk**
- Clean up after pets**
- Vacuum**
- Mop floors**
- Organize linen closet**
- Take garbage to the curb**





A series of ten horizontal lines for writing, each starting with a small circle on the left. The lines are colored as follows from top to bottom: light red, yellow, light orange, orange, light green, green, light blue, blue, purple, and pink.