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Limits of Confidentiality

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without written consent of the client or the client's legal guardian. Noted exceptions are as follows:

- **Duty to Warn and Protect**
When a client discloses intentions or a plan to harm another person, I am required by law to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, I am required to notify legal authorities and make reasonable attempts to notify the family of the client.
- **Abuse of Children and Vulnerable Adults**
If a client states or suggests that he or she is abusing a child (or a vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, I am required to report this information to the appropriate social service and/or legal authorities.
- **Minors/Guardianship**
Parents or legal guardians of a non-emancipated minor clients have the right to access the clients' records.
- **Insurance Providers**
Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes types of services, dates/times of services, diagnosis, treatment plans and progress of therapy, case notes and summaries.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Client Signature

Today's Date

(Client's Parent/Guardian if under 18)

Today's Date