



## DID YOU KNOW...



UNBOXED TRAINING SOLUTIONS  
*A New Generation of Training*

[www.unboxedok.com](http://www.unboxedok.com)

stress can **reshape** your brain...

sleeping in a cold room increases your chance of having a **nightmare**...

and **91%** of the time someone writes LOL, they are really not laughing?



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## ABOUT US

Our mission is to inspire and enable dreams through innovative training and problem-solving one relationship, one client, one idea at a time.

Our vision is to serve as the missing link for organizational capacity building, community mobilization, and servant leadership, which improves the quality of life.

Our core value include: innovation, empathy, stewardship, diversity, leadership, fun, and excellence.

Our skilled team of experts include over 100 years of experience in education, training, and project management. Unboxed was founded in 2010 when a need arose to assist businesses and organizations with strategic planning, project management, and innovative solutions for organizations. Our approach is more than just thinking “outside of the box,” but also “unboxing” current challenges to determine the best possible solution.

**Plus, brainstorming and idea consultations are always FREE!**

*Explore*

*Manage*

*Learn*

*Organize*

"We make sure your audience knows what you need them to know... and can do what you need them to do."

**Unboxed Training Solutions, LLC**

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### PARTIAL COURSE CATALOG - PERSONAL INTEREST

PERSONAL DEVELOPMENT, INDIVIDUAL & FAMILY

**REF**

**SKU**

**Break Through Your Clutter in 5 Easy Steps**

Research has proved that hoarding and clutter can be listed as a psychological disorder. This course will help you reduce the need for keeping things and focus on simplifying your life and stress!

PID

4020

**Container Gardening**

Herbs and lettuce need at least a couple hours of good sun per day; tomatoes need full sun. Fill the container with 2-4 inches of compost soil. If you're planting sprouts, make sure to give them a few inches of space around the roots. Learn everything you need to know about gardening - even if you can't do it in your backyard!

PID

4030

**Family Feud: Financial Game Show Edition**

This spin-off of the classic family favorite game show pits families against one another to find out just how much they know about personal finance. The game is structured to be a learning to help everyone in the family learn basics of personal finance. You'll be surprised what our survey says!

PFD

4003

**Genealogy: Building Your Family Tree**

Genealogy also known as family history, is the study of families and the tracing of their lineages and history. Most people just don't take the time to sit down and get help building their tree. This course is designed to help you trace your history and lineage.

PID

4040

**How to find Work from Home Jobs to make Extra Cash**

The job industry has transformed throughout the last twenty years. There are many options to work from home as long as you have a dedicated telephone and internet source. This course will refer you to the top websites to find these jobs and will teach you the skills needed to be successful.

PFD

4008

**The Big Guide to Personal Finance**

We've been teaching personal finance for decades. This course will help you understand budgeting, banking and financial institutions, credit, and planning for future financial success. We'll spend time discussing impulse buying, student loans, debt-to-income ratios, and everything you need to get you personal financial life in order.

PFD

4002

**The Big Toolkit for Event Planning: Weddings, Birthdays, and Everything In-Between**

Event planning brings out the best and worst in everyone. Just watch an episode of "Bridezillas." Our experienced team has over sixty years of experience in planning events. Whether your audience is 10 or 10,000, we can provide tools and formulas to make you look like a seasoned professional.

PID

4050