

NEW YORK STATE
OFFICE OF CHILDREN AND FAMILY SERVICES
SAMPLE MENU TEMPLATE

Program Name: Grow A Child Cgildcare Infant Menu week 1 **Facility ID Number:** 862682 **Week (check one)** ☒ 1 ☐ 2 ☐ 3 ☐ 4

Authorized Reviewer Name: Infant **Signature:** _____ **Date:** ____/____/____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Iron fortified Infant Cereal Avocados *	Greek yogurt mixed berries *	Infant oatmeal applesauce *	cottage cheese pineapples*	Sweet potatoes Iron Fortified Cereal *	*Infants are offered Parents Choice Iron Fortified Gentle Formula	
AM Snack							
Lunch	hummus peas *	chicken diced pears *	catalini beans mangos *	homemade meatballs (beef) pineapple *	tuna diced apples *		
PM Snack	cheerios bananas *	toast blueberries *	WG rice Peaches *	pasta cooked carrots *	Cheerios strawberries *		
Supper							

***Only for Day Care Centers** Menus for Day Care Centers must be reviewed and signed by an authorized reviewer who has one of the following qualifications: (check the box to indicate the qualifications held by the reviewer).

☐ a federal CACFP Program Specialist responsible for reviewing and approving menus

☐ a person who has a Bachelor's or Master's degree with a Major in Food and Institutional Management or a closely related field

☐ has completed a Dietician Internship

☐ certified as a Registered Dietician or has an equivalent state certification

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Program Name: Grow A Child Childcare Too Facility ID Number: 862682 Week (check one) ☐ 1 ☒ 2 ☐ 3 ☐ 4
 Authorized Reviewer Name: _____ Date: _____ / _____ / _____
 Signature: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Iron Fortified Rice Cereal bananas *	Iron Fortified Oatmeal Applesauce *	hard boiled eggs mandarin oranges*	Iron fortified cereal diced apples *	yogurt strawberries *	*Iron fortified parents choice gentle formula	
AM Snack							
Lunch	chicken diced pears *	ground beef mixed veggies *	cottage cheese melon *	lentils peaches *	Tuna fish pineapples *		
PM Snack	WG crackers Berries *	banana toast *	cooked carrots wheat Thins *	Kix cereal mangos *	animal crackers applesauce *		
Supper							

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