

Newsletter 2



1st May, 2024

We have now started Term 2 and that means if you haven't already paid your Fees T1 & T2 Fees are now due. If you are unsure of how much you owe please contact Morsy via the club email which is listed below and you will be sent an Invoice. Every Member must pay Club Registration which is \$50 and that can be deposited into the club Bank Account. If you haven't paid Registration, please take care of that ASAP. Also any Member 5 years of age and older must be Registered with our Governing body BJP which is \$99 this also must be done now and the link is below.

<https://bjpphysicalculture.wufoo.com/forms/2024-bjp-member-registration/>

Bank Details are:

BSB - 062 802

Account No: 00902195

Name: Speers Point Physical Culture Club

**Please use your name/child's name
and Fees as the reference**

Anyone depositing money into the bank account please make sure you include your name

**We have had a very busy Term 1
Our amazing Easter Raffle raised \$1600
Then our wonderful Club donated \$400 to
purchase milk for the Soul Café
We then had our Family Fun Night at
Waratah Golf Club where we had our
delicious Pizza & Burgers and loads of fun
Before we knew it School Holidays were here
and the Holiday Clinics were a great hit
So well done to everyone**

**Sunday 12th May is Mothers Day
And we hope all our Beautiful Mum's
Have a wonderful Day**

We now know most of the syllabus and it's time to practice, practice, practice and Stttrrrretchhhhhh!!!! There are videos on all the pages for everyone to follow at home. Remember, you only get out of Physie what you are prepared to put in so lets see how amazing we can be in Term 2

Dates for the Diary

Medal Comp - Sunday 30th June 2-5pm

@ Club Macquarie - Lake Rd Argenton

Speers Point Interclub - Sunday 4th August

@ Whitebridge High School

1 Lonus Avenue, Whitebridge

Wallarah Point Interclub - Sunday 25th August @ Niagara Park Stadium

18 Washington Ave, Niagara Park

Private Lessons

Private lessons are an added service we offer to coincide with you or your child's current physical culture curriculum. A private lesson is a jam packed hour, with one on one help to assist with technique, strength, expression and the current syllabus. In the past, private lessons have shown to improve one's physique in many ways and we have found we gain from the students complete concentration with no distraction. These lessons are not compulsory. To cover the cost of Teachers time and travel expenses, also hall hire, the cost of 1 private lesson per hour is \$25. All outstanding fees and registrations would need to be finalised before booking a private lesson. You are welcome to pool the lesson with another class member/sister to share the cost, providing they are in the same age group. * Please note, there may be another lesson with another teacher happening at the same time, this is to keep the costs to a minimum. This has been done many times in the past, and we have it down to a fine art. The payment for the private lesson would need to be completed 2 days prior to your booking and would be non refundable. If you could not attend your private lesson for any reason, we would be happy to rebook for another time, although a \$15 cancellation fee would apply. If you were to be late to your private lesson, unfortunately, you will lose that time and your lesson will still finish at set time. If you are interested in booking a private lesson, please message your teacher and together you can work out a time slot that suits you both.

**Speers Point Physical Culture Club
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