



### What's been happening in The Inclusion Project?

Welcome to our 4<sup>th</sup> Newsletter. This month, with the Summer Holidays upon us, The Inclusion Project is very busy, with lots of wonderful things going on.

We are having an amazing summer; I can't believe that I am about to look to the next half term - October Half Term - October 23rd to October 27th.

All of The Inclusion Project regular sessions will still be running as usual and we will be running special day trips out for anyone that would like to get involved or for those who want to participate on an additional day to their regular day.

If I do not hear anything from you, then I will assume that the Participant in question will be attending their regular session.

I will list the trips that we will be facilitating through the October Half Term and the activity costs.

If you would like to reserve a space, please let me know, and I will book Participants on. Staff that have been assigned to Participants will get in contact with you and will communicate what the pick-up and drop-off times will be, closer to the time. You will be able to find details about each staff member on our website on their staff profiles.

The previous half terms have been really successful and so far we have always become fully booked, so please book early to avoid disappointment.

### **Monday 23rd October - Chessington World of Adventures**

Tickets – £28 - If you purchase your ticket now in advance, please ensure that all tickets are purchased in advance and is with Participants on the day of the event. Please can Participants also bring a form of proof of disability, this will allow for queue skipping passes.

<https://www.chessington.com/booking/day-tickets.aspx#fullPark>

### **Tuesday 24th October - Cinema Day**

Money required - £10 cinema ticket - plus a packed lunch or money for lunch; there will also be time at our social group venue.

### **Wednesday 25th October - Paradise Wildlife Park – Zoo**

Tickets – £17 - You may buy your tickets online at the below link or on the day. <https://www.pwpark.com/tickets>

### **Thursday 26th October – Lego Land**

Tickets – £30 - If you purchase your ticket now in advance, please ensure that all tickets are purchased in advance and is with the participant on the day of the event. Please can the participant also bring a form of proof of disability, this will allow for the staff member to enter for free and will allow for queue skipping passes. <https://www.legoland.co.uk/tickets-and-passes/online-tickets/>

### **Friday 27th October - Social Group Day**

This day will be at our social group venue where we will be cooking in our kitchen and enjoying social activities such as games, arts and crafts, movies and social games. Participants will need £3 for cooking ingredients and £4 for the venue hire.

We will be running our standard timetable throughout **the summer** - please let us know if you would like to book any dates.

We are also now open to take new bookings for **September** too.

If you have any questions please do not hesitate to contact me or Sue, our new Secretary; and I look forward to another active half term.

*Simon Jackson-Turner, The Inclusion Project Founder and  
Managing Director.*



# What's been happening in The Inclusion Project Barnet and Enfield with Peter Seymour?

## This month's newcomers

*We welcomed Darius and Zara to the Inclusion Project this month. Darius met superman with Michal and John (see below).*



You never know who you are going to meet in Tesco.



Gary with Maaz and David at the RAF Museum in Hendon

## Getting out and about



Zara on her first day, with John, Leila and Charlotte.



Is it basketball or cricket? In Epping Forest..

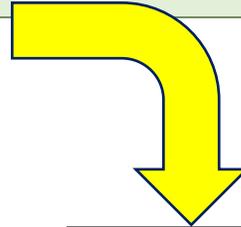


Picnic on Hampstead Heath.



A hard morning's work in the gym at Barnet/Cophall

Then time for a rest before lunch and then..



An afternoon at Finchley Bowl.



**Congratulations to Simon Hathaway on his Wedding!**

Simon was married to the beautiful Nicole on Saturday 29<sup>th</sup> July 2017; Best wishes for all future happiness together, from all at The Inclusion Project.



Simon is also now an Area Franchisee for The Inclusion Project Broxbourne and is doing a fabulous job for his Participants.





**Special Olympics**



**SPECIAL OLYMPICS  
GB NATIONAL GAMES  
SHEFFIELD 2017**



Some of our Participants are off to Sheffield for the Special Olympics this week - Michael McKinlay, Daniel Large, Daniel Bernard and Adam Edney are going to compete. Good Luck from all at The Inclusion Project – Bring those medals home!



Come and join The Inclusion Project basketball training

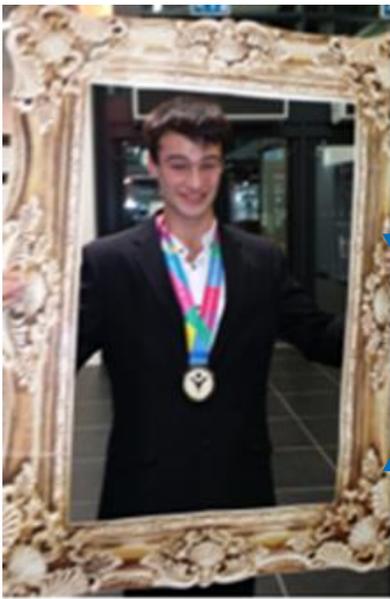
Can you see Daniel?



At the 2015 LA World Special Olympics, Daniel Large, as part of Team GB Basketball squad won Gold Medals for GB. Simon was Coach. The Opening and Closing ceremonies were spectacular, and the atmosphere phenomenal. Stevie Wonder, Avril Lavigne & Michelle Obama were amongst those performing.

### Why Are The Games Important?

- The Games gives [athletes with an intellectual \(learning\) disability](#) the opportunity to achieve and to demonstrate their abilities to the community.
- The event will attract around [2,600 athletes](#) with intellectual (learning) disabilities from across England, Scotland and Wales. Athletes will compete in a variety of [sports](#).
- Through participation in this large national competition, people with an intellectual (learning) disability will acquire the confidence and social and life skills that will help their inclusion in society.
- The games offer people the opportunity to give back to the community and make a difference when coaching, officiating and volunteering at the event.
- Over 4 days of competition 800 coaches and [750 volunteers](#) and 150 officials will take part.
- With over [5,000 family members and friends](#) to in the stands to cheer on and celebrate athletes.



Dan Large won Gold for GB at the LA, USA Olympics in 2015



Develop team work, physical and social skills, and great friendships through Basketball

The Special Olympics Theme Tune from Avril Lavigne

<https://www.youtube.com/watch?v=Moy3pRysP6Y>



The Inclusion Project has gained membership of:

Joining the British Franchise Association involves a rigorous accreditation of a franchisor's history and standards, which is why membership is important for the credibility of any brand that's proud of its model and wants to attract the best franchisees to its network.

Members commit themselves to comply with the terms of the following bfa policies and procedures:

- [The Code of Ethical Conduct](#)
- The Disciplinary Procedure
- The Complaints Procedure
- The Appeals Procedure

Members also agree to comply with the Code of Advertising Practice as published by the Advertising Standards Authority.

Members agree to provide to the Association any non-confidential information relating to their franchise business or relating to the standing and qualifications of its directors, as may be requested by an authorised official of the Association.

Members of the Association also seek to comply with the spirit and intent of the Guidelines to Best Practice as published by the Association.

Full and Associate Members

All Full and Associate members of the bfa must meet four key criteria: that the business is viable, franchisable, ethical and fully disclosed.

These principles underpin the accreditation process before membership is granted. As part of their application, franchisors are expected to demonstrate how they meet these standards and provide evidence of the same, where appropriate.

1. **Viable:** The business will have evidence to show that the product or service is saleable, and at a level that will sustain a franchised network.
2. **Transferable:** There is a means for the transfer of the know-how to a new operator at arm's length, essential if the business is to be franchised.
3. **Ethical:** The franchise is structured and operated in accordance with the ethical principles set out in the European Code of Ethics for Franchising, which covers matters of advertising, recruiting, selecting, and interactions with franchisees. The applicant's franchise agreement is formally assessed.
4. **Disclosed:** All information on the business that is material to the franchise proposition and contract is disclosed without ambiguity to prospective franchisees.

With these checks in place, franchisors can be admitted to membership, providing also that they commit themselves to abide by the Advertising Standards Authority's code of practice and also to the Association's own complaints and disciplinary, appeals and re-accreditation rules.

Franchisors must prove a sustained trading, financial and franchising record over a period of time. The record on openings, as well as their trading and financial performance, is subject to an initial assessment and periodic re-accreditation.

The Inclusion Project is very proud to have gained this recognition and kitemark of excellence.



## What's been happening in The Inclusion Project West Herts with Cameron Greer?

Cameron had a very good meeting with Dacorum; there was 10 other people there including social workers who really like what we have to offer. In particular was a gentleman who is the employment advisor for Work Solutions for Herts County Council. He was told by his manager to go to this meeting to solely meet the person representing The Inclusion Project. He works to find young adults with learning disabilities either work experience or paid work. Something we can benefit from.

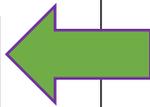
### **The national trade association for the supported employment sector**

Our purpose is to support, promote and develop the principles and provision of [supported employment](#).

BASE aims to:

- Assist people with disabilities by encouraging the provision of support into employment.
- Endorse & promote quality standards in the delivery of Supported Employment.
- Nurture & encourage the setting up of new supported employment services.
- Promote the [training](#) of supported employment personnel throughout the UK.
- Provide regular, detailed information including an advisory & development service to association members.
- Liaise & negotiate with national and international government & non-government organisations to promote the aims of the Association.

BASE is concerned with establishing collective action on national issues that cannot be addressed by individual agencies and members alone. As a priority, the Association has helped to develop [National Occupational Standards](#) for Supported Employment. We want to see better quality support available to everyone who needs it.



**base**

British Association for Supported Employment

The Inclusion Project is now a member of BASE: The British Association for Supported Employment. Through our membership we aim to develop our progressions routes into Work Experience, Voluntary Work and Employment for our Participants.

### **Welcome Rory!**

Congratulations to Cam Greer on becoming a Dad! His beautiful baby son, Rory was born on 25<sup>th</sup> June.



It's A Boy!

## We'd like your views on proposals to create a Hertfordshire Family Centre service



Hertfordshire County Council are proposing to create a Family Centre service across Hertfordshire comprised of children's centres, health visiting and school nursing.

To find out more and to have your say visit

[www.hertfordshire.gov.uk/familycentreconsultation](http://www.hertfordshire.gov.uk/familycentreconsultation) before 20 September 2017.

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## Have your say on Hertfordshire NHS services

Hertfordshire Clinical Commissioning Groups are asking people for their views on a series of proposals designed to make best use of the money available to the local NHS, while helping as many people as possible to live healthier, longer lives and avoid preventable illnesses.

You can view their consultation documents and give your views by visiting:

[www.healthierfuture.org.uk/nhsletstalk](http://www.healthierfuture.org.uk/nhsletstalk) before 14 September 2017.

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## How else can you get involved?

- To keep up to date with consultations that are currently being undertaken by Hertfordshire County Council and to take part, please visit our [online consultation portal](#)
- [Join Hertfordshire's Citizens Panel](#) - our panel of 1,600 Hertfordshire citizens who we consult for their views on how we should deliver our services.

Please let us have articles, ideas, news, and information sharing, from Participants and Parents / Guardians / Account Holders: Please send them to Sue at [inclusionprojectsue@gmail.com](mailto:inclusionprojectsue@gmail.com):

Sue Bentley is our new Appointments Secretary and Group Leader Manager; we are very pleased to have Sue with The Inclusion Project. She comes with a wealth of experience gained from working at Hertfordshire County Council in a range of departments, and from a background of working in social care, pastoral and education sectors. Sue is also going to be looking after our Facebook Page and so any articles, pictures, news can be sent to Sue.

*Sue Bentley*





# #StopSleepInCrisis

## We need your support.

Government changes to 'sleep-in' payments are threatening to take away vital support from thousands of disabled people. This support allows them to live a safe and independent life in the community.

The care sector has been landed with a massive **£400 million bill** and many providers now face bankruptcy. **This could mean the end of social care as we know it.**

We are asking the Government to urgently commit to paying this bill as the sector cannot afford it. Government caused this problem only they can fix it.

**Please sign this petition to the Prime Minister and help keep vulnerable people safe.**

First Name \*

Sign up with Mencap to protest #StopSleepInCrisis

<http://e-activist.com/ea-action/action?ea.client.id=78&ea.campaign.id=74791&ea.tracking.id=web>

## "No one recognises my vulnerability"

64% of autistic people told us they avoid the shops. We're launching a week to change this. **The National Autistic Society's Autism Hour** will take place in shops and services on your high street in the first week of October. [Sign up to attend and find out more now.](#)

**"I rarely ever go shopping any more as I find myself panicking when I am trying to make myself understood. The worst places for me to visit are supermarkets and shopping centres, due to the bright fluorescent lighting, claustrophobic feeling, noise and strong smells of perfume in department stores. This causes me confusion and shut downs where the only thing I have on my mind is that I want to get out of the place. Because I am an older adult who got diagnosed with autism when I was 51, no-one recognises my vulnerability."** – Autistic adult

It's time to turn a world of too much information into a world that's autism-friendly. Last weekend, [The Sunday Times](#) and [The Independent](#) reported on **The National Autistic Society's Autism Hour** – and why we're asking shops and businesses to spend 60 minutes taking the steps that we know make the biggest impact.

## What will it be different during The National Autistic Society's Autism Hour?

Our partner, shopping centre owner intu, will launch **The National Autistic Society's Autism Hour** in all their shopping centres at **10am on 2 October**. A week of Autism Hours will follow – and a week of autism understanding. Clarks shoe shop and Toys R Us will be taking part. And this is just the beginning.

Want to know more about **The National Autistic Society's Autism Hours** happening in your area?

[Sign up to attend Autism Hour >](#)

By [signing up to attend](#), we will keep you updated when new shops and services on your high street get involved, so you can plan your visits.

Best wishes,  
Tom  
Head of Campaigns



**The National Autistic Society**

**Until everyone understands**

Thank you to **Pamela Reitemeier** (Inspirational Parent of our wonderful Participant, Jacob) for passing on the information above about The National Autistic Society's Autism Hour; sign up!

[https://act.autism.org.uk/ea-action/action?ea.client.id=10&ea.campaign.id=75022&utm\\_source=The%20National%20Autistic%20Society&utm\\_medium=email&utm\\_campaign=8523028\\_Segment%203%20TMI%20Autism%20Hour%20eshot%20270717&dm\\_i=YA3,52OES,KF8OU8,JF8LM,1](https://act.autism.org.uk/ea-action/action?ea.client.id=10&ea.campaign.id=75022&utm_source=The%20National%20Autistic%20Society&utm_medium=email&utm_campaign=8523028_Segment%203%20TMI%20Autism%20Hour%20eshot%20270717&dm_i=YA3,52OES,KF8OU8,JF8LM,1)

## Can you help?



### Volunteering at Mudlarks

**Are you thinking about Volunteering? There are many benefits from volunteering for Mudlarks including the following:**

- **Gaining confidence.** Volunteering can help you gain confidence by giving you the chance to try something new and build a real sense of achievement.
- **Make a difference.** Volunteering can have a real and valuable positive affect on people, communities and society in general.
- **Meet people.** Volunteering can help you meet different kinds of people and make new friends.
- **Be part of a community.** Volunteering can help you feel part of something outside your friends and family.
- **Learn new skills.** Volunteering can help you learn new skills, gain experience and sometimes even qualifications.
- **Take on a challenge.** Through volunteering you can challenge yourself to try something different, achieve personal goals, practice using your skills and discover hidden talents.
- **Have fun!** Most volunteers have a great time, regardless of why they do it.

If you would like to volunteer we have opportunities both at the allotments and in the Garden Café. The allotments are open Monday to Friday 9:30-2:00 and the cafe is open Tuesday to Saturday 9:00-5:00.

[Please get in touch by clicking here](#)

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**News from Dr. Denise Jackson, The Inclusion Project**

*The Inclusion Project Group Leader Review – 100% enjoy their work with The Inclusion Project and feel valued*



Group Leaders said the Impact of The Inclusion Project - Seeing the development of our Participants socially, independently and in confidence.

The Positive things about The Inclusion Project

**Our Group Leaders said the best things about working with The Inclusion Project are:**

I love doing something that I know will make a real difference to people's lives. I love working from home. I love the people I work with who are all caring.

Working with people with learning difficulties and empowering them.

Working with Participants and overall being part of such a great team.

The opportunity to run our groups independently

Supporting Participants to attend varied activities.

Supporting Individuals to gain in confidence.

Feeling appreciated by The Inclusion Project, Participants and families.

The Founder, entire Inclusion Project Team and Participants all work together and get exceptionally well.

Team I work with always help each other out.

Spending time watching Participants grow and make friends, pushing themselves to get fitter...

Making a difference to people's lives.

Providing support to people who need it badly, and getting to see positive changes for them.

Participant centred.

The pleasure you get from watching Participants enjoy themselves.

Providing a service that is changing people's lives.

I feel that I am making a difference to Participants that I work with. This is borne out by the feedback I receive from Parents/Guardians.





## Hertfordshire Evenings with Kerry Kane: News From The Inclusion Project



Hertfordshire Evenings with Kerry Kane: Social Events, A Time to Meet Good Friends, and Share Experiences and make some Memories

### **Saturday August 19<sup>th</sup>- Southend Carnival**

**Get in the carnival spirit with a trip to Southend for their amazing yearly carnival.**

**Cost- spending money for amusements and fish and chips, plus Group Leader fees**

**Pickup- between 3pm and 4pm**

**Drop off- between 10pm and 11pm**

### **Wednesday September 13<sup>th</sup>- Greek Night, Anastasia, St Albans**

**A night at a traditional Greek Taverna with Greek food and dancing!**

**Cost- £15 for meal and entertainment, plus Group Leader fees**

**Pick up- between 5pm and 6pm**

**Drop off- between 10pm and 11pm**

### **Tuesday October 31<sup>st</sup>- Halloween Fancy Dress Disco**

**Fancy dress disco with prizes for the best fancy dress!**

**Cost- £5 per ticket, plus Group Leader fees**

**If you are coming along with your own support then Carers' entrance is free.**

### **Sunday November 5<sup>th</sup>- Hatfield House Firework Display**

**Visit Hatfield House for their amazing firework display! It is a spectacular evening out.**

**Cost- to be confirmed**

### **Wednesday December 20<sup>th</sup>- Christmas Disco**

**Dance the night away with friends at The Inclusion Project's Christmas Disco**

**Venue- to be confirmed**

**Cost- £5 per person, plus Group Leader fees**

**If you are attending with your own support, then Carers' entrance is free**

## **News from Herts NHS Commissioning (and see attachments with this e-mail)**

There are two important public consultation papers which are being launched today in our area.

The consultations are about proposals being put forward by NHS East and North Hertfordshire and NHS Herts Valleys Clinical Commissioning Groups (CCGs), the organisations that plan and fund health services in Hertfordshire.

We are asking people for their views on a series of proposals designed to make best use of the money available to the local NHS, while helping as many people as possible to live healthier, longer lives and avoid preventable illnesses.

The consultations are being launched as Hertfordshire's CCGs face a range of challenges. The number of people who need health service support is increasing and many people are living longer, often with complex conditions. National and local shortages of NHS staff mean that we have to make sure that doctors', nurses' and other specialists' time is used wisely. We also need to encourage people to think carefully about their own wellbeing so that they live healthier lives, avoid preventable illnesses and have the very best chance of recovering well from surgery.

The attached briefing gives more detail about the consultations and some other local health service initiatives that you might be interested in. The consultation documents are also attached. You can view or download the documents and give your views by going to the following web address.

[www.healthierfuture.org.uk/nhsletstalk](http://www.healthierfuture.org.uk/nhsletstalk)

As part of the consultation we are holding a series of public meetings to seek the views of local people on these proposals.

The full series of events are below, please use the link for each location to reserve your place if you plan to attend:

- [Thursday 31 August, 6pm to 7.30pm - Broxbourne: Hertford Regional College, The Springs, EN10 6AE](#)
- [Tuesday 5 September, 7pm to 8.30pm - Letchworth: Mrs Howard Memorial Hall, Norton Way South, SG6 1NX](#)
- [Wednesday 6 September, 6pm to 7.30pm - Welwyn Garden City: Focolare Centre, 69 Parkway, AL8 6JG](#)

If you have any queries about the meetings or need any more information that is not contained in the consultation documents, please feel free to contact us using the details within the briefing document or by replying to this email.

Thank you.

Mark Edwards

Communications & Public Engagement Team

NHS East and North Herts Clinical Commissioning Group

Direct line: 01707 685140

Email: [engagement@enhertsccg.nhs.uk](mailto:engagement@enhertsccg.nhs.uk)

*Please follow us. Like us and comment on our Social Media sites: We want to hear your views!*



[www.inclusionproject.co.uk](http://www.inclusionproject.co.uk)



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@TheInclusionProject



@WeAreInclusion



The Inclusion Project

The  
Inclusion  
Project