



What's been happening in The Inclusion Project?

We have had another busy month at The Inclusion Project; with our number of Participants growing; now at around 230! We have enjoyed receiving Participants' and Parents'/Guardians' feedback on our Edition 1 of the Newsletter, and as result we will print pictures of the authors of the pieces included; and also include a 'Parent and Participant Page' (PPP), where you can share information, e.g. about work experience on offer in local communities, or about social events that our Participants and Parents may be interested in; any information that would be just great to share with our Inclusion Project Community.

In May, we have had our very successful 'Shooting Stars' Variety Show, on the 13th May, hosted by the very talented **Jasmine Knight** and featuring **Emerald's Dance Class** as well.

The evening was well attended and raised £175 that Jasmine is going to put towards a Karaoke machine, and microphone to use on the Monday night 'Shooting Stars' evenings held from 6.30pm to 8pm at Fleetville Community Centre. If you would like to join 'Shooting Stars' and Jasmine, come along and join in the fun.

May Half Term has meant we have had another lovely sun filled holiday time with our Participants visiting Lego Land, Paradise Wildlife Park and Chessington Zoo. The photographs included in this month's edition of The Inclusion Project's Newsletter are testimony to the pleasurable social occasions that our Participants experience with The Inclusion Project. *Simon Jackson-Turner, Managing Director and founder of The Inclusion Project.*



St. Albans News:

The Inclusion Project Recycling Work Experience

...

The Inclusion Project works at Colney Heath (St. Albans, Hertfordshire) Football Club, recycling refuge. Our Participants have an understanding of materials that can be recycled, and where they must be placed in sorting the recyclable from the non-recyclable, and plastics from glass etc. See here for a fabulous video of Damir and George talking with **Cam Walters** about what they enjoy about The Inclusion Project and about their recycling work experience:



IMG_0752.MP4



What's been happening in The Inclusion Project Barnet and Enfield with Peter Seymour?

Peter Seymour, Area Manager for The Inclusion Project Barnet / Enfield

Tosin joined the Inclusion Project and was soon making new friends when she went for a picnic at Scratchwood Open Area one lunchtime.



Summer has arrived at last in Barnet and Enfield

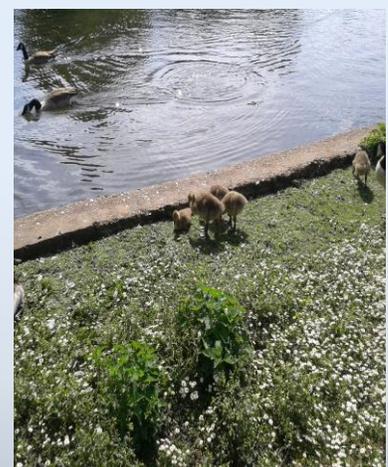


Gary enjoyed a walk by the lake and he saw that it isn't just the Inclusion Project that has some new arrivals!!



Leila Bowling

Michal taking a well-earned rest after a morning of hard labour in the allotment.





Max and Greg risked a soaking on the Rapids at Legoland



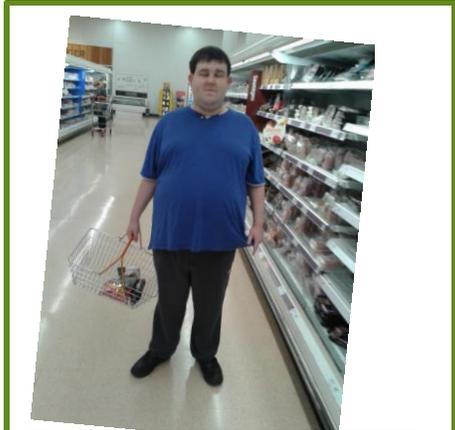
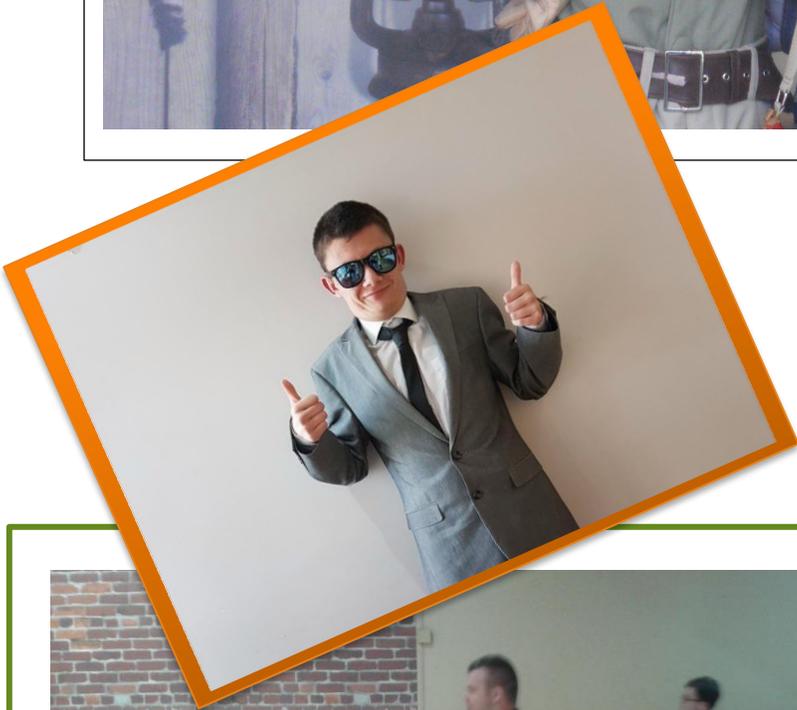
Could this be Spider Man joining the Inclusion Project?? Daniel seems to think so.



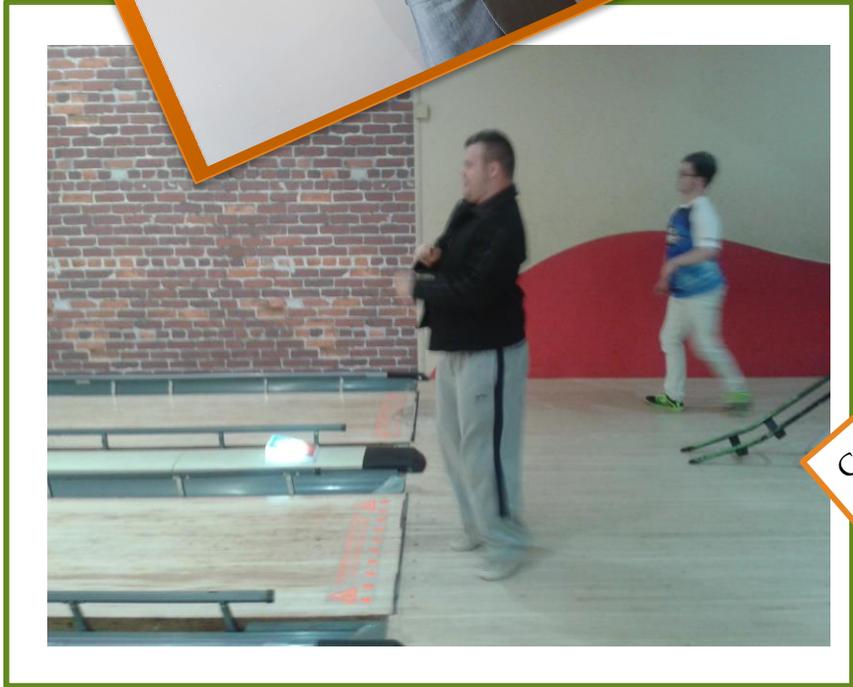
Michal with his friends at Top Golf



Inclusion Project regulars Leila and Michal can't resist stopping for a photo before getting down to the serious business of bowling.



Independence Skills:
Gary Shopping



Gary at
Westminster
Lodge

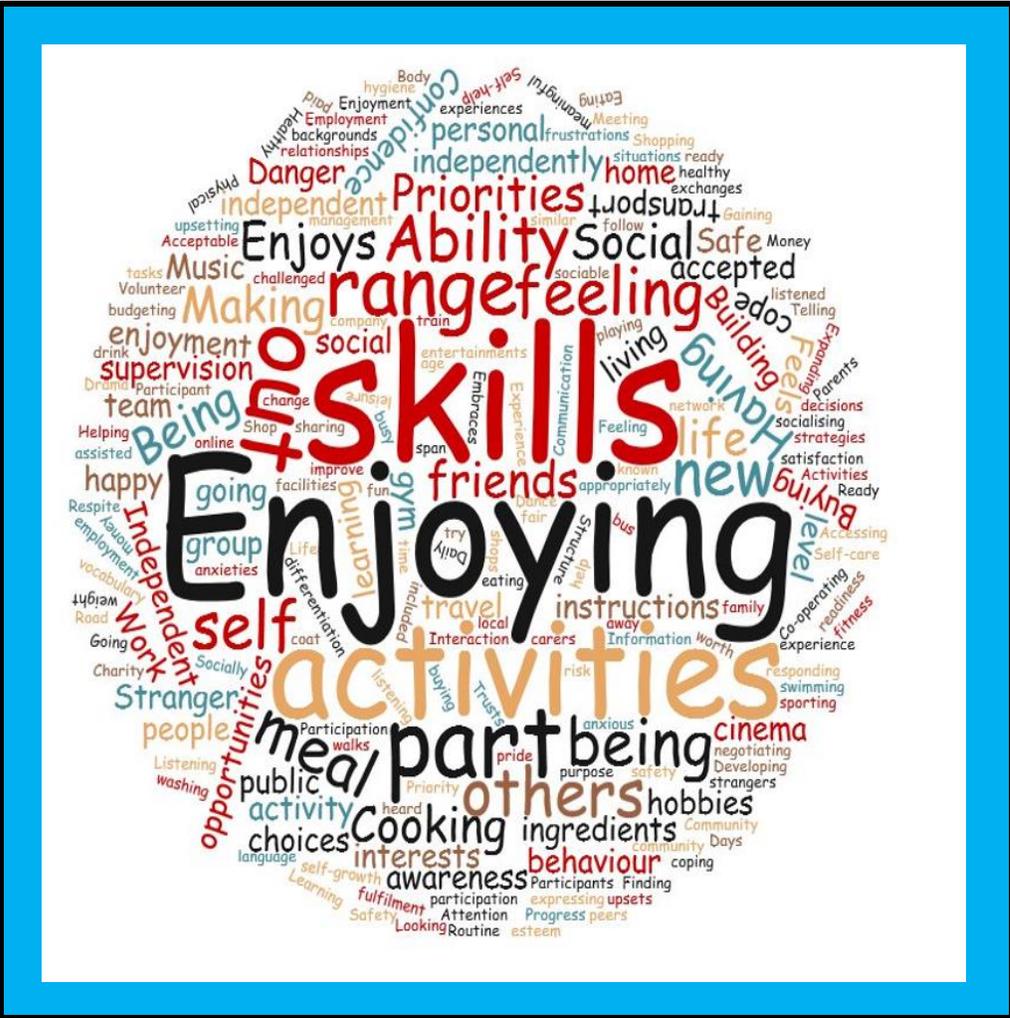




News from Dr. Denise Jackson, The Inclusion Project

Participant Review – 100% Feel Safe at The Inclusion Project; 100% Feel that Group Leaders know them as Individuals

Having fun and making friends and I've got a girlfriend!



Word Clouds highlighting key points from our recent Participant Survey; showing what our Participants like about, and get out of, being part of The Inclusion Project.



Gateway Award FAQs

- **What is the Gateway Award?**

The Gateway Award is an activity based award for people of all ages and ability. People taking part in the award set their own challenges to achieve personal goals and progress to complete the award at their own pace. It's all about experiencing new things, gaining confidence, improving health and wellbeing, meeting new people and having fun. There are three levels to the award; Bronze, Silver and Gold. At each level Participants complete 5 different sections: hobbies, fitness, lifestyle, volunteering and the Gateway Challenge.

- **Where can you do the Gateway Award?**

People enroll on the award at a Gateway Award centre. The centre is responsible for supporting people to complete the Award. Gateway Award Centres can be any number of settings, The Inclusion Project.

- **What activities can be done as part of the Gateway Award?**

A diverse range of activities can be undertaken for each section of the Gateway Award. There is an ideas book which can help Participants come up with ideas for different activities. Please see below for examples of activities for the Gateway Award.

Hobbies Participants select a hobby from one of three sections- arts and crafts, collections or recreation, e.g. a Participant may take part in painting classes over three months developing painting skills either in their own time or as a group in a leisure or learning environment.

Fitness Participants select new fitness activities e.g. taking part in Zumba classes, swimming, table tennis, football and yoga etc.

Volunteering Participants choose a volunteering activity to benefit their community, e.g. volunteering at a leisure club, running a recycling project, doing gardening for a neighbour and volunteering at a local charity shop.

Lifestyle Participants choose new lifestyle topics to learn about, examples include first aid, money, independence and healthy eating

Gateway Challenge Participants identify a challenge and an activity or project to explore - this can be a personal or group challenge, e.g. a personal challenge may plan a trip to a local museum, the planning would include looking into travel to the museum, budgeting for the visit, researching information on the museum and then the challenge would be visiting the museum.

- **How is the award assessed?**

When Participants register for the Gateway Award they are given a bespoke folder split into five sections, where they can store evidence of what they have done.

As they progress, Participants will need to collect evidence of their activities and store this in their portfolio folder. A variety of items can be used as evidence, for example, photos, quotes, leaflets and other objects. A section sign-off form is completed with the Participant, and signed off by the Gateway Award supporter to verify that it is completed. Then one piece of evidence needs to be sent to Mencap. Once this is received, Mencap will send out a certificate for the section. At the end of the level, an end of level form is completed online. Once this is completed, Mencap will issue a level certificate and badge.

- **What are the costs?**

It costs £50 for the enrolment fee each year to register as a Gateway Award centre. A Participant's place costs £21 for an individual to complete the Bronze, Silver or Gold award.

This cost includes:

- A colour printed folder
- Section and end of level certificates and badge
- Moderation and processing by Mencap, & online Gateway Award profile
- Online Resources and Gateway award handbook
- Postage and packing of all materials listed above

Mencap Award with The Inclusion Project

We haven't forgotten you! We have been waiting for Mencap Gateway Award's new online assessment site to be up and operational. Then Participants who wish to take part in the Award will be registered with Mencap Gateway, before receiving your booklets and folder etc. Then we can get going.

How it will work is that Group Leaders at The Inclusion Project will help Participants to gather photographic evidence of the skills they can demonstrate to be included in their online assessment documentation and profile.

If you have had experience of The Duke of Edinburgh's Award, it is rather similar, with the different categories of activities that can be selected. Thank you to those of you who have already paid their Mencap Award £21 joining fee, or who have said that they would like to have it included as an expense with their Direct Payments. If you haven't yet let Denise Jackson know that you'd like to be part of this, there is still time. Let Denise know at: denisejacksontip@gmail.com

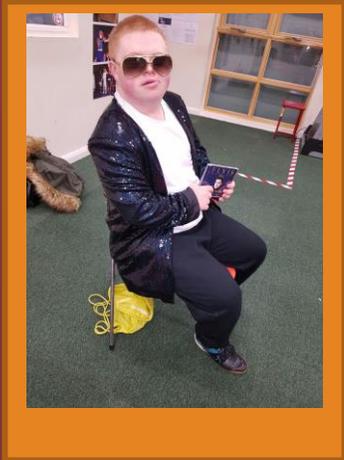
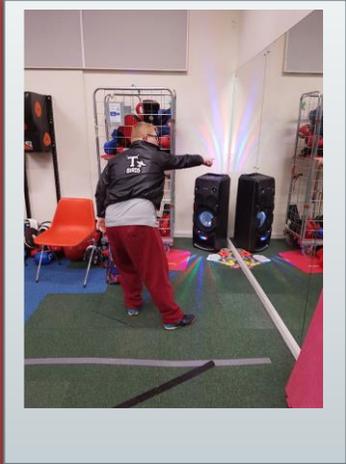


The Inclusion Project Luton and Dunstable



This week The Inclusion Project have visited the University of Hertfordshire's Graduate show, where they were able to view all films that were submitted for 'Visions' at the University, the previous week. The feedback and comments from the Inclusion Project participants were that they really liked the one with the painter who is in love and the one with the old lady and the zombie!







Hertfordshire Evenings with Kerry Kane: Social Events, A time to meet good friends, and share experiences and make some Memories

Monday June 12th- Bowling and Dinner out at Frankie and Benny's

Join your friends for a night of bowling (in Garston) followed by dinner out and social time at Frankie and Benny's Restaurant

Cost- £6.50 for bowling and dinner money, plus Group Leader fees

Pickup- between 4pm and 5pm

Drop off- between 9pm and 10pm

Thursday July 20th- Dog Racing: Henlow Dog Racing

Join us for a night of Live Dog Racing at Henlow dog track and maybe you might pick a winner on the night!

Strictly over 18s

Cost- £10 entrance fee (which includes dinner and race card) plus Group Leader costs

Pickup- between 4pm and 5pm

Drop off- between 9pm and 10pm

Saturday August 19th- Southend Carnival

Get in the carnival spirit with a trip to Southend for their amazing yearly carnival.

Cost- spending money for amusements and fish and chips, plus Group Leader fees

Pickup- between 3pm and 4pm

Drop off- between 10pm and 11pm

Wednesday September 13th- Greek Night, Anastasia, St Albans

A night at a traditional Greek Taverna with Greek food and dancing!

Cost- £15 for meal and entertainment, plus Group Leader fees

Pick up- between 5pm and 6pm

Drop off- between 10pm and 11pm

Tuesday October 31st- Halloween Fancy Dress Disco

Fancy dress disco with prizes for the best fancy dress!

Cost- £5 per ticket, plus Group Leader fees

If you are coming along with your own support then Carers' entrance is free.

Sunday November 5th- Hatfield House Firework Display

Visit Hatfield House for their amazing firework display! It is a spectacular evening out.

Cost- to be confirmed

Wednesday December 20th- Christmas Disco

Dance the night away with friends at The Inclusion Project's Christmas Disco

Venue- to be confirmed

Cost- £5 per person, plus Group Leader fees

If you are attending with your own support, then Carers' entrance is free

What's been happening in The Inclusion Project Welwyn Hatfield with Maggie Hall?



Visit to Aldenham Country Park



We thought we would go to the park to see the animals and have a picnic by the lake. We managed to see all the animals but unfortunately the weather got so cold we ended up quickly eating and going back to the football club. Emily had fun with a Billy goat, who had a cold



Easter Activities

Participants did various fun activities over Easter. One trip was to Thorpe Park. We had a great day.



Volunteer Work

Tree Planting
Heartwood Forest
Participants had the opportunity to plant trees at Heartwood Forest in Sandridge. It was hard work, cold and windy but enjoyable. Participants were pleased that they had done a good deed for the environment.





2017-05-14-VIDEO-00002998.mp4

Click on above - Video clip of our Variety Show

The Inclusion Project

SHOOTING STARS!



2017-05-14-VIDEO-00003019.mp4

Click on above - Video clip of Ashley being James Bond!

DRAMA CLUB

MONDAY EVENINGS

6.30 - 8.00 PM

£5 PER SESSION

Shooting Stars now takes place at Fleetville Community Centre, Royal Rd, St Albans. AL1 4QL

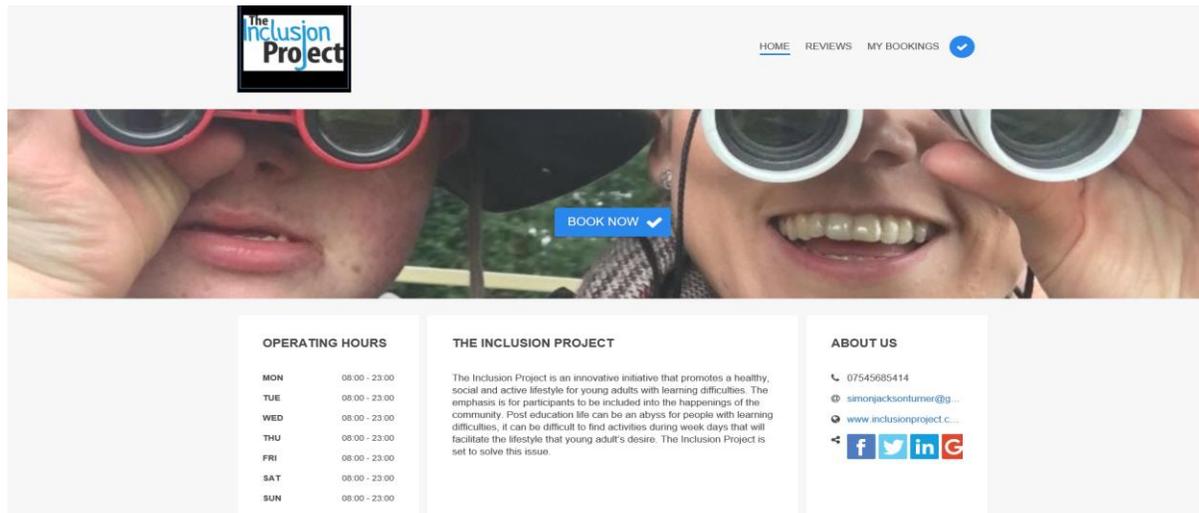
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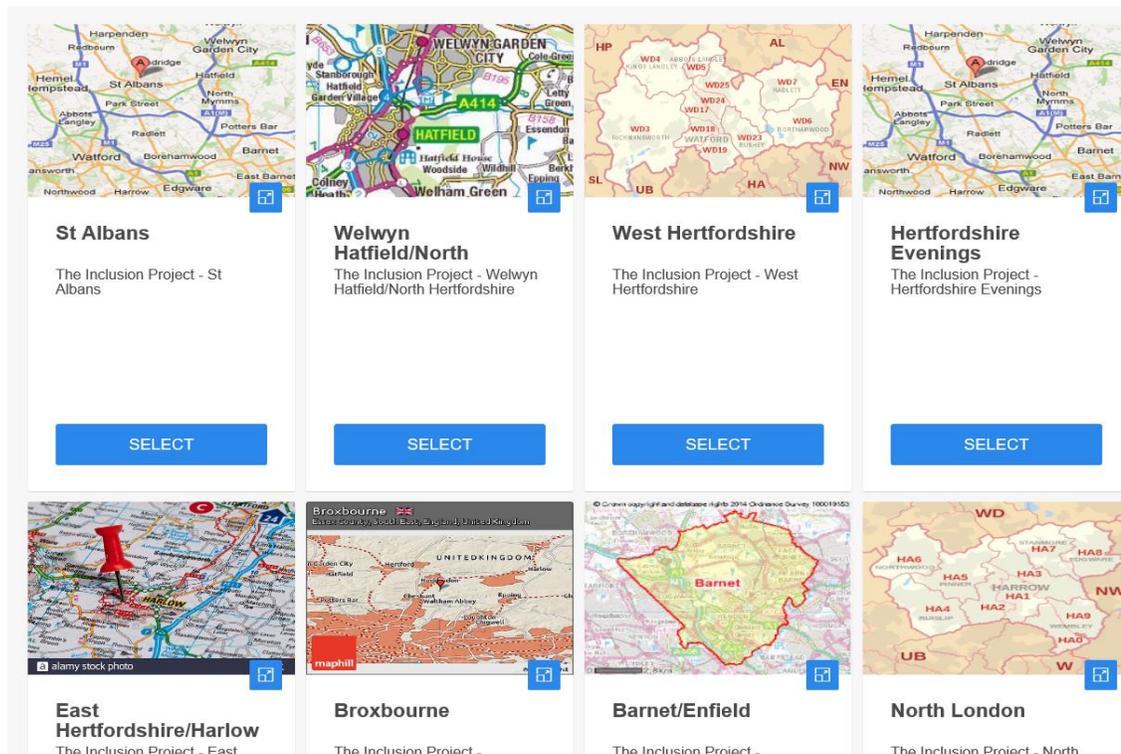
The Inclusion Project has some new software – **Simply Book.me** - an appointments based system.

All of our Group Leaders have access to the system via a PC or Smartphone and when fully operational the system will send you automated email reminders 24 hours before an appointment detailing the Group Leader and the Pickup time.

Also coming soon with **Simply Book.me** will be a Client login via The Inclusion Project Website that will enable you to register for additional sessions online, view your booking history, and leave us feedback, to aid our Quality Assurance processes.



You select your location:



The session types:

OUR TIME: 18:24 (EUROPE/LONDON)

← BACK

The Inclusion Project

- Day Session - Group Session**
The Inclusion Project is an innovative initiative that promotes a healthy, social and active lifestyle for young adults
7 hr.
SELECT
- Day Session - 1:1 Session**
The Inclusion Project is an innovative initiative that promotes a healthy, social and active lifestyle for young adults
7 hr.
SELECT
- Evening Session - Group Session**
The Inclusion Project is an innovative initiative that promotes a healthy, social and active lifestyle for young adults
4 hr.
SELECT
- Evening Session - 1:1 Session**
The Inclusion Project is an innovative initiative that promotes a healthy, social and active lifestyle for young adults
4 hr.
SELECT

And the Group Leader who works in that Location; you can even view the Group Leaders profile:

Bea Chase

Bea Chase

Bea Chase
I have worked in SEN in a variety of roles since 1999 ranging from Teaching Assistant at St Luke's for 9 years, Residential Assistant for the National Autistic Society for 2 years, through to a Grade 1 SEN Teacher for the 4 years preceding joining The Inclusion Project. .

Greg Seymour

James Graham

James Harpum

Jasmine Knight

Catriona McKenna

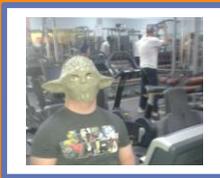
And you can then view any Free slots:

Jun 19 MON	Jun 20 TUE	Jun 21 WED	Jun 22 THU	Jun 23 FRI	Jun 24 SAT	Jun 25 SUN
08:00		08:00	08:00	08:00		08:00
08:15		08:15	08:15	08:15		08:15
08:30		08:30	08:30	08:30		08:30
08:45		08:45	08:45	08:45		08:45
09:00		09:00	09:00	09:00		09:00
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10:30		10:30	10:30	10:30		10:30
10:45		10:45	10:45	10:45		10:45
11:00		11:00	11:00	11:00		11:00
11:15	08:00	11:15	11:15	11:15	08:00	11:15
11:30		11:30	11:30	11:30		11:30

When operational you will be emailed a unique login and password.

The system will also display all your booked appointments.

I will send out more details very soon, providing you with information on how to log in more fully.






2017-04-19-VIDEO-00002447.mp4

Click here for having fun at work video



2017-04-19-VIDEO-00002445.mp4

Click here for allotment work experience video



2017-01-19-VIDEO-00000233.mp4

Click here for boxing training video

News at Our Participant & Parent Page

Send us your news to share with our Inclusion Project Community in our next edition. Please send before the end of the month and to Denise at denisejacksontip@gmail.com

You could send us information that may be useful for all our Participants and Parents to know about.

Or it could be an article about possible Work Experience or Voluntary Work.
This is where You set the agenda.
It could be requests you have of The Inclusion Project, or suggestions.

Or an article about lovely things related to The Inclusion Project.

Or perhaps photographs that maybe of interest, or web sites of use.

The Inclusion Project subscribes to the 5 key messages of The National Development Team for Inclusion:

Preparing for Adulthood



1.

Develop a shared vision of improving life chances with young people, families and all key partners.

2.

Raise aspirations for a fulfilling adult life by sharing clear information about what has already worked for others.

3.

Develop a personalised approach to all aspects of support using person centred practices, personal budgets and building strong communities.

4.

Develop post 16 options and support that lead to employment, independent living, good health, friends, relationships and community inclusion.

5.

Develop outcome focussed multi-agency commissioning strategies that are informed by the voice of young people and families.



Please follow us. Like us and comment on our Social Media sites: We want to hear your views!



www.inclusionproject.co.uk



simon@inclusionproject.co.uk



@TheInclusionProject



@WeAreInclusion



The Inclusion Project

The
Inclusion
Project