

Don't forget to set your clocks back one hour before going to bed on Saturday, **November 2**nd.

Children's Church - Ages 3 to 10

Chinaron Contaron Algoritation		
November 3 rd	Julie Striplin	
November 10 th	Susan Hilton	
November 17 th	Kathy Horton	
November 24 th	Lisa Young	



Prayer Concerns: Ellen Bobbitt, Ellen Cook, Bobby & Irene Cheek, Marty & Judy Daniels, Larry Davis (Susan Hilton's nephew), Ritchie Longworth, Juan & Lidia Mendoza (neighbors of Hal & Melissa Little), Ron Mills, Derek

Reavis (friend of Mark Reavis), Darlene Smith (Cindy Clark's mother), Bettie Spencer, Cammie Walker, Debbie Wyatt (Sara VonCannon's cousin), Roger Burnett (Lisa Young's father), and John Young (Lisa's husband).



This Christmas we will have live poinsettias decorating the sanctuary. If you would like to purchase one in honor or memory of someone the cost is \$7.00. Please fill out the form that will be provided in the weekly

bulletin and in the vestibule along with your money in the offering plate by November 10th. Please note "Poinsettia" on your check and envelope.



November Birthdays

11/6 Sue Duncan, Sam Nibert 11/7 Russell Lauten 11/9 Adam VonCannon Thomas Benefield 11/11 11/15 Harleigh Clare 11/18 Keith Striplin 11/21 Dennie Weavil 11/22 Becky Longworth 11/25 Alice Striplin 11/28 Gayle Smith

Non-Profit Organization U.S. Postage PAID Greensboro, NC Permit 5043

Pastor
Music Director
Minister of Education
Organist
Pianist

Gayle Smith Marty Daniels Angie Weavil Sara VonCannon Teresa Tucker

Return Service Requested

Union Cross
Baptist News

Vol. 46

November 1, 2024

No. 11



All Saints Sunday

November 3rd @ 11am

Family Night Dinner
November 6th @6pm

Food Drive @ UC Food Lion:

November 9th @ 9am-1pm

Veteran's Day Luncheon

November 10th @ 12pm

Church Conference

November 13th @7pm

Thanksgiving Day

November 28th

A Word from the Pastor

A grandmother is watching her grandchild play on the beach when a huge wave comes along and takes him out to sea. She cries out, "Please God, save my only grandson. I beg of you, bring him back." Suddenly a big wave comes and washes the boy back onto the beach, good as new. She looks up to heaven and says: "He had a hat!" That's gratitude for you. Have you noticed that some people just can't be satisfied? Some have a hard time expressing gratitude. Or even feeling it.

In 2001 Stephen Post, a medical school professor of bioethics, created a research group called the Institute for Research on Unlimited Love, dedicated to testing and measuring the effects of love, gratitude, and other positive caring emotions in human life. Dr. Post's research has discovered that spending 15 minutes a day focused on things you're grateful for can have the following effects on our physical health: 1. It increases your body's natural antibodies. 2. It increases mental capacity and reduces vulnerability to depression. 3. It creates a physiological state of "resonance", improving your blood pressure and heart rate.

That's gratitude for you. It not only lifts up the recipient, but it also gives life to the one expressing it. This is why we're told time and time again in scripture to give thanks: A thankful heart puts us in right alignment with God and one another. Paul wrote...And always be thankful. Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father. (Colossians 3:15-17) There. That's gratitude for you.

Grace and Peace Adam

November Crisis Control Food Drive will be held at UC Food Lion on Saturday, November 9th from 9am – 1pm. November's request is baking items: sugar, flour, cooking oil, baking mixes, etc. **Hospice Ministry Emphasis** will be Sunday, Nov.10th.

Financial Summary

	October 7, 2024	
Undesignated Gifts		\$2,713.00
Designated Gifts		\$ 585.00
Total Offering		\$3,298.00
	October 13, 2024	
Undesignated Gifts		\$2,891.80
Designated Gifts		\$ 155.00
Total Offering		\$3,046.80
	October 20, 2024	
Undesignated Gifts		\$1,806.00
Designated Gifts		\$ 649.00
Total Offering		\$2,455.00
	October 27, 2024	
Undesignated Gifts	., .	\$3,546.00
Designated Gifts		\$ 516.86
Total Offering		\$4,062.86
	General Fund	
September General Fund Receipts		\$ 13,659.86
September General Fund Expenses		- \$ 15,349.83
September General Fund Net		- \$ 1,689.97
September Fund Balance		\$ 98,107.05



Women on Mission ladies had their October email meeting on October 2, 2024

OCTOBER WOM ACTIVITIES:

- Hospice Ministry Note: Snack donations were sent to both WS & HP Hospice Homes.
- Appalachian Backpack Ministry food donations exceeded our goal of 3 cans per backpack! Thanks to you we were able to put 4 cans in every bag & a few were released with 5 cans!!
- We were so blessed this year we were able to fill 55 backpacks at our packing event on Sat. Oct 5!!! And they were filled to capacity with hygiene bags, toys/gifts, warm clothing, fleece throw, inspirational bracelets made by Melissa L. & most important a Bible with a "Christmas"

- Story" insert. Charlene delivered the Blessing of the Backpacks on Sunday, Oct 13th.
- Leftover items from the Appalachian project were packed up to go to western NC with Jean & Katie when they went for disaster relief work through NCBOM.
- A request was made by Union Cross School (our partnership school) for our help in purchasing candy to be given to each student on Oct 31st. We approved \$125 of WOM funds for this project but with Jean & Jane shopping economically; it appears our donation cost was only \$103.
- Following the terrible destruction that hit western NC, WOM voted to send \$500 to Samaritan's Purse & \$500 to NC Baptists on Mission with each donation earmarked specifically for NC Disaster Relief.
- Upcoming WOM Sponsored Events:
- Baptist Toy Store emphasis during November
- Hot Dog Luncheon on Sunday immediately following worship service on November 10th with the entire congregation invited to join us as we celebrate Veteran's Day.

Thanksgiving should not be a one-day celebration—it should be an everyday celebration of all the blessings God provides for us. As God blesses us, we bless others as "UNION CROSS REACHES TO SHOW HIS LOVE".

--Jane Sutphin



The WOM are collecting money to help provide Thanksgiving meals for the homeless through the **W-S Rescue Mission**. Your selfless giving will provide meals for those who are struggling. A meal of turkey & all the fixings is just \$3.76. Please write "W-S Rescue Mission" on your

check or envelope if you would like to donate.



Union Cross Moravian Church invites us to share in their Thanksgiving Lovefeast on Tuesday, November 26th at 7pm. Canned food items will be collected for Sunnyside Ministries. If you would like to go with others from UCBC, please meet here at the church by 6:30pm.