WATERBURY OIC

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MAY MATTERS: CELEBRATING GROWTH, SERVICE, AND OPPORTUNITY

May is filled with holidays and observances that remind us of important values—service, perseverance, family, and growth—all of which connect directly to workforce development and employment.

At Waterbury OIC, we know that building a career is about more than finding a job—it's about developing the skills, mindset, and resilience needed for long-term success.

This month, several May observances offer valuable lessons for the workforce journey:

National Small Business Week (Early May)
Small businesses are the backbone of our communities and create countless job opportunities. This week reminds us of the importance of entrepreneurship, innovation, and supporting local businesses. Whether you're looking for work or considering starting your own business, small businesses can be a great place to grow your skills.

Teacher Appreciation Week
Behind every successful worker is someone who taught, mentored, or guided them. Workforce development is rooted in learning. From job training instructors to career counselors, we celebrate those who help others build brighter futures.

Mother's Day
Mother's Day reminds us of the strength, sacrifice, and work ethic many parents model every day. For working parents and caregivers, balancing employment and family can be challenging. This month, we recognize the determination it takes to provide and persevere.

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Memorial Day

Memorial Day honors those who served our country and made the ultimate sacrifice. It also reminds us to recognize veterans who continue serving our communities in the workforce. Veterans bring leadership, discipline, and commitment—qualities every employer values.

Mental Health Awareness Month

While not a holiday, May is also Mental Health Awareness Month. Job searching, career transitions, and workplace stress can impact emotional well-being. Taking care of your mental health is essential to professional success. Rest, support, and self-care are part of the journey.

A Time for Growth

Spring is a season of renewal—and May is the perfect time to plant seeds for your future. Whether that means updating your resume, enrolling in training, networking, or setting career goals, every step matters.