



FIRST AID

AND YOUR WORKPLACE

What you need to know..

www.erfirstaid.co.uk



Are you an employer?

You are responsible for making sure employees receive immediate attention if they are ill or injured at work. Accidents and illnesses can happen at any time and first aid can save lives and prevent minor injuries from becoming major injuries.

What employers need to do

You must make appropriate first aid arrangements for your workplace. In doing so you should consider the circumstances of your workplace, workforce and the health and safety risks that may be present to help you decide what arrangements you need to put in place.

Some small low risk workplaces need to only have a first aid box and an appointed person to take charge of first aid arrangements such as calling 999 and stocking the first aid kits. The appointed person does not necessarily need training. However, if your workplace has more significant risks for example you use machinery or hazardous materials you are more likely to need a trained first aider. You must provide your employees with details of the first aid arrangements.

What training do I need?

Where your first aid needs assessment indicates that trained first-aiders are required, the level of training undertaken should be indicated in the assessment. Typically, this will either be First Aid at Work or Emergency First Aid at work. You should select the most suitable option. To comply with your legal duties under the Health and safety (first aid) regulations 1981 that choice must be appropriate and adequate. You should consider how many people you will have trained. For example what if the first aider is off sick?

How do I select a training provider?

When you are choosing a training provider you should check..

- The qualifications expected of the trainers and assessors.
- Monitoring and Quality assurance systems are in place.

How long does the qualification last for?

Once trained, the qualification will be valid for three years but it is recommended that you have annual refresher training.

Choosing us..

When you choose ER First Aid you can ensure that all the above hassle of selecting a competent trainer has already been done. Our trainers are highly qualified, all with experience in the emergency services. Give us a call or drop us an email and we will be more than happy to discuss your needs for you.