

**TOWN OF MERRIMACK
PARKS & RECREATION
WATER SAFETY INSTRUCTORS (WSI)**

JOB SUMMARY:

Water Safety Instructors are responsible for teaching American Red Cross Swimming Lessons for the Naticook Day Camp Program and to the general public.

SUPERVISION RECEIVED:

Position works under the Direction of the Waterfront Director

SUPERVISION EXERCISED:

None

EXAMPLE OF DUTIES:

- Write lesson plans, with help of Waterfront Director, that foster participants' aquatic skills
- Teach and monitor proper use of equipment
- Keep records on all participants'; help them progress from beginner to advanced levels
- Teach Red Cross Swim Lessons following Red Cross Outline for lessons. (Waddle Sheets or Certifications)
- Award recognition and participation certificates to campers, when earned
- Conduct daily check at equipment in area for safety, cleanliness, and good repair
- Teach and monitor proper use of equipment: from going over rules and putting lifejackets on, to canoe / boating safety.
- Other duties as assigned

KNOWLEDGE, SKILLS & ABILITIES

- Ability to relate to one's peer group
- Ability to accept guidance and supervision
- Good character, integrity and adaptability
- Enthusiasm, sense of humor, patience and self-control
- Ability to communicate and train staff and campers in safety regulations and emergency procedures
- Physical ability to respond appropriately to situations requiring first aid

MINIMUM QUALIFICATIONS REQUIRED:

- Applicants must be at least 16 years of age
- Hold current American Red Cross Water Safety Instructor Certification
- Current certifications in CPR for the Professional Rescuer/AED OR CPR/AED for the Healthcare Provider from the American Red Cross, American Heart Association or similar organization preferred

- Valid American Red Cross Lifeguard Training Certification OR YMCA Lifeguard Certification preferred.
- Minimum of one season/year as a swimming instructor is preferred.

Additional Preferred Certifications to include:

- CPR/AED for the professional Rescuer **Instructor**
- Lifeguarding / Waterfront Instructor
- Small Craft Safety

Cognitive and Sensory Requirements:

Talking: Necessary for communicating with others
 Hearing: Necessary for taking instructions and receiving information.
 Sight: Necessary for doing job effectively and correctly.

During an 8 hour day, employee is required to:

Consecutive Hours

Sit 1 2 3 **4** 5 6 7 8
 Stand 1 2 3 4 5 6 **7** 8
 Walk 1 2 3 **4** 5 6 7 8

Environment: Inside 5% Outside 95%

Equipment Used: Waterfront safety equipment.

Hand Manipulation

Grasping: Frequently required
 Handling: Frequently required
 Torquing: Rarely required
 Fingering: Rarely required

Controls and Equipment: Lifeguard Rescue Equipment

Specific Vocational Preparation Requirements:

- () 1. Short demonstration only.
- () 2. Any beyond short demonstration up to and including 30 days
- (x) 3. 30 – 90 days
- () 4. 91 – 180 days
- () 5. 181 days to 1 year
- () 6. 1 to 2 years
- () 7. 2 to 4 years
- () 8. 4 to 10 years
- () 9. Over 10 years

Physical Activity Requirements

Primary Physical Requirements

Lift up to 10 lbs. : Frequently required
Lift 11 to 25 lbs. : Frequently required
Lift 26 to 50 lbs. : Rarely required
Lift over 50 lbs. : Not required

Carry up to 10 lbs. : Frequently required
Carry 11 to 25 lbs. : Frequently required
Carry 26 to 50 lbs. : Rarely required
Carry over 50 lbs. : Not required

Reach above shoulder height: Frequently required
Reach at shoulder height: Frequently required
Reach below shoulder height: Frequently required

Push / Pull: Rarely required.

Other Physical Considerations

Twisting: Frequently required
Bending: Frequently required
Crawling: Rarely required
Squatting: Frequently required
Kneeling: Frequently required
Crouching: Frequently required
Climbing: Frequently required
Balancing: Frequently required

Work Surface (s)

Waterfront, Beach area