

# CAMP NATICOOK

## JULY

# LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
30	Cheese Quesadillas	1	French Toast Sticks	2	Chicken Tenders	3	BLT Sandwiches	4	No Lunch Today
	Fries		Hashbrown		Mashed Potatoes		Bacon/Lettuce/Tomato and Chips		
	Pepper Strips and Ranch		Fresh Fruit Mix		Buttery Corn		Fresh Fruit Mix		
	Cookie		Frozen Treat		Pudding "Dirt" Cup		Frozen Treat		
	or		or		or		or		
	Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		
	Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		
7	Mozzerella Sticks + Marinara	8	Pancakes	9	Soft Baked Pretzels with Cheese Sauce	10	Hotdogs	11	Pizza
	Garlic Bread		Yogurt Cup		Chicken Nuggets		Fries		Cucumber Coins and Ranch
	Cucumber Coins and Ranch		Apple Slices		Buttery Corn		Apple Slices		Frozen Treat
	Cookie		Frozen Treat		Frozen Treat		Chocolate Cake		
	or		or		or		or		or
	Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ
	Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad
14	Pizzadillas Pepperoni or Cheese	15	Waffles	16	Chicken Nuggets	17	Corn Dogs	18	Pizza
	Marinara Dipping Sauce		Tater Tots		Macaroni and Cheese Sauce		Popcorn		Pepper Strips and Ranch
	Bananas		Fresh Fruit Mix		Buttery Corn		Fresh Fruit Mix		Frozen Treat
	Cookie		Frozen Treat		Pudding "Dirt" Cup		Frozen Treat		
	or		or		or		or		or
	Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ
	Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad
21	Grilled Cheese	22	French Toast Sticks	23	Chicken Tenders	24	BLT Sandwiches	25	Pizza
	Tater Tots		Yogurt Cup		Mashed Potatoes		Bacon/Lettuce/Tomato and Chips		Carrots and Ranch
	Carrots and Ranch		Apple Slices		Buttery Corn		Apple Slices		Frozen Treat
	Cookie		Frozen Treat		Frozen Treat		Chocolate Cake		
	or		or		or		or		or
	Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ
	Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad
28	Cheese Quesadillas	29	Pancakes	30	Soft Baked Pretzels with Cheese Sauce	31	Hotdogs	1	Pizza
	Fries		Hashbrown		Chicken Nuggets		Fries		Cucumber Coins and Ranch
	Cucumber Coins and Ranch		Fresh Fruit Mix		Buttery Corn		Fresh Fruit Mix		Frozen Treat
	Cookie		Frozen Treat		Pudding "Dirt" Cup		Frozen Treat		
	or		or		or		or		or
	Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ		Ham and Cheese Sandwich / PBJ
	Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad		Buttered Noodles / Salad