

**TOWN OF MERRIMACK
PARKS & RECREATION
WATER SAFETY INSTRUCTORS (WSI)**

JOB SUMMARY:

Water Safety Instructors are responsible for teaching group swimming lessons to children at Naticook Day Camp or public swim lessons at Wasserman Park. Swim Instructors will be responsible for developing daily lesson plans, with the help of the Waterfront Director, that foster participants' aquatic skills and help participants to progress throughout their lessons.

SUPERVISION RECEIVED:

Position works under the Direction of the Waterfront Director

SUPERVISION EXERCISED:

None

EXAMPLE OF DUTIES:

- Write lesson plans, with help of the Waterfront Director, that foster participants' aquatic skills
- Teach and monitor proper use of equipment
- Keep records on all participants'; help them progress from beginner to advanced levels
- Teach Swim Lessons following established outlines for swimming lessons.
- Award recognition and participation certificates to campers, when earned
- Conduct daily check at equipment in area for safety, cleanliness, and good repair
- Teach and monitor proper use of equipment: from going over rules and putting lifejackets on, to canoe / boating safety.
- Other duties as assigned

KNOWLEDGE, SKILLS & ABILITIES

- Ability to relate to one's peer group
- Ability to accept guidance and supervision
- Good character, integrity and adaptability
- Enthusiasm, sense of humor, patience and self-control
- Ability to communicate and train staff and campers in safety regulations and emergency procedures
- Physical ability to respond appropriately to situations requiring first aid

MINIMUM QUALIFICATIONS REQUIRED:

- Applicants must be at least 16 years of age
- Hold current Water Safety Instructor Certification from the American Red Cross, YMCA, Starfish Aquatics Institute, Boy Scouts of America or Ellis and Associates
- Current certifications in CPR for the Professional Rescuer/AED OR CPR/AED for the Healthcare Provider from the American Red Cross, American Heart Association or similar organization preferred

- Valid American Red Cross Lifeguard Training Certification OR YMCA Lifeguard Certification preferred.
- Minimum of one season/year as a swimming instructor is preferred.

Additional Preferred Certifications to include:

- Lifeguarding / Waterfront Instructor
- Small Craft Safety

Cognitive and Sensory Requirements:

Talking: Necessary for communicating with others
 Hearing: Necessary for taking instructions and receiving information.
 Sight: Necessary for doing job effectively and correctly.

During an 8 hour day, employee is required to:

Consecutive Hours

Sit 1 2 3 **4** 5 6 7 8
 Stand 1 2 3 4 5 6 **7** 8
 Walk 1 2 3 **4** 5 6 7 8

Environment: Inside 5% Outside 95%

Equipment Used: Waterfront safety equipment.

Hand Manipulation

Grasping: Frequently required
 Handling: Frequently required
 Torquing: Rarely required
 Fingering: Rarely required

Controls and Equipment: Lifeguard Rescue Equipment

Specific Vocational Preparation Requirements:

- () 1. Short demonstration only.
- () 2. Any beyond short demonstration up to and including 30 days
- (x) 3. 30 – 90 days
- () 4. 91 – 180 days
- () 5. 181 days to 1 year
- () 6. 1 to 2 years
- () 7. 2 to 4 years
- () 8. 4 to 10 years

() 9. Over 10 years

Physical Activity Requirements

Primary Physical Requirements

Lift up to 10 lbs. : Frequently required
Lift 11 to 25 lbs. : Frequently required
Lift 26 to 50 lbs. : Rarely required
Lift over 50 lbs. : Not required

Carry up to 10 lbs. : Frequently required
Carry 11 to 25 lbs. : Frequently required
Carry 26 to 50 lbs. : Rarely required
Carry over 50 lbs. : Not required

Reach above shoulder height: Frequently required
Reach at shoulder height: Frequently required
Reach below shoulder height: Frequently required

Push / Pull: Rarely required.

Other Physical Considerations

Twisting: Frequently required
Bending: Frequently required
Crawling: Rarely required
Squatting: Frequently required
Kneeling: Frequently required
Crouching: Frequently required
Climbing: Frequently required
Balancing: Frequently required

Work Surface (s)

Waterfront, Beach area