



Helping Hands Adult Day Program

ADCL#297004181

Hours:

Monday 9 am – 4 pm
Tuesday 9 am – 4 pm
Friday 9 am – 4 pm

Address:

17645 Penn Valley Dr.
PO Box 309
Penn Valley, CA 95946

Phone:

530-432-2540 (Phone)
530-432-2485 (Fax)

Website:

<http://nchelpinghands.com>

Email:

director@nchelpinghands.com

Colleen Bond, Director

socialworker@nchelpinghands.com

Jeanene Lenz, Social Worker

Dear Caregiver,

Thank you for your interest in Helping Hands Adult Day Program, Nevada County's **only** Adult Day Program for dependent adults. We offer a variety of socialization opportunities in a family friendly environment. We plan activities with a purpose to nurture each participant's self-esteem and encourage physical activity on a regular basis. Our knowledgeable staff will meet the physical, emotional, and personal care needs of your loved one.

We invite you to a free visitation day, including lunch and a tour where you can meet our staff, volunteers, participants, and experience the warm social interaction of our program. Please contact us to set up your free visitation day. **(COVID-19 Vaccination required for visitation.)**

Helping Hands is a place where dignity and self-worth are a priority for everyone, but especially for each participant and caregiver. We want to be an extension of the love and care you provide your loved one and we partner with you to make daily quality of life experiences a reality for those you care most about. We have the privilege of "holding your heart in our hands" and are honored to do so.

To enroll in the program, you will need to complete the following:

1. **Enrollment Information Form**
2. **Physicians Authorization Form**
3. **COVID-19 Vaccination Verification**
4. **TB Test (included on the Physicians Form)**
5. **Participant History (taken in an interview with our Social Worker)**
6. **Enrollment Agreement (during the interview, which included your individual contribution commitment to the program)**

You will also need to make transportation arrangements prior to starting the program. If you need assistance with any of these items, or have any questions, please feel free to call us at your convenience. Financial aid applications are available upon request.

Sincerely,

Colleen Bond, RN, Program Director