



HELPING HANDS ADULT DAY PROGRAM

August 2022 Newsletter

Announcements

Helping Helping Hands will be closed until August Monday 15th due to COVID-19. Starting Starting on Monday August 15th, Helping Hands will be going back to full COVID-19 procedure. We kindly ask that all staff, visitors, and clients (who can tolerate it,) are asked to wear a mask while inside the building

Sharon's Antique Roadshow

A pincushion is a small stuffed cushion (3.5cm across), which is used in sewing to store pins or needles with their heads protruding to take ahold of easily, collect them, and keep them organized. Join us on August 23rd as we take a look at this unique collection.



Save the Date

- August 10th - 14th - Nevada County Fair
- August 15th - Helping Hands reopens

August Birthdays

- 3rd - Sylvia
- 24th - Colleen (Program Director)

Caregiver Counseling

Are you or the loved one you care for feeling stressed?

Tired of feeling like no one listens to you?

Just need to get things off of your chest?

Stop by the HH Social Worker office (located upstairs at Helping Hands) at any time on Tuesdays 10am to 4pm!

Tuesday's don't work for you?

Send us an e-mail

(socialworker@nchelpinghands.com)

or call us and we can schedule a time that works for you. Video and phone appointments available as well.



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