HELPING HANDS ADULT DAY PROGRAM

Sharon's Antique Roadshow

Raggedy Ann and her equally spirited rag brother Andy are the worlds best known and most adored rag dolls. They were literally characters as well, possessing attributes and outlooks reflecting trustworthiness, kindness, and spunk!

Please join us for Antique Roadshow on February 8th at Helping Hands for an exposé an these beloved dolls.

"The Month of Love"

Save the Date

- FEB 14TH VALENTINES DAY PARTY (WEAR PINK/RED)
- FEB 21ST CLOSED FOR PRESIDNETS DAY





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The History Of Valentine's

The history of Valentine's Day was started from 3rd century under the authority of the Roman King named Claudius II Ghoticus. With his authority, he punished beheaded of a priest named Saint Valentine on February

14 269 century. Saint Valentine was sentenced to be headed for marrying a young teenager (soldier) who was in love, so he was considered to have opposed the royal provisions.

The reason for the provisions is because the royal soldiers who are not married are considered to have extraordinary toughness on the battlefield. For the church, the action of Saint Valentine is considered right because it has protected the person who was in love, so

he was crowned as a hero of affection. Although it doesn't relate to the feelings of love, over time, Valentine's Day is associated with love in the Middle Ages. This concept change occurred because many kingdoms in Europe were influenced by the idea of love. No doubt, they began to celebrate Valentine more cheerfully and romantically.

Britain and France even associate February 14 as birds mating season. The love story of this bird makes Valentine who initially dark ever more romantic. A famous poet, Geoffrey Chaucer, made this story in his poem.

In the United States starting in the second half of the 20th century, the tradition of exchanging cards was expanded and included giving all kinds of gifts, usually by men to women. The usual gifts are roses and chocolate. In the 1980s, the diamond industry began promoting its goods as Valentine's Day gifts.



CDC/Health Department Update

The CDC and Nevada County Health Department (DHS) are encouraging our clients to wear masks indoors while the numbers for Nevada County are on the rise. Due to the recent possible exposure in the program we at Helping Hands are asking that your loved ones wear for their safety. We will continue to have table barriers up and access to hand sanitizer in compliance with the DHS guidelines. We will have proper masks available for anyone who needs them. We also ask that if your participant brings their own mask to please insure it is NOT a cloth mask and is either a

paper surgical or N95 mask. Thank you!

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