

Helping Hands JUNE 2021 Activity Calendar



TUESDAY	FRIDAY
1	4
Carolyn's Exercise Class Keys to EVERYTHING Cornhole	Bowling Let's Move! With Rasal! Heart Art
1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM
Camp Songs with Clif	B I N G O

MONDAY	TUESDAY	FRIDAY
7	8	11
Vacation Trip Memories STRUM BUMS Parachute Fun	Walking with Clif Pets of Fame B I N G O	Stretch with Rasal Collage Art Mexican Train
1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM
Reading with Carol	Flower Crossword Puzzle	Word Search

MONDAY	TUESDAY	FRIDAY
14	15	18
B I N G O Foods make from Milk Draw A FLAG	Carolyn's Exercise Class Antique Roadshow- Banks Pictionary	MONART Move & Stretch with Rasal Picnic Basket Items
1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM
Music with Carol	Camp Songs with Clif	Father's Day Cards

MONDAY	TUESDAY	FRIDAY
21	22	25
Chat with Monica & Carol Summer Salads Walking Treasure Hunt	Juneteenth Discussion/ Clif Noodleball Sun Art	Rasal's Stretching Class Favorite Summer Destinations Cornhole
1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM
Summer Trivia w/Sharon	Carolyn's Exercise Class	B I N G O

MONDAY	TUESDAY
28	29
QiGong with Carol Funny Stories Hangman	All About Automobiles Games with Clif Name That Tune
1:30- 2:30 PM ZOOM	1:30- 2:30 PM ZOOM
Rt.Lt. Center Game	Memory Lane with Carolyn

TCA Class June 17th

Rt. Lt. Center Game
Carolyn's Exercise Class
Getting to Know You (memory lane)
Rock Paintingg
Music with Carol