

HELPING HANDS ADULT DAY PROGRAM

June 2022 Newsletter



Welcome to our new friends joining us at Helping Hands!



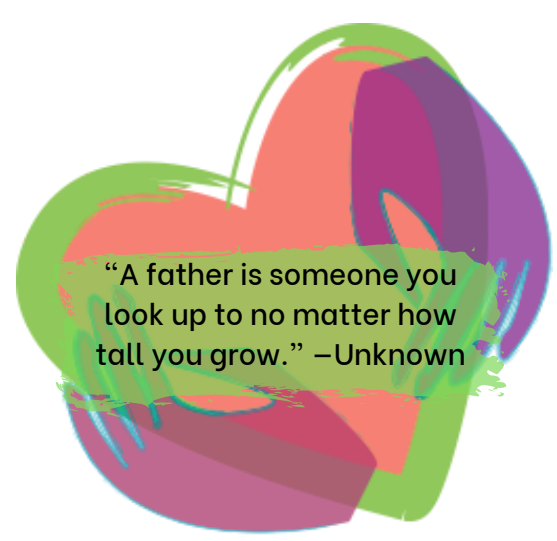

Sharon's Antique Roadshow

Matryoshka dolls are a set of wooden dolls of decreasing size placed one inside of another. The first Russian nested doll set was made in 1890. Traditionally, the outer later is a woman dressed in a sarafan. The figures inside may be of any gender, the smallest innermost doll is typically a baby turned from a single piece of wood. Much of the artistry is in the intricate, elaborate painting of each doll. Join us on June 14th as we take a closer look at these fascinating nesting dolls.



Save the Date

- June 3rd - Queen Elizabeth's Platinum Jubilee
- June 14th - Flag Day
- June 19th - Father's Day/Juneteenth
- June 21st - Summer Solstice



“A father is someone you look up to no matter how tall you grow.” –Unknown

June Birthdays

- June 6th - Jon H.
- June 8th - Erin
- June 19th - Rosie (Staff)



Facebook.com/
HelpingHandsAdultDayCenter



NCHELPHINGHANDS.COM

Caregiver Counseling

Are you or the loved one you care for feeling stressed?

Tired of feeling like no one listens to you?

Just need to get things off of your chest?

Stop by the HH Social Worker office (located upstairs at Helping Hands) at any time on Tuesdays 10am to 4pm!

Tuesday's don't work for you?

Send us an e-mail

(socialworker@nchelpinghands.com) or call us and we can schedule a time that works for you. Video and phone appointments available as well.

Father's Day Trivia

1. What word for dad can be used before "art" and "up"?
2. True or False? Father's Day is always on the same date each year.
3. Who is known as the father of modern medicine?
4. According to the quote by Galileo, what is the father of invention?
5. Which country first celebrated Father's Day?

Answers: 1. Pop. 2. False. 3. Hippocrates. 4. Doubt. 5. USA

What is a father?

Quotes From Our Participants

Someone who corrects our faults and loves us unconditionally with support from our mother. ~Jerry M.

A father should be the spiritual leader of the family; protecting, supporting, and providing. ~Bill B.

A father is someone who loves his wife and children. ~Fred

A father is love. ~ Paul

A father is a priest. ~Vince

A father is one who loves, cares, and teaches his family. ~Claudia



socialworker@nchelpinghands.com



(530) 432-2540