HELPING HANDS ADULT DAY PROGRAM

March 2022 Newsletter

Sharon's Antique Roadshow

Piggy Banks, sometimes known as a penny bank or money box, is the traditional name of a coin container normally used by children. The piggy bank is known to collectors as a "Stillbank" as opposed to mechanical banks popular in the early 20th century used by companies for proportional purposes. Come join us on the 8th for this show



March Birthdays

- March 3rd Sharon (Staff)
- March 4th Gordon
- March 4th Salvador

Save the Date

- March 13th Daylight Savings Time begins
- March 15th Wear green to HH
- March 17th St Patrick's Day





Fun Fact About March

• March is the first month in the Roman calendar

This'll probably be news to you unless you happen to have been born around 150BC. The Roman Calendar started its year in March, spanning 10 months all the way through to December.

Traces of this history exist in the naming of some of the months – December's Decem is Latin for 10, while September's Septem is the latinate for 7.

• . March was named after the Roman God of War

Not all of the months were named for their numerical spot in the calendar, however. March itself borrows its name from the Roman god of war – Mars.

With March typically marking the beginning of warmer weather, warriors would begin to train and fight once more as the frost thawed and the ground became easier to work on. This is such a cool fact about March!

• Daylight Savings Time start in March

Daylight Savings Time begins in March, blessing us all with an extra hour of daylight after months of long, long nights and short, short days. It's designed for the benefit of agricultural workers, such as farmers, and for the benefit of our mental health in general. Researchers believe the extra hour of sunlight can make a massive difference to your overall mood, and we're certainly not going to argue with more sun!

• It's host to the Vernal Equinox

Though not a term you hear bandied about often, the Vernal Equinox is the time of year when the day and night are equal in length.

This occurs when the sun is directly above the equator and occurs during March for those living in the Northern Hemisphere. If you're in the Southern Hemisphere, you have our condolences – best hold out until September.

• And sometimes Easter Sunday!

The exact date Easter falls on varies year by year, but on occasion it can come around as early as the 22nd of March. While initially a holiday dedicated to the memory of Jesus Christ and his resurrection, its cultural meaning has shifted to include chocolate eggs and gift-giving bunnies. We're not complaining when chocolate is involved.

• Statistically March is the least productive month In the USA, March is associated with 'March Madness'.

In the USA, March is associated with 'March Madness' This is a period of marked decrease in productivity when compared to the rest of the year.

Believe it or not, this is said to be down to the sheer number of people following the NBA season during this period. Past research has shown some companies have lost up to \$1.9 billion in wages to staff who didn't attend work in favour of watching NBA games. Madness indeed.

International Women's Day takes place in March

International Women's Day was first celebrated following World War II. It takes place on the 8th of March and is now widely celebrated across the world. It was officially recognized by the United Nations in 1975 and serves as a day to acknowledge women's contributions to society and the sciences, both past and present.

• As does St Patrick's Day

And then, of course, there's St Patrick's Day, which falls on the 17th of March. St Patrick's Day was first recognized as an official feast day in the 17th century. Today it serves as a celebration of Irish history and culture.

Folklore has it that the shamrocks worn to celebrate the holiday are a reminder of the three leaves the saint used to symbolize the Holy Trinity.

• The Girl Scouts were founded

It's common knowledge that Robert Baden-Powell founded the Boy Scouts, but not as much is known about the founding of the Girl Scouts.

Following an encounter with Baden-Powell, Juliette Gordon Low returned to the USA and made an excited call to her cousin with an idea for the future. The Girl Scout Movement was officially founded on the 12th of March, 1912.

• The birthstone of March is Aquamarine

This pure colored aquamarine stone invokes tranquility. As the color would suggest, this stone is also associated with the sea. In fact, that's what the whole name means. Aquamarine is derived from the Latin word aqua, meaning water, and marina, meaning the sea.





