

HELPING HANDS ADULT DAY PROGRAM

May 2022 Newsletter

Welcome to our new friends joining us at Helping Hands!

Sharon's Antique Roadshow

We as humans love surprises, secrets, the mystique of hidden treasure and sudden delights to the senses. So it is little wonder, then, that the miniature and wearable perfume bottles of old hold such thrill and fascination to us. Join us for our next Antique Roadshow on May 10th, 2022 for a look into the word of Mini Perfume Bottles.



Save the Date

- May 5th - Cinco de Mayo
- May 8th - Mother's Day
- May 20th - Penn Valley Rodeo
- May 21st - Penn Valley Rodeo Parade
- May 30th - Memorial Day (HH CLOSED)



May Birthdays

- May 4th - Christina (Staff)
- May 9th - Diane (Staff)
- May 10th - Jerry M.



Facebook.com/
HelpingHandsAdultDayCenter



NCHELPHINGHANDS.COM

Caregiver Counseling

Are you or the loved one you care for feeling stressed?

Tired of feeling like no one listens to you?
Just need to get things off of your chest?

Stop by the HH Social Worker office (located upstairs at Helping Hands) at any time on Tuesdays 10am to 4pm!

Tuesday's don't work for you?

Send us an e-mail

(socialworker@nchelpinghands.com) or call us and we can schedule a time that works for you. Video and phone appointments available as well.



Join us on May 21st for the Penn Valley Rodeo Parade. Meet in the HH parking lot no later than 1pm, Parade starts at 3pm. All family and participants welcome! Children welcome to sit on float and blow bubbles!



Mother's Tea Cakes

Helping Hands ^{TITLE} Adult Day Program

FROM THE KITCHEN OF

NOTES *Bake at 375°F for 15 or 20 minutes.*

Yields 12 cupcakes

PREP TIME:

TOTAL TIME:

INGREDIENTS

1/3 c. shortening

1 c. sugar

1/2 tsp. salt

2 eggs

1 1/2 c. flour

1 tsp. baking powder

1/2 c. milk and 1/2 tsp vanilla

Cream shortening, sugar, salt and eggs until light and soft.

Mix and sift flour and baking powder.

Add to the first mixture alternately with milk and vanilla, beating well.

Grease cup cake tins or line with paper baking cups.

Fill cups 3/4 full.



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