

The Helping Hand

Issue No. 1 | January 2024



HAPPY
New Year

"Whatever happened over this past year.

Be thankful for where it brought you.

Where you are is where you're meant to be."

Save the Date!

- January 1st -- Closed
- January 15th -- Closed

January Birthdays:

- Cindy (Volunteer)
Jan. 15th!



Welcome New Friends:

- Sue
- Wai
- Gary



Facebook.com/
HelpingHandsAdultDayCenter

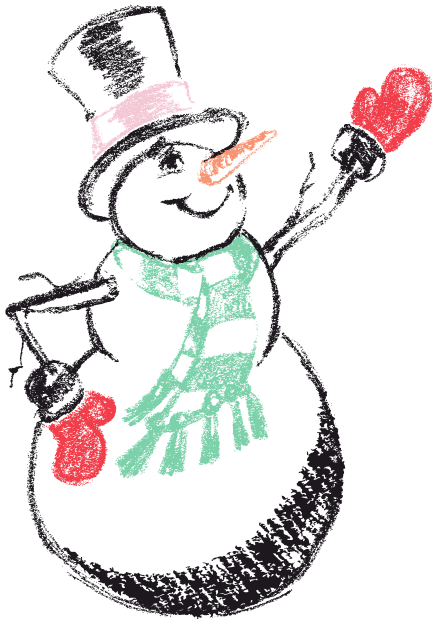
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Happy Happenings

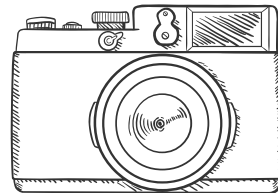
A Cold and Windy Day

*Frosty's hat went flying away!
The children chased after it to put it
back on him.
They were slipping and sliding on the
slopes.
They finally caught up to it and returned
it to Frosty's head...with style!
Along came a hungry reindeer who nibbled
Frosty's nose!
Ouch!
Good thing Frosty has an extra carrot in
his back pocket!
He is always prepared to share because
that is the spirit of Christmas!*



Favorite Moments of 2023

- Presents at Christmas
- Being at Helping Hands
- Watching my favorite sports teams
- Burgers and Coke
- Doing art at Helping Hands
- Daily walks at Empire Mine
- Having parties (Cake and Ice Cream)
- Double Rainbows
- Watching good movies at home
- Summer bowling league
- Seeing AquaMan at the theater
- Going to Disneyland
- Hunter being born
- Visiting family in Los Osos
- Seeing Chinatown in San Francisco
- The sunset on Christmas Eve
- Discussions at Helping Hands



Cover Photos

This issue's cover features our wonderful clients who participated in adopt a tree fun during our annual craft fair that was held on December 10th