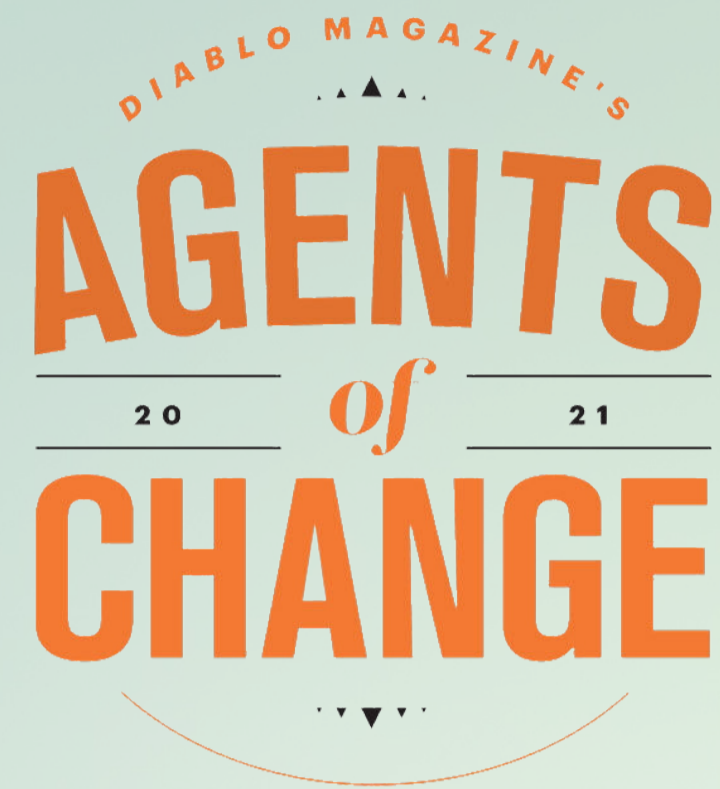


# diablo

MAGAZINE



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## GAIL MILLER - GRAHAM WISEMAN

PRESIDENT AND COFOUNDER

CEO AND COFOUNDER

After seeing the effects of mental health challenges firsthand, Graham Wiseman (who lost his son to suicide) and Gail Miller (whose daughter was diagnosed with bipolar disorder) started the Lafayette-based nonprofit BeingwellCA, which raises awareness of and provides support to reduce youth depression.

"Turning pain into purpose has become the driving force in my life," says Wiseman.

Miller—who has faced her own mental health struggles—feels similarly. "[I'm] a proud Black woman who wears her scars like the stripes of a warrior," she says.

BeingwellCA is behind the SB21 California Mental Health Awareness License Plate bill, which will help the California Department of Education fund school wellness centers. If approved, the DMV will be authorized to issue the special plate. "This plate will fund hope and save the lives of countless children in California for years to come," explains Wiseman.

To show support, visit [beingwellCA.org](http://beingwellCA.org) to sign the pledge. —G.V.



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