## **#COOLTAGS**



BEINGWELLCA.ORG

### **CONGRATULATIONS!**

You are holding the California Mental Health Awareness License Plate (SB21)

# Bringing mental health into the light... even if it's just a traffic light.

#### **INSTRUCTIONS**

- 1. Take picture with the license plate. In your hand, on your car, wherever
- 2. Post it on your social media Instagram, Facebook, LinkedIn, Twitter etc..
- Add Tags #COOLTAGS #plates4prevention #mentalhealthawareness
   #BEWELLCA #SB21Glazer @beingwellca
- 4. Share how mental health has touched your life or someone you know
- 5. Pass it along...

HAVE FUN • Be Creative • Share your art • B+• Take it Viral

We need 7,500 sign-ups for SB21 (Glazer) to become law.

Sign up for free to support this plate: https://beingwellca.org

SB21 will create a specialized license plate. Monies raised will go to the CA Department of Education to fund on campus wellness centers and mental health supports in schools across our state.

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CALIFORNIA 501(C)(3) CORPORATION – LAFAYETTE, CA



#### Colin Wiseman February 8, 1997 - January 3, 2013

Colin was a wonderful young man, son, brother and fierce friend who lost his battle with depression at age 15. He could calm a rambunctious Scout Troop with just his harmonica and cause hearts to soar with his French Horn. Colin is remembered for his kindness and hugs that took away all that was hurting. His humor and wisdom were beyond his years. We miss him so much. It is in his honor that BeingwellCA was formed to help others find the resources they need when the world is just too much.

#### Lets change these facts...

- Suicide is the SECOND leading cause of death for ages 10-24.
- California ranks 48th in the Nation for providing mental health support to kids 3-17 that need it
- California State Auditor found that NONE of the 1,034 school districts met the minimum for mental health support.

