

Commonly Requested Compounding Ideas for Patients with Scars

Commonly Requested Formulas for Patients with Keloids

Verapamil HCl 10%/Triamcinolone Acetonide 0.1%
Topical Gel (PracaSil®-Plus)
Tretinoin 0.1% Topical Gel (PracaSil®-Plus)

Alpha Lipoic Acid 0.5%/Azelaic Acid 0.1%/
Tamoxifen 0.1%/Caffeine Topical Gel (PracaSil®-Plus)
Methylsulfonylmethane/Plukenetia Volubilis/Bisabolol
Topical Gel (PracaSil®-Plus) — [Cosmetic Formula](#)
Betamethasone Valerate 0.1%/Tamoxifen 0.1%/
Ketotifen 0.05% Topical Gel (PracaSil®-Plus)
Magnesium Chloride Hexahydrate 10%/Verapamil HCl
10% Topical Lipoderm®
Betamethasone 0.5% Topical Gel (PracaSil®-Plus)
Loratadine 1%/Betamethasone 0.5% Topical Gel
(PracaSil®-Plus)
Lidocaine 5%/Imiquimod 2.5%/Fluticasone Propionate
1%/Ketotifen 0.05% Topical Gel (PracaSil®-Plus)
EGCg 1%/Pentoxifylline 0.3%/Caffeine Topical Gel
(PracaSil®-Plus)
Pentoxifylline 0.5% Topical Gel (PracaSil®-Plus)

Commonly Requested Formula for Patients with Post-Surgical Scars

Aloe Vera Topical Gel (PracaSil®-Plus) — [Cosmetic Formula](#)

Commonly Requested Formulas for Patients with Atrophic Scars

Naltrexone HCl 0.1%/Glycosaminoglycans/Ascorbic Acid/Methylsulfonylmethane/Beta Glucan
Topical Gel (PracaSil®-Plus)
Tretinoin 0.1% Topical Gel (PracaSil®-Plus)
Glycosaminoglycans/Palmitoyl Pentapeptide/Retinol Molecular Topical Gel (PracaSil®-Plus)
— [Cosmetic Formula](#)
Tretinoin 0.025%/Aloe Vera/Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus)
Glycosaminoglycans/Ascorbic Acid/Methylsulfonylmethane/Beta Glucan Topical Gel (PracaSil®-Plus)
— [Cosmetic Formula](#)

Commonly Requested Microneedling Formulas for Patients with Atrophic Scars

Tretinoin 0.02%/Palmitoyl Pentapeptide-4/Ascorbic Acid/Aloe Vera Topical Serum
Tretinoin 0.025%/Glycosaminoglycans/Palmitoyl Pentapeptide Topical Gel (PracaSil®-Plus)

Commonly Requested Formulas for Patients with Hyperpigmented Scars

Hydroquinone 4%/Tretinoin 0.05%/Fluocinolone Acetonide 0.01% Topical Gel (PracaSil®-Plus)

Niacinamide 4%/Kojic Acid 2% Topical Gel (PracaSil®-Plus)
Hydroquinone 6%/Kojic Acid 6%/Hydrocortisone 0.5%/ Tretinoin 0.005% Topical Gel (PracaSil®-Plus)
Hydroquinone 4% Topical Gel (Pracasil®-Plus)

Commonly Requested Compounding Ideas for Patients with Scars (cont'd)

Commonly Requested Formulas for Patients with Scars from Everyday Boo-Boos

Aloe Vera Topical Gel (PracaSil®-Plus) — *Cosmetic Formula*
Mupirocin 2% Topical Gel (PracaSil®-Plus)

Commonly Requested Formulas for Patients with Hypertrophic Scars

Levalbuterol 3% Topical Gel (PracaSil®-Plus)
Enalapril Maleate 1%/Pentoxifylline 1%/Betamethasone 0.05% Topical Gel (PracaSil®-Plus)
EGCg 1%/Quercetin Dihydrate 1% Topical Gel (PracaSil®-Plus)
Naltrexone HCl 0.5%/Azelastine HCl 0.1% Topical Gel (PracaSil®-Plus)
Naltrexone HCl 0.5%/Ketotifen 0.05% Topical Gel (PracaSil®-Plus)
EGCg 0.5%/Ketotifen 0.05% Topical Gel (PracaSil®-Plus)
EGCg 1%/Methylsulfonylmethane/Ascorbic Acid/Caffeine Topical Gel (PracaSil®-Plus)
Urea 15% Topical Gel (PracaSil®-Plus/Spira-Wash®)
Urea 20% Topical Gel (PracaSil®-Plus)
Verapamil HCl 10% Topical Gel (PracaSil®-Plus)
Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus) — *Cosmetic Formula*

Commonly Requested Formula for Patients with Itchy Scars

Naltrexone HCl 1%/Pramoxine HCl 1% Topical Gel (PracaSil®-Plus) — *Typically for Short-Term Use*

Commonly Requested Formulas for Patients with Burns

Pentoxifylline 1%/Tamoxifen 0.1% Topical Gel (PracaSil®-Plus)
Pentoxifylline 1% Topical Gel (PracaSil®-Plus)
Aloe Vera Topical Gel (PracaSil®-Plus) — *Cosmetic Formula*
Spira-Wash®/PracaSil®-Plus Topical Gel — *Cosmetic Formula*
Glycosaminoglycans/Beta Glucan/Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus)
— *Cosmetic Formula*
Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus) — *Cosmetic Formula*
Mupirocin 2% Topical Gel (PracaSil®-Plus)

Commonly Requested Formulas for Patients with Burns with Contractures

Pentoxifylline 1%/Ketotifen 0.05%/Caffeine Topical Gel (PracaSil®-Plus)
Pentoxifylline 1% Topical Gel (PracaSil®-Plus)
EGCg 1%/Pentoxifylline 0.3%/Caffeine Topical Gel (PracaSil®-Plus)
Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus) — *Cosmetic Formula*

Commonly Requested Formulas for Patients with Wounds/Ulcers *For use with shallow wounds only.*

Aloe Vera Topical Gel (PracaSil®-Plus) — *Cosmetic Formula*
Spira-Wash®/PracaSil®-Plus Topical Gel — *Cosmetic Formula*
Glycosaminoglycans/Beta Glucan/Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus)
— *Cosmetic Formula*
Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus) — *Cosmetic Formula*
Misoprostol 0.0024% Topical Gel (PracaSil®-Plus)

Commonly Requested Compounding Ideas for Patients with Scars (cont'd)

Commonly Requested Formulas for Patients with Acne and Scarring Related to Acne

Tretinoin 0.1% Topical Gel (PracaSil®-Plus)
Hydroquinone 4%/Tretinoin 0.05%/Fluocinolone Acetonide 0.01% Topical Gel (PracaSil®-Plus)

Tretinoin 0.02%/Palmitoyl Pentapeptide-4/Ascorbic Acid/Aloe Vera Topical Serum
Erythromycin 3%/Tretinoin 0.05% Topical Gel (PracaSil®-Plus)
Niacinamide 4%/Tretinoin 0.05%/Glycolic Acid/Lactic Acid Topical Cream-Gel (VersaBase®/PracaSil®-Plus)
Benzoyl Peroxide 3%/Clindamycin 1% Topical Gel (PracaSil®-Plus)
Mupirocin 2% Topical Gel (PracaSil®-Plus)
Topiramate 2.5% Topical Gel (PracaSil®-Plus)
Tretinoin 0.025%/Aloe Vera/Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus)

Commonly Requested Formulas for Patients with Stretch Marks

Tretinoin 0.1% Topical Gel (PracaSil®-Plus)
Tretinoin 0.025%/Glycosaminoglycans/Palmitoyl Pentapeptide Topical Gel (PracaSil®-Plus)
Palmitoyl Pentapeptide Topical Gel (PracaSil®-Plus) — [Cosmetic Formula](#)
Topiramate 2.5%/Aloe Vera 0.5% Topical Gel (PracaSil®-Plus)
Hydroquinone 5%/Fluticasone Propionate 1%/Glycolic Acid/Ascorbic Acid Topical Gel (PracaSil®-Plus)
Aloe Vera Topical Gel (PracaSil®-Plus) — [Cosmetic Formula](#)
Beta Glucan/Vitamin E Acetate/Vitamin D3 Topical Gel (PracaSil®-Plus) — [Cosmetic Formula](#)
Tretinoin 0.025%/Aloe Vera/Sodium Hyaluronate Topical Gel (Spira-Wash®/PracaSil®-Plus)

The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.