

Senior Activity Center, Inc

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
					08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:30a .Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
3	4	5	6	7	8	9
	09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining RoomA 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Pinochle - 3 12:00p SAC Volunteers - Dining RoomA 01:30p NKA Mahjong - Room 8 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 10:00a SAC Board Executive Meeting - Room 8 11:00a Parkinson 11 AM Exercise - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining RoomA 04:00p SAC Ping Pong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a NKA Board Meetings - Room 11 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Book Club - Room 6 12:00p SAC Pinochle - 3 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 01:00p Hobby Fair - Dining RoomA 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:30a .Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
10	11	12	13	14	15	16

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	10:00a Silver Cords Singing Group - Dining RoomA	11:00a SAC Fit and Fall 11AM Class - Room 3	09:00a SAC American Mahjong RM 8 - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	09:00a AARP Smart Drivers Course - Room 3	
	11:00a NKA Travel Committee - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomA	10:00a SAC Board Meeting - Room 4	11:30a .Nutrition Program Congregate Meal - Dining RoomA	11:30a .Nutrition Program Congregate Meal - Dining RoomA	
	11:00a SAC/NKA Cribbage Card Game - Room 8	12:00p SAC Pinochle - 3	10:00a SYMBII Coffee With Veterans - Dining RoomA	12:00p SAC Pinochle - 3	12:00p SAC Volunteers - Dining RoomA	
	12:00p SAC Volunteers - Dining RoomA	12:00p SAC Volunteers - Dining RoomA	11:00a Parkinson 11 AM Exercise - Room 3	12:00p SAC Volunteers - Dining RoomA	12:45p Charity Bingo - Dining RoomA	
		12:30p Poky Traveling Gems - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomA	12:30p SAC Special Pinochle - Room 4	01:00p SAC Creative Writing - Room 4	
		01:30p NKA Mahjong - Room 8	12:00p SAC Volunteers - Dining RoomA	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Bridge - Room 8			
		04:30p TOPS - Room 4	01:00p SAC Mexican Train - Room 4			
			01:00p SAC/NKA Line Dancing - Dining RoomA			
			04:00p SAC Ping Pong - Room 3			
17	18	19	20	21	22	23
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	10:00a Silver Cords Singing Group - Dining RoomA	11:00a SAC Fit and Fall 11AM Class - Room 3	09:00a SAC American Mahjong - Room 4	11:00a SAC Fit and Fall 11AM Class - Room 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	
	11:00a SAC/NKA Cribbage Card Game - Room 8	11:30a .Nutrition Program Congregate Meal - Dining RoomA	11:00a Parkinson 11 AM Exercise - Room 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	12:00p SAC Volunteers - Dining RoomA	
	12:00p SAC Volunteers - Dining RoomA	12:00p SAC Pinochle - 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	12:00p SAC Pinochle - 3	12:45p Charity Bingo - Dining RoomA	
		12:00p SAC Volunteers - Dining RoomA	12:00p SAC Volunteers - Dining RoomA	12:00p SAC Volunteers - Dining RoomA	01:00p SAC Creative Writing - Room 4	
		01:30p NKA Mahjong - Room 8	12:00p SAC Volunteers - Dining RoomA	12:30p SAC Special Pinochle - Room 4		

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17	18	19	20	21	22	23
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining Room 04:00p SAC Ping Pong - Room 3	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
24	25	26	27	28	29	30
	09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining Room 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Travel Training - Room 4 12:00p SAC Volunteers - Dining Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Pinochle - 3 12:00p SAC Volunteers - Dining Room 01:30p NKA Mahjong - Room 8 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 11:00a Parkinson 11 AM Exercise - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining Room 04:00p SAC Ping Pong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a SAC Bunco - Room 11 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Pinochle - 3 12:00p SAC Volunteers - Dining Room 12:30p SAC Special Pinochle - Room 4 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p Charity Bingo - Dining Room 01:00p SAC Creative Writing - Room 4	
31						