

Senior Activity Center, Inc

December 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|--|--|--------------------------------------|
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| | | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | |
| | | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | |
| | | 09:00a Parkinsons Exercise - Room 3 | 09:00a Idaho Elite Care Meeting - Room 11 | 09:00a Parkinsons Exercise - Room 3 | 10:30a Mobile Wound Care - Dining RoomA | |
| | | 09:30a NKA Competitive Bridge - Room 11 | 09:00a SAC American Mahjong - Room 4 | 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 | 11:00a SIG Health Plans - Room 5A | |
| | | 10:00a NKA Crochet 101/102 - Room 4 | 09:30a NKA Fit and Fall - Room 3 | 10:00a NKA Knitting On Looms - Room 4 | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA | |
| | | 11:00a SAC Fit and Fall 11AM Class - Room 3 | 10:00a SAC Board Executive Meeting - Room 8 | 11:00a SAC Fit and Fall 11AM Class - Room 3 | 12:00p SAC Volunteers - Dining RoomA | |
| | | 11:00a SIG Health Plans - Room 5A | 11:00a Heritage Home Health/Honoring Birthdays - Dining RoomA | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA | 12:45p Charity Bingo - Dining RoomA | |
| | | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA | 11:00a Parkinsons Exercise Wednesday - Room 3 | 12:00p SAC Book Club - Room 6 | 01:00p NKA Origami Advanced - Room 4 | |
| | | 12:00p SAC Volunteers - Dining RoomA | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA | 12:00p SAC Volunteers - Dining RoomA | 01:00p SAC Creative Writing - Room 11 | |
| | | 12:45p SAC Pinochle - 3 | 12:00p SAC Volunteers - Dining RoomA | 12:30p SAC Special Pinochle - Room 4 | | |
| | | 01:00p NKA Crochet/Knitting Service Group - Room 6 | 01:00p NKA Quilling - Room 6 | 12:45p SAC Pinochle - 3 | | |
| | | 01:30p NKA Beginning And Intermediate Knitting - Room 11 | 01:00p SAC Bridge - Room 8 | 01:30p NKA Fun With Crochet - Room 11 | | |
| | | 01:30p NKA Conversational Spanish - Room 4 | 01:00p SAC Mexican Train - Room 4 | 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 | | |
| | | 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 | 01:00p SAC/NKA Line Dancing - Dining RoomA | | | |
| | | 04:30p TOPS - Room 4 | 01:30p NKA Mahjong - Room 3 | | | |
| | | 05:00p NAACP Meetings - Room 3 | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 09:30a NKA Fit and Fall - Room 3 | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library | 01:00p NAACP Meetings - Dining RoomA |
| | 09:30a SAC Library Mondays Only - Room 7 Library | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Pool - Room 12 Billiards Room | |

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| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 11:00a NKA Travel Committee - Room 11 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA 03:00p Marah Meadows HOA Meeting - Room 4 | 09:00a Parkinsons Exercise - Room 3 09:30a NKA Competitive Bridge - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Conversational Spanish - Room 4 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 | 09:00a SAC American Mahjong RM 8 - Room 8 09:30a NKA Fit and Fall - Room 3 10:00a SAC Board Meeting - Room 4 10:00a SYMBII Coffee With Veterans - Dining RoomA 11:00a Highland Trauveers Singers - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p Gate City Mexican Train - Room 4 01:00p NKA Quilling - Room 6 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Room 3 01:30p NKA Christmas Flowers by LD - Dining RoomA 01:30p NKA Mahjong - Room 3 03:00p Parkinson Support Group Monthly Meeting - Room 6 | 09:00a Parkinsons Exercise - Room 3 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a Pocatello High Gate City Singers - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 11 | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room | |

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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA | 09:00a Parkinsons Exercise - Room 3 09:30a NKA Competitive Bridge - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 | 09:00a SAC American Mahjong - Room 4 09:30a NKA Fit and Fall - Room 3 10:30a SIPH Senior Sunday - Room 11 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p AARP Monthly Meeting - Room 4 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3 | 09:00a Parkinsons Exercise - Room 3 09:30a SAC Bunco - Room 11 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:15a SEICCA Socks For Seniors Distribution - Room 6 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 | 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p NKA Origami Advanced - Room 4 01:00p SAC Creative Writing - Room 11 | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 11:00a Blood Pressure Clinic - Room 8 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p SAC Mexican Train - Room 4 | 09:30a CLOSED FOR CHRISTMAS - Dining RoomA | 09:30a CLOSED FOR CHRISTMAS - Dining RoomA | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|----------|--------|----------|
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | | 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 | | | | |
| 28 | 29 | 30 | 31 | | | |
| | 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining Room 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining Room | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 | 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining Room | | | |