

Senior Activity Center, Inc

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
		08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 09:30a NKA Competitive Bridge - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:00a SIG Health Plans - Room 5A 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Conversational Spanish - Room 4 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Idaho Elite Care Meeting - Room 11 09:00a SAC American Mahjong - Room 4 09:30a NKA Fit and Fall - Room 3 10:00a SAC Board Executive Meeting - Room 8 11:00a Heritage Home Health/Honoring Birthdays - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 01:00p NKA Quilling - Room 6 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p NKA Origami Advanced - Room 4 01:00p SAC Creative Writing - Room 11		
7	8	9	10	11	12	13
		09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
	<p>09:30a SAC Pool Mondays - Room 12 Billiards Room</p> <p>09:30a Silver Cords Singing Group - Dining Room</p> <p>11:00a NKA Travel Committee - Room 11</p> <p>11:00a SAC/NKA Cribbage Card Game - Room 8</p> <p>12:00p SAC Volunteers - Dining Room</p> <p>03:00p Marah Meadows HOA Meeting - Room 4</p>	<p>09:00a Parkinsons Exercise - Room 3</p> <p>09:30a NKA Competitive Bridge - Room 11</p> <p>10:00a NKA Crochet 101/102 - Room 4</p> <p>11:00a SAC Fit and Fall 11AM Class - Room 3</p> <p>11:30a ...Nutrition Program Congregate Meal - Dining Room</p> <p>12:00p SAC Volunteers - Dining Room</p> <p>12:45p SAC Pinochle - 3</p> <p>01:00p NKA Crochet/Knitting Service Group - Room 6</p> <p>01:30p NKA Beginning And Intermediate Knitting - Room 11</p> <p>01:30p NKA Conversational Spanish - Room 4</p> <p>03:30p SAC Fit and Fall 3:30 PM Class - Room 3</p> <p>04:30p TOPS - Room 4</p>	<p>09:00a SAC American Mahjong RM 8 - Room 8</p> <p>09:30a NKA Fit and Fall - Room 3</p> <p>10:00a SAC Board Meeting - Room 4</p> <p>10:00a SYMBII Coffee With Veterans - Dining Room</p> <p>11:00a Highland Trauveers Singers - Dining Room</p> <p>11:00a Parkinsons Exercise Wednesday - Room 3</p> <p>11:30a ...Nutrition Program Congregate Meal - Dining Room</p> <p>12:00p SAC Volunteers - Dining Room</p> <p>12:30p SAC Mexican Train - Room 4</p> <p>01:00p NKA Quilling - Room 6</p> <p>01:00p SAC Bridge - Room 8</p> <p>01:00p SAC Mexican Train - Room 11</p> <p>01:00p SAC/NKA Line Dancing - Room 3</p> <p>01:30p NKA Christmas Flowers by LD - Dining Room</p> <p>01:30p NKA Mahjong - Room 3</p> <p>03:00p Parkinson Support Group Monthly Meeting - Room 6</p>	<p>09:00a Parkinsons Exercise - Room 3</p> <p>10:00a NKA Crochet With Recycled Bags Service Group - Room 4</p> <p>10:00a NKA Knitting On Looms - Room 4</p> <p>11:00a Pocatello High Gate City Singers - Dining Room</p> <p>11:00a SAC Fit and Fall 11AM Class - Room 3</p> <p>11:30a ...Nutrition Program Congregate Meal - Dining Room</p> <p>12:00p SAC Volunteers - Dining Room</p> <p>12:30p SAC Special Pinochle - Room 4</p> <p>12:45p SAC Pinochle - 3</p> <p>01:30p NKA Fun With Crochet - Room 11</p> <p>03:30p SAC Fit and Fall 3:30 PM Class - Room 3</p>	<p>11:30a ...Nutrition Program Congregate Meal - Dining Room</p> <p>12:00p SAC Volunteers - Dining Room</p> <p>12:45p Charity Bingo - Dining Room</p> <p>01:00p SAC Creative Writing - Room 11</p>	
14	15	16	17	18	19	20
	<p>09:30a NKA Fit and Fall - Room 3</p> <p>09:30a SAC Library Mondays Only - Room 7 Library</p>	<p>08:00a SAC Library Tuesday thru Fridays - Room 7 Library</p> <p>08:00a SAC Pool - Room 12 Billiards Room</p>	<p>08:00a SAC Library Tuesday thru Fridays - Room 7 Library</p> <p>08:00a SAC Pool - Room 12 Billiards Room</p>	<p>08:00a SAC Library Tuesday thru Fridays - Room 7 Library</p> <p>08:00a SAC Pool - Room 12 Billiards Room</p>	<p>08:00a SAC Library Tuesday thru Fridays - Room 7 Library</p> <p>08:00a SAC Pool - Room 12 Billiards Room</p>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
	09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining Room 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining Room	09:00a Parkinsons Exercise - Room 3 09:30a NKA Competitive Bridge - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	09:00a SAC American Mahjong - Room 4 09:30a NKA Fit and Fall - Room 3 10:30a SIPH Senior Sunday - Room 11 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:30p AARP Monthly Meeting - Room 4 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Dining Room 01:30p NKA Mahjong - Room 3	09:00a Parkinsons Exercise - Room 3 09:30a SAC Bunco - Room 11 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:15a SEICCA Socks For Seniors Distribution - Room 6 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p Charity Bingo - Dining Room 01:00p NKA Origami Advanced - Room 4 01:00p SAC Creative Writing - Room 11	
21	22	23	24	25	26	27
	09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining Room 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 11:00a Blood Pressure Clinic - Room 8 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 01:00p SAC Mexican Train - Room 4	09:30a CLOSED FOR CHRISTMAS - Dining Room	09:30a CLOSED FOR CHRISTMAS - Dining Room	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	24	25	26	27
28	29 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomÂ 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomÂ	30 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers - Dining RoomÂ 12:45p SAC Pinochle - 3 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	31 08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers - Dining RoomÂ 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining RoomÂ			