

# SENIOR ACTIVITY CENTER

427 North 6th Avenue, Pocatello ID 83201

208-233-1212

[www.pocatellosac.org](http://www.pocatellosac.org)



## Important Dates

Dec 10 Coffee with Veterans  
Dec 18 Christmas Lunch  
Dec 23 Blood Pressure Clinic  
Dec 24 Early Closure 1:00PM  
Dec 25 & 26 Closed

## Lunch Entertainment:

Dec 2 Rod Gallegos  
Dec 3 Darrell Brown  
Dec 10 Trouveres  
Dec 11 Gate City Singers  
Dec 16 Farnes & Fronske  
Dec 19 Boyd Murdock  
Dec 30 Roy McKee



We all win,  
when you check in.

Bingo  
Every Friday  
Dining Room, 12:45PM



Dance Lessons  
Every Wednesday  
Dining Room, 1:00PM



## WORD FROM THE DIRECTOR

Thank you to all that participated in board elections. With all votes counted, we welcome Chris Young, Kathy Flock, and Margo Hathaway to the board as our newest elected board members. We also welcome Adam Gott as an appointed board member. It is encouraging to see such dedicated members of the Senior Activity Center step into these roles. For anyone interested in getting involved, members are always welcome to attend general board meetings, volunteer for various positions (anything from bingo, to writing thank you cards, to helping in the kitchen or dining room and much more) within the Senior Activity Center, join a fundraising committee, facilitate an activity or class.

Thank you to all that have shown support through donations. The congregate donations (monetary donations made during lunch service) are rising. We continue to receive coffee donations. Your support (in all forms) is appreciated and welcomed. Remember, we are a recognized 501(c)(3). If you itemize deductions on your federal income tax return, your donations to the Senior Activity Center can be tax-deductible. Great time to get those donations on the books.

Reflecting on the last 12 months, I ponder on the substantial growth we have experienced. It takes many individuals working together to keep us running. It also takes someone (many someone's) on the receiving end of those efforts. If you were one of the over 200 people that we served at our Thanksgiving lunch, you saw exactly what we are all about. Thank you for choosing to spend your time with the community we have created at the SAC. This community is what keeps us all coming back.

Finally, I thank you for your patience and understanding as we transition to an updated lunch check-in. Remember it is your responsibility to check in on the main kiosk for all activities and classes. The dining room host will verify or check you in for lunch.

May the new year bring even more  
joy, success, and memories for us.

Thank you,  
Tara Contreras  
Director

**NOVEMBER**  
**1531 Meals Served**  
**109 Meals/Day**

The menu, newsletter, and  
activity calendar  
may be found at  
[www.pocatellosac.org](http://www.pocatellosac.org)

## Hours of Operation

Monday	9:30AM to 1:30PM
Tuesday	8:00AM to 5:00PM
Wednesday	8:00AM to 5:00PM
Thursday	8:00AM to 5:00PM
Friday	8:00AM to 5:00PM
Lunch Served	
Tuesday-Friday, 11:30-12:30PM	