

July 2025

SENIOR ACTIVITY CENTER

427 North 6th Avenue, Pocatello ID 83201

208-233-1212

www.pocatellosac.org



WORD FROM THE DIRECTOR

"
**VOLUNTEERING IS AT THE VERY
CORE OF BEING A HUMAN. NO ONE
HAS MADE IT THROUGH LIFE
WITHOUT SOMEONE ELSE'S HELP.**

– HEATHER FRENCH HENRY

Important Dates

July 4 Closed for Holiday

July 9-19 Senior Games

July 9 Coffee w/ Veterans
Dining Room, 10:00AM

July 22 Blood Pressure Clinic
Room 11, 11:00AM

Lunch Entertainment:

July 8 Neil Fetzer

July 9 Farnes & Fronske

July 16 Angel Tones

July 17 Keith Ward Jazz

July 23 Roy McKee

Your time and effort can make a real difference in people's lives. Currently, we have a variety of volunteer opportunities during lunch service. Responsibilities include anything from helping people check in for lunch, serving food to the members, to helping in the kitchen with food prep or serving food to the trays. Commitment is anything from being on the "fill in" list, to dedicating one day a week for 1.5 hours, to being on the schedule multiple days. You decide commitment.



For more information
contact Shirley, Volunteer
Coordinator. 208-233-1212

Thank you,
Tara Contreras - Director

The menu, newsletter, and activity calendar
are posted to our website.

www.pocatellosac.org

Make sure you are on the mailing list
to get them delivered to your email.

Bingo
Every Friday
Dining Room, 12:45PM



Dance Lessons
Every Wednesday
Dining Room, 1:00PM



Welcome



Hours of Operation

Monday	9:30AM to 1:30PM
Tuesday	8:00AM to 5:00PM
Wednesday	8:00AM to 5:00PM
Thursday	8:00AM to 5:00PM
Friday	8:00AM to 5:00PM

Lunch Served

Tuesday-Thursday, 11:30 - 12:30PM