## **Senior Activity Center, Inc**

## June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2	3	4	5	6	
	08:00a SAC Dining Room Closed - Dining RoomÂ	08:00a SAC Dining Room Closed - Dining RoomÂ	08:00a SAC Dining Room Closed - Dining RoomÂ	08:00a SAC Dining Room Closed - Dining RoomÂ	08:00a SAC Dining Room Closed - Dining RoomÂ	
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5Â	09:00a SAC American Mahjong - Room 4	09:30a Parkinson Boxing - Room 5Â	12:00p SAC Volunteers 12:30p Tiny Tim Tomatoes -	
	11:00a SAC/NKA Cribbage Card Game - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	09:30a NKA Fit and Fall - Room 3	10:00a NKA Board Meetings - Room 11	Room 3 12:45p Charity Bingo -	
	12:00p SAC Volunteers	12:00p SAC Volunteers 12:30p SAC Pinochle - 3	10:00a SAC Board Executive Meeting - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	Dining RoomÂ  01:00p SAC Creative Writing	
		01:30p NKA Summer Mahjong - Room 8	11:00a Parkinson 11 AM Exercise - Room 3	12:00p SAC Book Club - Room 6	- Room 4	
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	12:00p SAC Volunteers 01:00p SAC Bridge - Room 8	12:00p SAC Volunteers		
		04:30p TOPS - Room 4 05:00p NAACP Meetings -	01:00p SAC Mexican Train - Room 4	12:30p SAC Special Pinochle - Room 4		
		Room 3	01:00p SAC/NKA Line Dancing - Room 3	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
	8 9	10	11	12	13	
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5Â	09:00a SAC American Mahjong RM 8 - Room 8	09:30a Parkinson Boxing - Room 5Â	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	
	10:00a Silver Cords Singing Group - Dining RoomÂ	11:00a SAC Fit and Fall 11AM Class - Room 3	09:30a NKA Fit and Fall - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	12:00p SAC Volunteers	
	11:00a NKA Travel Committee - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	10:00a SAC Board Meeting - Room 4	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	12:30p SAC Micro Greens Activity - Outside Front of Senior Center	
	11:00a SAC/NKA Cribbage Card Game - Room 8	12:00p SAC Volunteers	11:00a Parkinson 11 AM Exercise - Room 3	12:00p SAC Volunteers	12:45p Charity Bingo -	
	12:00p SAC Volunteers	12:30p Pocky Traveling Gems - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4	Dining RoomA  01:00p SAC Creative Writing	
		12:30p SAC Pinochle - 3 01:30p NKA Summer	12:00p SAC Volunteers	03:30p SAC Fit and Fall 3:30	- Room 4	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Dining RoomÂ 03:00p Parkinson Support Group Monthly Meeting - Room 3	12	13	14
15	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining RoomÂ 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Travel Training - Room 4 12:00p SAC Volunteers 01:00p SAC Golf Meeting - Room 6	thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:30a Parkinson Boxing - Room 5Å  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 4  09:30a NKA Fit and Fall - Room 3  11:00a Parkinson 11 AM Exercise - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomÂ  12:00p AARP Monthly Meeting - Room 3  12:00p SAC Volunteers  01:00p SAC Bridge - Room 8  01:00p SAC Bridge - Room 8  01:00p SAC Mexican Train - Room 4  01:00p SAC/NKA Line Dancing - Dining RoomÂ	JUNETEENTH HOLIDAY - Dining RoomÂ	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a AARP Smart Drivers Course - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomÂ  12:00p SAC Volunteers 12:45p Charity Bingo - Dining RoomA  01:00p SAC Creative Writing - Room 4	21
22	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining RoomÂ	thru Fridays - Room 7 Library	25 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	thru Fridays - Room 7 Library	27  08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	28

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Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
22	23	24	25	26	27	
	11:00a SAC/NKA Cribbage	11:30a .Nutrition Program	11:00a Parkinson 11 AM	11:00a SAC Fit and Fall	12:00p SAC Volunteers	
	Card Game - Room 8	Congregate Meal - Dining RoomÂ	Exercise - Room 3	11AM Class - Room 3	12:45p Charity Bingo - Dining RoomÂ	
	12:00p SAC Volunteers		11:30a .Nutrition Program Congregate Meal - Dining	11:30a .Nutrition Program Congregate Meal - Dining	_	
		12:00p SAC Volunteers	RoomÂ	RoomÂ	01:00p SAC Creative Writing - Room 4	
		12:30p SAC Pinochle - 3	40.00 040.44	40.00 040.44	TOOM 1	
		01:30p NKA Summer Mahjong - Room 8	12:00p SAC Volunteers	12:00p SAC Volunteers		
		, 0	01:00p SAC Bridge - Room 8	· .		
		PM Class - Room 3	01:00p SAC Mexican Train - Room 4	12:30p SAC Special Pinochle - Room 4		
		04:30p TOPS - Room 4	01:00p SAC/NKA Line Dancing - Dining RoomÂ	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
29	30					_
	09:30a NKA Fit and Fall - Room 3					
	09:30a SAC Library					
	Mondays Only - Room 7 Library					
	09:30a SAC Pool Mondays - Room 12 Billiards Room					
	10:00a Silver Cords Singing Group - Dining RoomÂ					

11:00a SAC/NKA Cribbage Card Game - Room 8

12:00p SAC Volunteers