Senior Activity Center, Inc

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	3
				08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
				09:30a Parkinson Boxing - Room 5Â	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	
				10:00a NKA Board Meetings - Room 11	12:00p SAC Volunteers	
				11:00a SAC Fit and Fall 11AM Class - Room 3	12:45p Charity Bingo - Dining RoomÂ	
				11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	01:00p SAC Creative Writing - Room 4	
				12:00p SAC Volunteers		
				12:30p SAC Pinochle - 3		
				12:30p SAC Special Pinochle - Room 4		
				01:00p SAC Book Club - Room 8		
				01:30p NKA Fun With Crochet - Room 11		
				01:30p NKA Origami Octagon Challenge - Dining RoomÂ		
4	5	6	7	8	9	10
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5Â	09:00a SAC American Mahjong - Room 4	09:30a Parkinson Boxing - Room 5Â	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	
	10:00a Silver Cords Singing Group - Dining RoomÂ	10:00a NKA Crochet 101/102 - Room 4	09:30a NKA Fit and Fall - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	12:00p SAC Volunteers	
	11:00a SAC Cribbage Card Game - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	10:00a NKA Curriculum Meeting - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	12:45p Charity Bingo - Dining RoomÂ	
	12:00p SAC Volunteers	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	10:00a SAC Board Executive Meeting - Room 8	12:00p SAC Volunteers	01:00p SAC Creative Writing - Room 4	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
		12:00p SAC Volunteers	11:00a Parkinson 11 AM	12:30p SAC Pinochle - 3		
		12:30p SAC Pinochle - 3	Exercise - Room 3	12:30p SAC Special		
		01:30p NKA Beginning And Intermediate Knitting - Room 11	Congregate Meal - Dining	Pinochle - Room 4		
				01:30p NKA Fun With Crochet - Room 11		
		01:30p NKA Crochet/Knitting Service Group - Room 6	12:00p SAC Volunteers 01:00p SAC Bridge - Room 8	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Free Dance Lessons - Dining RoomÂ			
		04:30p TOPS - Room 4	01:00p SAC Line Dancing -			
		05:00p NAACP Meetings -	Room 3			
		Room 3	01:00p SAC Mexican Train - Room 4			
11	12	13	14	15	16	17
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7	thru Fridays - Room 7	08:00a SAC Library Tuesday thru Fridays - Room 7	thru Fridays - Room 7	
	09:30a SAC Library	Library	Library	Library	Library	
	Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5Â	09:00a SAC American Mahjong RM 8 - Room 8	09:30a Parkinson Boxing - Room 5Â	11:30a .Nutrition Program Congregate Meal - Dining RoomÂ	
	10:00a Silver Cords Singing Group - Dining RoomÂ	11:00a SAC Fit and Fall 11AM Class - Room 3	09:30a NKA Fit and Fall - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	12:00p SAC Volunteers	
	11:00a NKA Travel Committee - Room 11	11:30a .Nutrition Program Congregate Meal - Dining	10:00a SAC Board Meeting - Room 4	11:30a .Nutrition Program Congregate Meal - Dining	12:45p Charity Bingo - Dining RoomÂ	
	11:00a SAC Cribbage Card	RoomA	11:00a Parkinson 11 AM	RoomA	01:00p SAC Creative Writing	
	Game - Room 8	11:30a Portneuf Health Trust	Exercise - Room 3	12:00p SAC Volunteers	- Room 4	
	12:00p SAC Volunteers	Volunteers - Dining RoomÂ	11:30a .Nutrition Program	12:30p SAC Pinochle - 3		
		12:00p SAC Volunteers	Congregate Meal - Dining RoomÂ	12:30p SAC Special		
		12:30p SAC Pinochle - 3	KOOMA	Pinochle - Room 4		
		01:30p NKA Beginning And Intermediate Knitting - Room	12:00p SAC Volunteers 01:00p Gate City Mexican	01:30p NKA Fun With Crochet - Room 11		
		11	Train - Room 4	01:30p NKA Origami		
		01:30p NKA Crochet/Knitting	01:00p SAC Bridge - Room 8	Octagon Challenge - Dining		
		Service Group - Room 6	01:00p SAC Free Dance	RoomÂ		
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	Lessons - Dining RoomÂ	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
			01:00p SAC Line Dancing - Room 3	I M Olass - KOOIII S		
		04:30p TOPS - Room 4				
			01:00p SAC Mexican Train - Room 11			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	03:00p Parkinson Support Group Monthly Meeting - Room 3	15	16	17
18	19 09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining RoomÂ 11:00a SAC Cribbage Card Game - Room 8 12:00p SAC Volunteers	thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5Å 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 01:30p NKA Beginning And Intermediate Knitting - Room	thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:30a NKA Fit and Fall - Room 3 11:00a Parkinson 11 AM Exercise - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÅ 12:00p AARP Monthly Meeting - Room 3 12:00p SAC Volunteers 01:00p SAC Bridge - Room 8 01:00p SAC Free Dance Lessons - Dining RoomÂ 01:00p SAC Line Dancing -	thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5Å 09:30a SAC Bunco - Room 11 11:00a SAC Fit and Fall 11:AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining RoomÅ 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30	Billiards Room 11:30a .Nutrition Program Congregate Meal - Dining RoomÂ 12:00p SAC Volunteers 12:45p Charity Bingo - Dining RoomÂ 01:00p SAC Creative Writing - Room 4	24
25	26 08:00a CLOSED FOR MEMORIAL DAY - Dining RoomÂ	03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 27 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	Dining RoomÂ 01:00p SAC Mexican Train - Room 4 28 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	PM Class - Room 3	30 08:00a SAC Library Tuesday thru Fridays - Room 7 Library	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
		12:00p SAC Volunteers	12:00p SAC Volunteers	12:00p SAC Volunteers	01:00p SAC Creative Writing	
		12:30p SAC Pinochle - 3	01:00p SAC Bridge - Room 8	12:30p SAC Pinochle - 3	- Room 4	
		01:30p NKA Beginning And Intermediate Knitting - Room 11		12:30p SAC Special Pinochle - Room 4		
		01:30p NKA Crochet/Knitting	01:00p SAC Line Dancing - Room 3 01:00p SAC Mexican Train -	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
			Doom 4			
		04:30p TOPS - Room 4				