

## Senior Activity Center, Inc

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
					08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:45p Charity Bingo - Dining RoomA  01:00p SAC Creative Writing - Room 11	
5	6	7	8	9	10	11
09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room  10:00a Silver Cords Singing Group - Dining RoomA  11:00a NKA Travel Committee - Room 11  11:00a SAC/NKA Cribbage Card Game - Room 3  12:00p SAC Volunteers - Dining RoomA	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a Parkinsons Exercise - Room 3  09:30a NKA Basic Bridge - Room 11  10:00a NKA Crochet 101/102 - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:45p SAC Pinochle - 3  01:00p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Beginning And Intermediate Knitting - Room 11	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong RM 8 - Room 8  09:30a NKA Barn Quilt Painting - Room 6  09:30a NKA Fit and Fall - Room 3  10:00a SAC Board Meeting - Room 4  10:00a SYMBII Coffee With Veterans - Dining RoomA  11:00a Parkinsons Exercise Wednesday - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p Poky Traveling Gems - Room 11  12:00p SAC Volunteers - Dining RoomA	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a Parkinsons Exercise - Room 3  10:00a Idaho Elite Care Meeting - Room 11  10:00a NKA Crochet With Recycled Bags Service Group - Room 4  10:00a NKA Knitting On Looms - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a Parkinsons Exercise - Room 3  10:00a Idaho Elite Care Meeting - Room 11  10:00a NKA Crochet With Recycled Bags Service Group - Room 4  10:00a NKA Knitting On Looms - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:00a Medicare Information Table - Dining RoomA  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:45p Charity Bingo - Dining RoomA  01:00p NKA Origami Animals - Room 4  01:00p SAC Creative Writing - Room 11	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
		01:30p NKA Conversational Spanish - Room 4  03:30p SAC Fit and Fall 3:30 PM Class - Room 3  04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3	01:00p Gate City Mexican Train - Room 4  01:00p NKA Beginning Tatting - Room 6  01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11  01:00p SAC/NKA Line Dancing - Dining Room  01:30p NKA Mahjong - Room 3  03:00p Parkinson Support Group Monthly Meeting - Room 6	01:30p NKA Fun With Crochet - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
12	13	14	15	16	17	18
	09:30p CLOSED INDIGENOUS DAY/COLUMBUS DAY - Dining Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a Parkinsons Exercise - Room 3  09:30a NKA Basic Bridge - Room 11  10:00a NKA Crochet 101/102 - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining Room  12:00p SAC Volunteers - Dining Room  12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Beginning And Intermediate Knitting - Room 11  01:30p NKA Conversational Spanish - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 4  09:30a NKA Barn Quilt Painting - Room 6  09:30a NKA Fit and Fall - Room 3  10:00a Medicare Class Education Session - Room 11  11:00a Parkinsons Exercise Wednesday - Room 3  11:30a .Nutrition Program Congregate Meal - Dining Room  12:00p AARP Monthly Meeting - Room 11  12:00p SAC Volunteers - Dining Room  01:00p NKA Beginning Tatting - Room 6	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a Parkinsons Exercise - Room 3  10:00a NKA Crochet With Recycled Bags Service Group - Room 4  10:00a NKA Knitting On Looms - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining Room  12:00p SAC Volunteers - Dining Room  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3 01:30p NKA Fun With Crochet - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:30a Mayoral Candidates Q&A - Room 3  11:30a .Nutrition Program Congregate Meal - Dining Room  12:00p SAC Volunteers - Dining Room  12:45p Charity Bingo - Dining Room  01:00p NKA Origami Animals - Room 4  01:00p SAC Creative Writing - Room 11	11:30a Medicare Brunch & Medicare Changes - Room 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	01:00p SAC Bridge - Room 8 01:00p SAC/NKA Line Dancing - Dining Room 01:30p NKA Mahjong - Room 3 02:00p SAC Mexican Train - Room 4			
19	20	21	22	23	24	25
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining Room 11:00a SAC/NKA Cribbage Card Game - Room 3 12:00p SAC Volunteers - Dining Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 09:30a NKA Basic Bridge - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Conversational Spanish - Room 4 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 01:00p NKA Beginning Tatting - Room 6 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining Room 01:30p NKA Mahjong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a Parkinsons Exercise - Room 3 09:30a SAC Bunco - Room 11 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:30p NKA Beginning Watercolor - Room 6 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:30a ISU Student DNP Project - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers - Dining Room 12:45p Charity Bingo - Dining Room 01:00p NKA Origami Animals - Room 4 01:00p SAC Creative Writing - Room 11 04:30p TOPS - Room 4, Room 3	
26	27	28	29	30	31	
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a Halloween Pumpkin Painting - Room 6	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:00a Parkinsons Exercise - Room 3	08:00a Wacky Wednesday Wear Orange and Black - Dining RoomA	08:00a SAC Pool - Room 12 Billiards Room	11:00a SAC HALLOWEEN PARTY - Dining RoomA	
	10:00a Silver Cords Singing Group - Dining RoomA	09:30a NKA Basic Bridge - Room 11	09:00a SAC American Mahjong - Room 4	09:00a Parkinsons Exercise - Room 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	
	11:00a SAC/NKA Cribbage Card Game - Room 3	10:00a NKA Crochet 101/102 - Room 4	09:30a NKA Barn Quilt Painting - Room 6	10:00a NKA Crochet With Recycled Bags Service Group - Room 4	12:00p SAC Volunteers - Dining RoomA	
	12:00p SAC Volunteers - Dining RoomA	11:00a Blood Pressure Clinic - Room 8	09:30a NKA Fit and Fall - Room 3	10:00a NKA Knitting On Looms - Room 4	12:45p Charity Bingo - Dining RoomA	
		11:00a Halloween Cookie Decorating - Dining RoomA	11:00a Parkinsons Exercise Wednesday - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	01:00p SAC Creative Writing - Room 11	
		11:00a SAC Fit and Fall 11AM Class - Room 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	11:30a .Nutrition Program Congregate Meal - Dining RoomA		
		11:30a .Nutrition Program Congregate Meal - Dining RoomA	12:00p SAC Volunteers - Dining RoomA	12:00p SAC Volunteers - Dining RoomA		
		12:00p SAC Volunteers - Dining RoomA	01:00p NKA Beginning Tatting - Room 6	12:30p SAC Special Pinochle - Room 4		
		12:45p SAC Pinochle - 3	01:00p SAC Bridge - Room 8	12:45p SAC Pinochle - 3		
		01:00p NKA Crochet/Knitting Service Group - Room 6	01:00p SAC Mexican Train - Room 4	01:30p NKA Fun With Crochet - Room 11		
		01:30p NKA Beginning And Intermediate Knitting - Room 11	01:00p SAC/NKA Line Dancing - Dining RoomA	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
		01:30p NKA Conversational Spanish - Room 4	01:30p NKA Mahjong - Room 3			
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3				
		04:30p TOPS - Room 4				