

Senior Activity Center, Inc

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3 10:00a AARP Monthly Meeting - Room 11 10:00a Phil Joslin Meeting - Room 6 10:00a SAC Board Executive Meeting - Room 8 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Heritage Home Health/Honoring Birthdays - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p NKA Quilling - Room 6 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Knitting On Looms - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Book Club - Room 6 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC EASTER Bonnet Parade - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
5	6	7	8	9	10	11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room  09:30a Silver Cords Singing Group - Dining Room A  10:30a RayMobile Phone Photography Class - Room 6  11:00a SAC/NKA Cribbage Card Game - Room 8  12:00p SAC Volunteers - Dining Room A	08:00a Library Closed AARP Taxes - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:00a AARP Tax Aide Assistance - Room 8  10:00a NKA Crochet 101/102 - Room 4  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:45p SAC Pinochle - 3  01:00p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Beginning And Intermediate Knitting - Room 4  01:30p NKA Spanish Language and Culture - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3  04:30p TOPS - Room 4  05:00p NAACP Meetings - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 8  09:30a NKA Barn Quilt Painting - Room 6  09:30a NKA Fit and Fall - Room 3  10:00a SAC Board Meeting - Room 4  10:00a SYMBII Coffee With Veterans - Dining Room A  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a Parkinsons Exercise Wednesday - Room 3  11:00a Poky Traveling Gems - Room 11  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  01:00p Gate City Mexican Train - Room 4  01:00p SAC Bridge - Room 8  01:00p SAC Mexican Train - Room 11  01:00p SAC/NKA Line Dancing - Dining Room A  01:30p NKA Mahjong - Room 3  03:00p Parkinson Support Group Monthly Meeting - Room 6	08:00a Library Closed AARP Taxes - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:00a AARP Tax Aide Assistance - Room 8  10:00a NKA Knitting On Looms - Room 4  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  11:30a SAC KNOW ME TABLE - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3  01:00p NKA Origami Boxes - Room 4,Dining Room A  01:30p NKA Fun With Crochet - Room 11  01:30p NKA Oodles of Noodles - Dining Room A  03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:45p Charity Bingo - Dining Room A  01:00p SAC Creative Writing - Room 4	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	09:00a SAC Oldies & Rod Custom Car Show Meeting - Room 4  09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room  09:30a Silver Cords Singing Group - Dining RoomA  10:00a RayMobile Phone Photography Class - Room 6  11:00a NKA Travel Committee - Room 11  11:00a SAC/NKA Cribbage Card Game - Room 8  12:00p SAC Volunteers - Dining RoomA	08:00a Library Closed AARP Taxes - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:00a AARP Tax Aide Assistance - Room 8  10:00a NKA Crochet 101/102 - Room 4  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:45p SAC Pinochle - 3  01:00p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Beginning And Intermediate Knitting - Room 4  01:30p NKA Spanish Language and Culture - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3  04:30p TOPS - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 8  09:30a NKA Barn Quilt Painting - Room 6  09:30a NKA Fit and Fall - Room 3  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA  11:00a Parkinsons Exercise Wednesday - Room 3  11:00a Seniors Serving Seniors/Info/Desserts - Dining RoomA  11:30a ...Nutrition Program Congregate Meal - Dining RoomA  12:00p AARP Monthly Meeting - Room 4  12:00p SAC Volunteers - Dining RoomA  01:00p SAC Bridge - Room 8  01:00p SAC Mexican Train - Room 11  01:00p SAC/NKA Line Dancing - Dining RoomA  01:30p NKA Mahjong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:00a NKA Knitting On Looms - Room 4  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3  01:00p NKA Origami Boxes - Room 4,Dining RoomA  01:00p SAC Bunco - Room 8  01:30p NKA Fun With Crochet - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  10:00a Home Helpers Foot Clinic - Room 3  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA  11:30a ...Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers - Dining RoomA  12:45p Charity Bingo - Dining RoomA  01:00p SAC Creative Writing - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room  10:00a Gate City Ladies - Room 6  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 8	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a AARP Smart Drivers Course - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library

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<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	09:30a Silver Cords Singing Group - Dining Room A  11:00a SAC/NKA Cribbage Card Game - Room 8  12:00p SAC Volunteers - Dining Room A	11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Beginning And Intermediate Knitting - Room 4  01:30p NKA Spanish Language and Culture - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3  04:30p TOPS - Room 4	09:30a NKA Fit and Fall - Room 3  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a Parkinsons Exercise Wednesday - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  11:30a RSVP ISU Americorps Senior Program - Dining Room A  12:00p SAC Volunteers - Dining Room A  01:00p SAC Bridge - Room 8  01:00p SAC Mexican Train - Room 4  01:00p SAC/NKA Line Dancing - Dining Room A  01:30p NKA Mahjong - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:30p SAC Special Pinochle - Room 4  12:45p SAC Pinochle - 3  01:00p NKA Origami Boxes - Room 4,Dining Room A  01:30p NKA Fun With Crochet - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3	11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a SAC FIRE/FALL PREVENTION - Room 11  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:45p Charity Bingo - Dining Room A  01:00p SAC Creative Writing - Room 4	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
	09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room  09:30a Silver Cords Singing Group - Dining Room A  10:00a SAC 2026 Golf Tournament Meeting - Room 11  10:00a SAC Oldies & Rod Custom Car Show Meeting - Room 4  11:00a SAC/NKA Cribbage Card Game - Room 8	08:00a SAC Pool - Room 12 Billiards Room  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a Blood Pressure Clinic - Room 11  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 8  09:30a NKA Fit and Fall - Room 3  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a Parkinsons Exercise Wednesday - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:00a ..Nutrition Meal Servers-Lunch - Dining Room A  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a ...Nutrition Program Congregate Meal - Dining Room A  12:00p SAC Volunteers - Dining Room A  12:30p SAC Special Pinochle - Room 4		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>26</b>	<b>27</b> 12:00p SAC Volunteers - Dining Room	<b>28</b> 01:30p NKA Beginning And Intermediate Knitting - Room 4 01:30p NKA Spanish Language and Culture - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	<b>29</b> 12:00p SAC Volunteers - Dining Room 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining Room 01:30p NKA Mahjong - Room 3	<b>30</b> 12:45p SAC Pinochle - 3 01:00p NKA Origami Boxes - Room 4,Dining Room 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3		