

Decorate your bonnets, bobby hats, or beanies to win cash prizes.

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Prizes

we  
Easter  
Bonnets Parade /  
Competition

3 April, 2026  
At 11:00 am



Dining Room

# VOLUNTEER APPRECIATION/ INSERVICE



**MONDAY  
APRIL 13  
1:00PM**

**SAC  
DINING ROOM  
LUNCH  
PROVIDED**

**RSVP REQUIRED - 208-233-1212**

Join us for an afternoon  
of eating, celebrating  
and learning.





# Home Helpers®

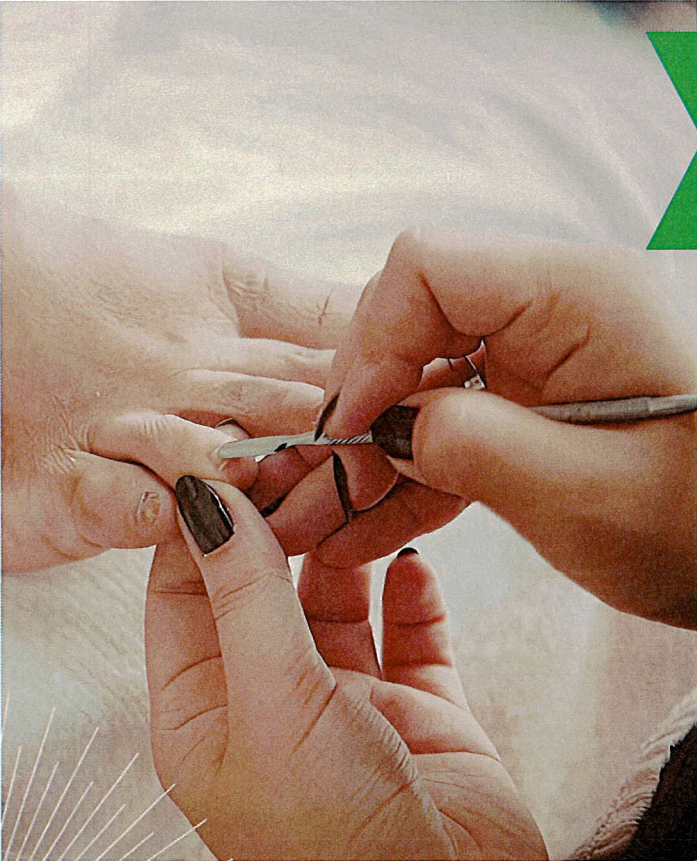
## Making *Life Easier*®

### **Toenail Clipping Services**

Come to the senior center and get your toenails soaked, clipped and lotion applied.

\*Clipping provided by RN

No Cost Service | Limited to the first 10 people  
Sign up in the Senior Activity Center Main Office



April 17<sup>th</sup>, 2026  
10:00 AM

Pocatello Senior Activity Center  
427 N. 6th  
Pocatello, ID 83201

For more information on  
Home Helpers in Home  
Care please contact  
Cory @ 208-314-7090

# PREVENTING FIRES & FALLS

**POCATELLO FIRE AND PORTNEUF MEDICAL  
CENTER TO PRESENT**

Lets talk about simple things you can do  
in your home to reduce the risk of fires  
and falls.



APRIL 24TH



11:00 AM



SENIOR CENTER  
ROOM #11



 Portneuf  
MEDICAL CENTER



# SAFER DRIVING MAY SAVE YOU MONEY

**Take the AARP Smart Driver™ classroom course and you may save money on your auto insurance!\***

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven driving methods to help keep you and your loved ones safe on the road.

THERE IS A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!

#### DATE & TIME

**Friday, April 24, 2026**  
**8:45 AM - 4:00 PM**

#### LOCATION

**Senior Activity Center**  
**427 N 6th Avenue**  
**Pocatello, Idaho 83201**

#### REGISTER

**Ann Jensen, (208) 589-9186**

#### NOTES

**Course Fee: Pay with cash or check only.**  
**Lunch: Eat at the SAC for a \$6.00 donation or make other arrangements.**

#### COST

**\$20** for AARP members  
**\$25** for non-members

#### TO FIND ADDITIONAL COURSES

Visit **[aarp.org/driving36](http://aarp.org/driving36)**  
or call **1-888-773-7160**

\*Upon completion, you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.



# SAFER DRIVING MAY SAVE YOU MONEY

**Take the AARP Smart Driver™ classroom course and you may save money on your auto insurance!\***

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven driving methods to help keep you and your loved ones safe on the road.

## UPCOMING CLASSROOM COURSES NEAR YOU:

DATE  
**Friday, April 24th**

TIME  
**8:45 AM - 4:00 PM**

LOCATION  
**Senior Activity Center**

427 N 6th Avenue  
Pocatello, ID 83201

REGISTER  
**(208) 589-9186**

DATE  
**Friday, June 26th**

TIME  
**8:45 AM - 4:00 PM**

LOCATION  
**Senior Activity Center**

427 N 6th Avenue  
Pocatello, ID 83201

REGISTER  
**(208) 589-9186**

DATE  
**Friday, August 14th**

TIME  
**8:45 AM - 4:00 PM**

LOCATION  
**Senior Activity Center**

427 N 6th Avenue  
Pocatello, ID 83201

REGISTER  
**(208) 589-9186**

DATE  
**Friday, October 23rd**

TIME  
**8:45 AM - 4:00 PM**

LOCATION  
**Senior Activity Center**

427 N 6th Avenue  
Pocatello, ID 83201

REGISTER  
**(208) 589-9186**

\$20 for AARP members | \$25 for non-members  
For more information, visit [aarp.org/drive](http://aarp.org/drive) or call **1-888-773-7160**

\*Upon completion, you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

# APRIL 2026

60 AND ABOVE - \$6 SUGGESTED DONATION  
59 AND UNDER - \$8 SUGGESTED DONATION

The Older Americans Act (OAA) authorizes nutrition services for eligible consumers, regardless of their ability to contribute to the cost of meals.



POCATELLO/CHUBBUCK, IDAHO

# LUNCH MENU

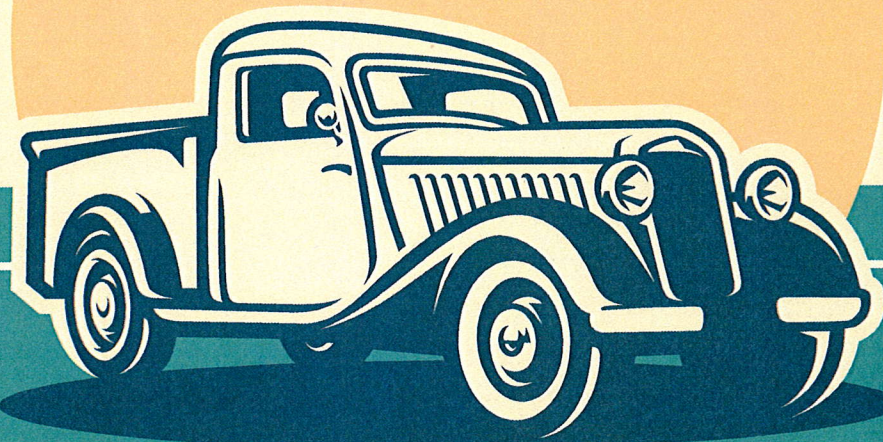
## TUESDAY-FRIDAY

### 11:30AM-12:30PM

Substitutions May Be Necessary Without Advanced Notice  
All meals served with fruit, vegetable, milk, and dessert.

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>LUNCH ENTERTAINMENT</b>					<b>DATES OF INTEREST</b>
WED, APRIL 1 SILVER CHORDS	31 ANGEL CHICKEN	1 PORK TENDERLOIN	2 FISH TACO	3 SWEDISH MEATBALL	WED, APRIL 1 HONOR APRIL BIRTHDAYS LUNCH HERITAGE HOME HEALTH & HOSPICE
FRI, APRIL 10 ORLA	7 SHEPHERD'S PIE	8 CHICKEN RAVIOLI	9 BRATWURST	10 FISH & CHIPS	FRI, APRIL 3 EASTER BONNET PARADE 11:00AM DINING ROOM
THURS, APRIL 16 LINDA BUCHLI					WED, APRIL 8 COFFEE W VETERANS SYMBII HOME HEALTH & HOSPICE
FRI, APRIL 17 BOYD MURDOCH	14 PANCAKES EGGS & SAUSAGE	15 BEEF ROAST	16 GARLIC PARMESAN CHICKEN	17 MUSHROOM PORK	FRI, APRIL 17 FOOT CLINIC BY APPT, RM 3 HOME HELPERS
TUES, APRIL 21 FARNES & FRONSKE					FRI, APRIL 24 FIRE & FALL PREVENTION 11:00AM, RM 11
WED, APRIL 29 ROY MCKEE	21 HAMBURGER GRAVY	22 HAM & CHEESE SANDWICH	23 GARLIC PARMESAN BEEF PASTA	24 TERIYAKI CHICKEN	
BINGO EVERY FRIDAY DINING ROOM 12:45PM	28 GREEN BEAN CHICKEN THIGH	29 COLD CUT COMBO	30 TUNA NOODLE CASSEROLE	MAY 1 SLOPPY JOE	SEE FLYERS FOR ADDITIONAL EVENTS

# OLDIES ROD & CUSTOM CAR SHOW



100 BLOCK OF SOUTH UNION PACIFIC | BEHIND STATION SQUARE

SATURDAY, JUNE 13, 2026

9AM TO 3PM | FREE ADMISSION

Calling all car enthusiasts!

Join us for an unique exhibition of vintage and custom wheels.

Live DJ - Family Fun - Food Available for Purchase

More Information: call 208-233-1212 | [info@pocatellosac.org](mailto:info@pocatellosac.org)

Brought to you by the Senior Activity Center



# OLDIES ROD & CUSTOM CAR SHOW REGISTRATION FORM



100 BLOCK OF SOUTH UNION PACIFIC BEHIND STATION SQUARE

## SATURDAY, JUNE 13, 2026

9AM TO 3PM

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY, STATE, ZIP : \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Check In - 8:00AM

Awards - 2:30PM

First 30 paid entries will receive a gift bag.

1<sup>st</sup> Car Entry \$40\_\_\_\_\_ 2<sup>nd</sup> Car Entry \$25\_\_\_\_\_ Motorcycle \$30\_\_\_\_\_

T-Shirt Size\_\_\_\_\_ First shirt included. Each additional shirt is \$15.\_\_\_\_\_

To receive an event shirt you must register by May 29.

By completing this registration and participating in this event, the undersigned, or agent, agrees to HOLD HARMLESS the Senior Activity Center, any of its representatives, agents, volunteers, or anyone affiliated with this event, for any injuries or damage which may occur while participating in the event.

Entry fees are non-refundable.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Visit the office or mail this form and check payable to :

Senior Activity Center  
427 North 6<sup>th</sup> Ave  
Pocatello, ID 83201

More Information: call 208-233-1212 info@pocatellosac.org

Brought to you by the Senior Activity Center

