

Senior Activity Center, Inc

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA 12:00p Saturday Bingo Game Meeting - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a NKA 2/1 Game Forcing Bridge Class - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 4 01:30p NKA Spanish Language and Culture - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3 10:00a SAC Board Executive Meeting - Room 8 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Heritage Home Health/Honoring Birthdays - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:30p Jennys Mahjong - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Book Club - Room 6 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
8	9	10	11	12	13	14
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
	09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 11:00a NKA Travel Committee - Room 11 11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA	09:30a NKA 2/1 Game Forcing Bridge Class - Room 11 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet 101/102 - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 4 01:30p NKA Spanish Language and Culture - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	09:00a SAC American Mahjong - Room 8 09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3 10:00a SAC Board Meeting - Room 4 10:00a SYMBII Coffee With Veterans - Dining RoomA 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p Gate City Mexican Train - Room 4 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3 03:00p Parkinson Support Group Monthly Meeting - Room 6	10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:00p NKA Origami Spring - Room 6 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
15	16	17	18	19	20	21
	09:00a CLOSED PRESIDENTS DAY - Dining RoomA	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a NKA 2/1 Game Forcing Bridge Class - Room 11	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 8	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet With Recycled Bags Service Group - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a Home Helpers Foot Clinic - Room 3	

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15	16	17	18	19	20	21
		10:00a AARP Tax Aide Assistance - Room 8 10:00a Gate City Ladies - Room 11 10:00a NKA Crochet 101/102 - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 4 01:30p NKA Spanish Language and Culture - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p AARP Monthly Meeting - Room 4 12:00p SAC Volunteers - Dining RoomA 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 11 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3	10:00a NKA Knitting On Looms - Room 4 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:00a Seniors Serving Seniors/Info/Desserts - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:00p NKA Origami Spring - Room 6 01:00p SAC Bunco - Room 8 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	
22	23	24	25	26	27	28
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 09:30a Silver Cords Singing Group - Dining RoomA 10:00a SAC 2026 Golf Tournament Meeting - Room 11	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a NKA 2/1 Game Forcing Bridge Class - Room 11 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet 101/102 - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 8 09:30a NKA Barn Quilt Painting - Room 6 09:30a NKA Fit and Fall - Room 3	08:00a Library Closed AARP Taxes - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 10:00a AARP Tax Aide Assistance - Room 8 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 10:00a NKA Knitting On Looms - Room 4	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:30a ...Nutrition Program Congregate Meal - Dining RoomA	

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22	23	24	25	26	27	28
	11:00a SAC/NKA Cribbage Card Game - Room 8 12:00p SAC Volunteers - Dining RoomA	11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Blood Pressure Clinic - Room 11 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:45p SAC Pinochle - 3 01:00p NKA Crochet/Knitting Service Group - Room 6 01:30p NKA Beginning And Intermediate Knitting - Room 4 01:30p NKA Spanish Language and Culture - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a Parkinsons Exercise Wednesday - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 01:00p SAC Bridge - Room 8 01:00p SAC Mexican Train - Room 4 01:00p SAC/NKA Line Dancing - Dining RoomA 01:30p NKA Mahjong - Room 3	11:00a ..Nutrition Meal Servers-Lunch - Dining RoomA 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a ...Nutrition Program Congregate Meal - Dining RoomA 12:00p SAC Volunteers - Dining RoomA 12:30p SAC Special Pinochle - Room 4 12:45p SAC Pinochle - 3 01:00p NKA Origami Spring - Room 6 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 05:00p Brain Wax Museum - Dining RoomA	12:00p SAC Volunteers - Dining RoomA 12:45p Charity Bingo - Dining RoomA 01:00p SAC Creative Writing - Room 4	